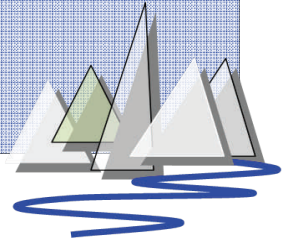


Eastern Idaho Sobriety Corner



2009

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**For Immediate Assistance CALL:
AA HOTLINE PHONE: 524-7729
Spanish HOTLINE PHONE: 528-2994**

***** Statement of Purpose *****

The Idaho Falls Intergroup Council of Alcoholics Anonymous exists to assist and provide services for the groups in carrying the message to the alcoholic who still suffers and to foster unity and cooperation among the Idaho Falls groups and members.

The purpose of the Idaho Falls Intergroup is (a) to safeguard the Twelve Traditions of Alcoholics Anonymous; (b) to serve the local groups; (c) to help provide unity between groups; (d) to perform any and all acts as stated in the by-laws in order to meet its purpose.

Intergroup Chairman: Don C. 681-4196
Alternate Chairman: John M. 521-8827
Secretary: Sharon M. 604-2212
Treasurer: Steve G. 520-7304
District 6 PICPC: Marv W. 523-7957
Entertainment: Robb W.
Phone Service: Ryan T. 220-9916
H & I: Claudia H. 525-9290
Newsletter Editor: Steve B. 524-9051
Literature Linda M. 520-5673

email: jtiger@cableone.net
email: sharonm@ida.net

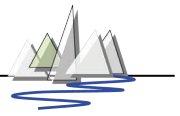
email: rymann33@yahoo.com

email: s_trapper@q.com

AA Literature on Hand	
<i>Big Book (regular)</i>	\$ 8.00
<i>Big Book (large print)</i>	\$ 8.30
<i>Twelve Steps and Twelve Traditions (regular)</i>	\$ 7.40
<i>Twelve Steps and Twelve Traditions (large print)</i>	\$ 7.75
<i>Twelve Steps and Twelve Traditions (pocket size)</i>	\$ 5.50
<i>Daily Reflections</i>	\$ 8.25
<i>AA Comes of Age</i>	\$ 8.50
<i>Big Book (pocket size)</i>	\$ 4.00
<i>Big Book (soft cover)</i>	\$ 7.60
<i>As Bill Sees It</i>	\$ 8.00
<i>Experience, Strength, and Hope</i>	\$ 5.00
<i>Dr. Bob and the Good Old-timers</i>	\$ 9.50
<i>Big Book (16 CDs)</i>	\$ 55.00
If you or your group needs AA Literature please contact Linda M., our area Literature Chair at 520-5673	

Please submit all Birthdays, Events, News, Stories, Letters, etc., to s_trapper@q.com by the 15th of each month.
For Birthdays, please be sure to include the date of the meeting that Birthdays will be celebrated.

Thanks. Steve B.



THE RIDE

I experienced the most incredible ride this past year and would like to share the excitement of it all with you.

I was shaking, scared, lost and lonely. I had heard of this amazing ride that could bring me tremendous joy if I could endure the bumps along the way. Luckily, everyone I had met, who had truly experienced the ride, suggested a few ways to smooth out the bumps. They said I should find someone special and sit beside her and to "keep it simple, suit up and show up." Now fasten your seatbelt, they said, because you're in for the ride of your life, if you are willing.

So I began going to the place of serenity often. I spotted the special woman I'd love to sit next to. She made me feel very comfortable in my chair and off we went!

As I sat back I realized how powerless I was and how unmanageable my life had become. I began to pray to a power greater than myself.

The ride began climbing ever so slowly as it grabbed hold of each rung, each resentment, each sorrow and worry. It climbed higher and higher. I became scared and thrilled at the same time! It climbed so high that I could feel soft pink pillowy clouds around my head; I felt as if I were in heaven.

All of a sudden, it came screaming down! Down! Down! I prayed for God's will to be with me now for my will had served me wrong many times before. I recognized how much I needed his strength and guidance. The ride began twisting and turning as it dove deeper and deeper. We started traveling through muck and stench that was overwhelming. Soon, I discovered that we had entered a dark tunnel of mirrors. I began seeing many people and happenings from my past. I closed my eyes – I was horrified! I felt mad, hurt, lonely, and sad; I was sickened. I cried to my special friend "get me out of here; I hate this place, these feelings." "I don't want to suffer through these emotions anymore." She grabbed hold of me, held me, and asked me to tell her the pain and fears I was experiencing. I began sharing my resentments with her - all of the heartaches I had created, people so precious in my life that I had caused misery to. I told the ugly truths where the demon had taken hold of me so forcibly that I had even tried to end my own life. I shared my stories with her for hours as she held me and the ride continued to navigate through the foul waters.

I prayed, God listened, for he knew of all my stories. I now realized how many times he'd carried me in my life. My spirit began to rise, as did the ride. We started traveling upward ever so fast. I could smell flowers; feel warmth, hear birds singing. I saw a beautiful sunrise with mountains and sky behind it, so majestic and beautiful. Bells rang, clouds billowed, children laughed, and people loved one another and the ride was screaming with excitement! I felt a freedom I'd never known.

As the ride continued on, over hills, around curves and twists, I tried ridding myself of my character defects, my shortcomings. I made a long list of those whose lives I'd damaged and prayed that, through time, God would place each of them into my life again so I could make sincere amends.

We crossed bridges, sailed streams, climbed mountains, entered lush, green valleys full of wild flowers and beauty only God could have created. I felt a serenity, a peace within me. A spiritual experience swelled up inside me. My heart filled with gratitude to receive this beautiful gift – to have and hold, to love and nurture.

The ride had many stops along the way. People got on and some got off before they could enjoy the miracles and promises the ride bestows. I took inventory of myself each day and prayed I could be a true example of how this magnificent ride has changed my life. I CAN love, laugh, tell truths, and feel secure. I'm ever so conscious now of God's will for me. He has given me knowledge, strength, and the wisdom to do his bidding. He's made evident that I would enjoy this miracle for the rest of my life if I stay close to the ride. I pray that soon someone will see me as that special woman they'd like to sit next to. I pray I'll be ever as comforting, kind, and loving. The only suggestion I may make differently is to bring along a *Crash Helmet*.

I'm forever grateful to the fellowship of AA. God has given to us what we could not do for ourselves. I see and feel his spirit in all of you. I truly love you and thank you for this miraculous journey. May joy, love, faith, and true serenity be with us all just for today.

Love,
Connie O.
Idaho Falls, Idaho

A Declaration of Unity

This we owe to

A.A.'s future:

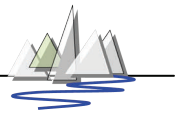
*To place our
common welfare
first,*

*To keep our
fellowship
united.*

*For on A.A.
unity depend
our lives,*



*To those
now in its
fold,
Alcoholics
Anonymous
has made
the
difference
between
misery and
sobriety,
and often
the
difference
between
life and
death.*



INTERGROUP MEETING NOTES: NOVEMBER 5, 2009

6:50 Meeting called to order by Don C., Chair, who read the Intergroup statement of purpose. April read the Twelve Traditions. The Secretary's report was read by Sharon M., and was approved as read.

Attendance:

- Don C. Chair
- Sharon M. Secretary
- Steve G. Treasurer
- Steve B. Newsletter
- Delbert S. Heritage Group
- Linda M. Literature
- Mark H. Westside
- April Shoulder to Shoulder
- Daniel D. Clean and Sober
- Judy H. Westside
- Bobby B. Group One
- Scott M. Great News/Phone Service
- Connie O. Coffee Break
- Lew G. Big Book Study
- Shawnee K. Big Book Study
- Robb W. Just Stay/Entertainment
- Jarin J. Heritage
- Elden M. Just Stay

Old Business: The following new positions have been filled and will take over in January:

- Treasurer: Delbert S.
- Phone Service: Scott M.
- Entertainment: Robb W.

Treasurer's Report: Steve G.

Beginning balance:	\$1135.80
Prudent reserve:	\$ 192.22
Ending balance:	\$1567.31
Donations:	
Great News Group	\$ 5.00
Lunch Bunch	\$350.00
District 6 AA	\$ 30.00
Bills Paid:	
Falls Printing	\$42.40
Qwest Phone service	\$52.39
Ending balance in checkbook:	\$733.88
Loan to Entertainment:	\$220.00

Phone Service Report: Scott M. is looking forward to working with everyone. Please step up and volunteer. The phone service is very important, to the person volunteering as well as the one calling the hotline! He is planning a workshop after the first of the year for anyone who wants more information. He plans to get the phone schedules out to the volunteers by the 15th of the preceding month.

Newsletter Report: Steve B. said that the newsletter is going fine. Stories and articles are always welcome.

Entertainment Report: Robb W. The Halloween Party went well. The Senior Citizens Center seems to work out well for parties. In the October Intergroup meeting, Delbert said he thought Robb wanted the position but needed to verify it with him. After this was verified, a special meeting was held and Robb was voted into the position. Thanks Robb for stepping up and helping with this important position.

Literature Report: Linda M. said that sales are good. She has books on hand, and can do special orders on request.

New Business: Entertainment Committee would like to host an AA New Years Eve Dance. Also, the Christmas party will be Dec. 5th for the kids, and Dec. 12th for adults. If you would like to help with these parties, the planning meetings start on Nov. 7th.

In the Intergroup Bylaws, there is a sentence discussing the Entertainment funds and the Intergroup funds (each are separate funds). A proposed amendment to the bylaws to make clear that the funds are separate was tabled until the December meeting so that groups could be consulted and the bylaws could be studied.

Once again, discussion was had on whether the building committee business should be put in the newsletter.

I am responsible, when anyone, anywhere reaches out for help, I want the hand of AA always to be there: and for that I am responsible.



God grant me the Serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference.

MARK YOUR CALENDARS!!!

The Fresh Air Group Is Hosting A Workshop

February 6th, 2010 at Serenity Hall

Watch for more information in the January and February Newsletters.



In early sobriety I attended many meetings each week and noticed that there was a distinct difference between all of them. The early morning meetings started out with some readings from the Big Book and other literature, and much of the sharing there was focused on applying those principles in their day. Gratitude was a favorite topic as I remember. The noon meetings seemed full of either those who were retired and wanted to talk about “the good old days,” or those on their lunch hour sharing about their morning interaction with coworkers or traffic. The “Happy Hour” meeting I attended daily was rambunctious and many of the attendees appeared to be mainly concerned with seeing others and being seen themselves. Meetings held a little later in the evening had a different feeling to them and felt just a bit more serious to me.

I learned to enjoy all of them, and like the chameleon I had always been I tried to fit in them all. And I did for the most part.

But when I hit a bottom in sobriety, and felt desperate and doomed in the rooms of AA, I needed a message which had “depth and weight.” This was carried by a man who had not only been where I was, but had done the AA program as laid out for him and he was changed by doing so.

Step Twelve is “Having had a spiritual awakening as the result of these Steps, we tried to carry this message to other alcoholics and to practice these principles in all our affairs.”

My experience is that until I hit a bottom sufficient to stop trusting in “my program,” and to start doing the actions as laid out in our basic text, nothing was going to change in my life...“so-dry-ity” instead of “sobriety” was all I had.

What happened was that I surrendered enough to follow the direction of this man (who was not the most popular guy in the meetings), and as the result of doing the actions of the 12 Steps my life changed. Not immediately and not always the way I would have it change, but it went from a hopeless and doomed feeling daily to a feeling of hope...hope that I was getting better and could stay sober.

When those early AA members wrote the Big Book they knew what was what. This program (the AA program, not my program) works for anyone who is willing enough to actually do it. And Step Twelve is the icing on the proverbial cake for me...the spiritual awakening that I received has given me the power not only to stay sober, but to help others as I have been helped. And that usefulness in helping others is what makes my life a content one in sobriety.

So for me Step Twelve entails carrying the AA message of “Having had a spiritual awakening as the result of these Steps.” Any message less than that would not only be a form of dishonesty, but would be less than helpful to an alcoholic like myself who desperately needs the spiritual awakening the 12 Steps promises those alcoholics who are willing to do them.

Mike C., Idaho Falls, Idaho



Step 12 / Tradition 12 / Concept XII



Step 12 - Having had a spiritual awakening as the result of these steps, we tried to carry this message to other alcoholics, and to practice these principles in all our affairs.

When I first worked Step 12 with my sponsor, I was told to keep three things in mind. First, it was important for me to have worked the other eleven steps thoroughly, to the best of my ability. He explained that I can't have a spiritual awakening without doing so.

Second, he stressed the importance of working with others, whenever and wherever I can. However, he suggested that I be prepared for two things. He said I might not get an opportunity to sponsor someone right away, but I should be patient. He also said that when I do sponsor someone, that person may not make it, no matter what I do. My sponsor told me not to feel responsible for that person's sobriety either way — whether the person makes it or not — that is in God's hands, and it is God's work,

not mine. He also said that I can also practice Step 12 by attending and participating in meetings, having regular contact with other members in the program, and by taking service positions in AA.

Third, he said that I have just as much if not more to do in practicing Step 12 outside of AA as inside. I am to practice the principles embodied in the twelve steps of Alcoholics Anonymous in ALL my affairs, especially in my home, with my family, and also with my friends, the people I work with, and people I don't know but come in contact with in the course of my day.

Anonymous.

Tradition 12 - Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

The Long Form

And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.

Concept XII - The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the society it serves, it will always remain democratic in thought and action.



From “Working with Others.” Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail. This is our *twelfth suggestion*: Carry this message to other alcoholics! You can help when no one else can. You can secure their confidence when others fail. Remember they are very ill.”
Alcoholics Anonymous, p. 89.

From “The Doctor’s Opinion.” “Frothy emotional appeal seldom suffices. The message which can interest and hold these alcoholic people must have depth and weight.” *Alcoholics Anonymous*, p. xxvi (3rd ed.).

From “There Is A Solution.” “*But the ex-problem drinker who has found this solution, who is properly armed with facts about himself, can generally win the entire confidence of another alcoholic in a few hours. Until such an understanding is reached, little or nothing can be accomplished.*”
Alcoholics Anonymous, p. 18.

From “Working with Others.” If you are satisfied that he is a real alcoholic, begin to dwell on the hopeless feature of the malady. Show him, from your own experience, how the queer mental condition surrounding that first drink prevents normal functioning of the will power. Don’t, at this stage, refer to this book, unless he has seen it and wishes to discuss it. And be careful not to brand him as an alcoholic. Let him draw his own conclusions. If he sticks to the idea that he can still control his drinking, tell him that possibly he can — if he is not too alcoholic. But insist that if he is severely afflicted, there may be little chance he can recover by himself.”

Alcoholics Anonymous, p. 92.

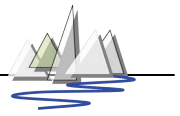
From “Working with Others.” “Continue to speak of alcoholism as an illness, a fatal malady. Talk about the conditions of body and mind which accompany it. Keep his attention focused mainly on your personal experience. Explain that many are doomed who never realize their predicament. Doctors are rightly loath to tell alcoholic patients the whole story unless it will serve some good purpose. But you may talk to him about the hopelessness of alcoholism because you offer a solution . . . Even though your protégé may not have entirely admitted his condition, he has become very curious to know how you got well. Let him ask you that question, if he will. *Tell him exactly what happened to you.* Stress the spiritual feature freely. If the man be agnostic or atheist, make it emphatic that *he does not have to agree with your conception of God.* He can choose any conception he likes, provided it makes sense to him. *The main thing is that he be willing to believe in a Power greater than himself and that he live by spiritual principles.*”
Alcoholics Anonymous, pp. 92-93.

From “Working with Others.” “Outline the program of action, explaining how you made a self-appraisal, how you straightened out your past and why you are now endeavoring to be helpful to him. It is important for him to realize that your attempt to pass this on to him plays a vital part in your own recovery. Actually, he may be helping you more than you are helping him. Make it plain he is under no obligation to you, that you hope only that he will try to help other alcoholics when he escapes his own difficulties.” *Alcoholics Anonymous*, p. 94.

From “Bill’s Story.” “My friend had emphasized the absolute necessity of demonstrating these principles in all my affairs. Particularly was it imperative to work with others as he had worked with me. Faith without works is dead, he said. And how appallingly true for the alcoholic! For if an alcoholic failed to perfect and enlarge his spiritual life through work and self-sacrifice for others, he could not survive the certain trials and low spots ahead. If he did not work, he would surely drink again, and if he drank, he would surely die. Then faith would be dead indeed. With us it is just like that.”
Alcoholics Anonymous, pp. 14-15.

From “There Is A Solution.” “None of us makes a sole vocation of this work, nor do we think its effectiveness would be increased if we did. We feel that elimination of our drinking is but a beginning. A much more important demonstration of our principles lies before us in our respective homes, occupations and affairs.”

Alcoholics Anonymous, p. 19.



On Service

Just as the aim of each A.A. member is personal sobriety, so the aim of our service is to bring sobriety within reach of all who want it. If nobody did the group's chores, if the area's telephone rang unanswered, if we did not reply to our mail, then A.A. as we know it would stop. Our communication lines with those who need our help would be broken.

Alcoholics Anonymous Comes of Age, p. 120

DISTRICT 6 MEETING NOTES: NOVEMBER 3, 2009

Meeting called to order: at 7 pm by Les F.
Traditions read by Wade H..
Attendees: Les F. DCM
Wade H. Alt. DCM
Keith Great News
Morgan S. New Hope & Inspiration
Jan New Hope & Inspiration
Marv W. CPC/PI
Claudia H. H&I
Hal T. Secretary
Kadie M. Shoulder to Shoulder
Laurie T. Third Tradition
Mike Turning Point
Sherri G. Fresh Air
Gary O. Westside

Old Business

Previous month's minutes unanimously approved.

Treasurer's Report As of 10/31/09

Ending Balance: \$455.29
Plus Prudent Reserve: \$200.00
New Ending Balance: \$655.29
Checks Written:
To Intergroup for newsletter: \$10.00
Deposits Received:
 Lunch Bunch \$70.00
 Great News: \$ 5.00
Total Funds: \$720.29
Minus Prudent Reserve of \$200: \$520.29

H&I Report: Lisa is the new Wood Pilot Project liaison. Thank you to Lisa and the other new women volunteers! H&I is deciding where the new help can best be used. H&I has approx. \$234.00 in the treasury and is planning to buy more literature. Contact Claudia for information or to be of service 525-9290.

CPC/PI Report: There is a newspaper article on alcoholism and AA in the works. CPC/PI hopes to have it go to print before Christmas. County Fair Board has a new indoor pavilion for rent. CPC/PI is looking into what it would cost to use for workshops, parties, and the like.

New Business: Point brought up that it would be a good idea for outgoing GSR's to bring their new group GSR's to next District 6 meeting - Dec. 1st. Will be a good time to give them the new district guidelines. Also important that GSR's pass on information to replacements about the changes the Ad Hoc Committee has been working on. These changes are very important as they will change the structure of A.A. as it has operated. Also, all of the agenda schedules and information for the Spring Assembly are in the conference report that attendees from the Fall Assembly received. Get this information to the new GSR's. Final topic of discussion was whether District 6 A.A. groups, as a whole, are doing enough to support ALL of the meetings in the district. Consensus was that it is a great idea to visit and support other meetings, not just your own home group. "Our common welfare should come first; Personal recovery depends upon A.A. unity" Tradition One.



“If you are as seriously alcoholic as we were, we believe there is no middle-of-the-road solution. We were in a position where life was becoming impossible, and if we had passed into the region from which there is no return through human aid, we had but two alternatives: One was to go on to the bitter end, blotting out the consciousness of our intolerable situation as best we could; and the other was to accept spiritual help.”

Alcoholics Anonymous, p. 25



Sobriety Through Service



Area Business Meeting / Group Conscience List

- December 1 District 6 GSR Business Meeting 7:00 pm SH
- December 3 Intergroup Business Meeting 6:45 pm SH
- December 4 Lincoln Group Conscience
- December 5 Group One Group Conscience
- December 8 P&S Group Conscience
- December 8 Fresh Air Group Conscience
- December 10 Progressive Group Conscience
- December 11 Westside Group Conscience
- December 15 PI/CPC/H&I Business Meeting 7:00 p.m. SH
- December 16 Big Book Study Group Conscience
- December 17 Third Tradition Group Conscience
- December 18 Lunch Bunch Group Conscience
- December 18 Great News Group Conscience
- December 19 Coffee Break Group Conscience
- December 19 Clean & Sober Group Conscience
- December 20 Turning Point Group Conscience
- December 21 Women In Recovery Group Conscience

Send Group Contributions to:

Idaho Falls Intergroup Council
P.O. Box 3486
Idaho Falls, ID 83401-3486

District 6
P.O. Box 50443
Idaho Falls, ID 83405-0443

Idaho Area 18 Treasurer
P.O. Box 67
Kuna, ID 83634

General Service Office
Grand Central Station
P. O. Box 459
New York, NY 10164-0371

District 6 H & I
P. O. Box 50572
Idaho Falls, ID 83405

District 6 Hospitals & Institutions Liaisons

H&I Chairperson	Claudia H.	525-9290
Men's Jail	Don Carlos	403-4119
Women's Jail	Sue C.	524-4945
Correctional Work Center	Buttons B.	251-0383
A.R.A.	Jerrica G.	541-1879
	Adam R.	346-2586
Hospitals (EIRMC)	Jim S.	745-0124
Bridge the Gap	Rena T.	521-5884
3-B Detention Center	Mike C.	745-1510
Wood Pilot Project	Lisa M.	200-4656

Please contact any of the above people if you are interested in helping to take a meeting into the local hospitals, jails or institutions, or would like to help with public information.

Questions or Concerns Regarding Serenity Hall Please Call:

Greg R. 403-5608 or rgreg@rocketmail.com
Henry 569-0589

Serenity Hall Maintenance
P. O. Box 2237
Idaho Falls, ID 83403

Did You Know ?

You can receive the Newsletter each month by e-mail. If interested, please send your request and e-mail address to: s_trapper@q.com



SERVICE WORK AVAILABLE !

AA Hotline & 12 Step Volunteers NEEDED
For more info call Ryan T. at 220-9916



DECEMBER CALENDAR / EVENTS BIRTHDAYS

December 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24		26
27	28	29	30	31		

Tuesday, December 1st

- District 6 GSR Business Meeting, Serenity Hall 7 pm

Thursday, December 3rd

- Intergroup Business Meeting, Serenity Hall 6:45 pm

Friday, December 11th

- Friday Night Speaker Meeting 7:30 pm Serenity Hall

Tuesday, December 15th

- PICPC H&I Business Meeting 7pm Serenity Hall

Thursday, December 17th

- Meet N³ Eat Birthdays
Jan T. 6 yrs.
Christi D. 7 yrs.

Friday, December 25th

- Great News Birthdays
Kevin F. 3 yrs.
David B. 1 yr.
Joni D. 1 yr.

• Westside Birthdays

Michell S. 1 yr.

• Lincoln Group Birthdays

Jim S. 16 yrs.
Dan R. 28 yrs.

Saturday, December 26th

- Clean and Sober Birthdays
Witt S. 5 yrs.
Mandi H. 4 yrs.
Dave P. 3 yrs.
Rick C. 1 yr.

Saturday, December 26th

• Coffee Break Birthdays

Carlos S. 20 yrs.
Scott B. 13 yrs.
Junior G. 13 yrs.
Marcy 9 yrs.
Teri B. 4 yrs.
Jim K. 3 yrs.
Lori H. 3 yrs.
Steve K. 2 yrs.
Ric A. 2 yrs.
Jennie M. 2 yrs.
Jeremy H. 1 yr.
Tyler R. 1 yr.

Monday, December 28th

- Big Book Birthdays
David J. 17 yrs.
Heath D. 4 yrs.

Thursday, December 31st

- Firth Group Birthdays
Mike S. 3 yrs.
Dirk M. 9 yrs.
Mark M. 24 yrs.

FRIDAY NIGHT SPEAKER MEETING



Friday, December 11th, 7:30 pm at Serenity Hall

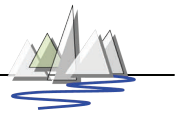
Great News Group welcomes **Gene A. of Boise, Idaho** to share his experience, strength, and hope with us.

All are welcome and encouraged to attend. Please do come!



Our monthly Newsletter can now be found ONLINE at:

<http://www.idahoarea18aa.org/main/ifalls.htm>



Area AA Meeting Schedule

Sunday

8:30 AM *Spiritual Breakfast Meeting*

Dixie's Diner Restaurant
2150 Channing Way, IF

9:00 AM *Grapevine Group*

Serenity Hall (downstairs)

5:00 PM *Grupo Si Podemos*

(habla Espanol) Holy Rosary Church
145 9th St., Idaho Falls (Guadalupe Room)

7:00 PM *Turning Point Group*

Serenity Hall (upstairs)

7:00 PM *Twelve by Twelve Meeting*

Bingham Memorial Hospital, Blackfoot
(open meeting)

8:00 PM *Progressive Group*

Serenity Hall (downstairs)

Monday

11:30 AM *Lunch Bunch*

Denny's Restaurant

6:00 PM *Women in Recovery Group*

Serenity Hall (upstairs)

7:00 PM *Shoulder to Shoulder Group*

St. Luke's Episcopal Church
270 N. Placer Ave, IF

7:00 PM *Beginners Meeting*

Serenity Hall, newcomers welcome
(downstairs)

7:00 PM *Big Book Study Meeting*

525 Cedar Street, Mackay, ID
open meeting

8:00 PM *Lincoln Group*

Serenity Hall (downstairs)

8:00 PM *AA Study Group (Big Book)*

Serenity Hall (upstairs)

8:00 PM *New Hope and Inspiration*

First Evangelical Lutheran Church
Corner of Sunnyside and Rollandet, IF

Tuesday

7:00 AM *Grapevine Group*

Serenity Hall (downstairs)

10:00 AM *Coffee Break Group*

Serenity Hall (open meeting, downstairs)

11:30 AM *Meet & Eat Lunch Meeting*

Dixie's Diner Restaurant
2150 Channing Way, Idaho Falls

5:30 PM *Just Stay Group*

Serenity Hall (upstairs)

6:00 PM *P & S Group*

Denny's Restaurant (open meeting)

7:00 PM *Swan Valley Tuesday Night Meeting*, "Together We Can"

Swan Valley Firehouse

7:30 PM *East Side Study Group*

Christ the King Church
1696 E. 17th Street, IF

8:00 PM *The Heritage Group*

Serenity Hall (upstairs)

8:00 PM *BHC*

2280 E. 25th, Idaho Falls

Wednesday

11:30 AM *Step Study Meeting*

Denny's Restaurant

6:00 PM *Clean & Sober Group*

Serenity Hall (upstairs)

7:00 PM *Fresh Air Group*

Serenity Hall (downstairs)

7:30 PM *The Great News Group*

Unitarian Church, 555 E. St., Idaho Falls
(closed Big Book Study, downstairs)

8:00 PM *Group 1*

Serenity Hall (upstairs, open meeting)

Thursday

7:00 AM *Grapevine Group*

Serenity Hall (downstairs)

10:00 AM *Coffee Break Group*

Serenity Hall (open meeting, downstairs)

11:30 AM *Meet & Eat Lunch Meeting*

Dixie's Diner Restaurant
2150 Channing Way, Idaho Falls

5:30 PM *Just Stay Group*

Serenity Hall (upstairs)

7:00 PM *White Knuckle Sobriety*

Men's Group (open meeting, men only)
1976 N. Woodruff, IF

7:30 PM *Third Tradition Group*

Unitarian Church 555 E. St., Idaho Falls
(closed meeting, basement)

8:00 PM *Firth Group*

First Tabernacle Assembly of God
235 Center, Firth

8:00 PM *Progressive Group*

Serenity Hall

8:00 PM *Lost River Group*

525 Cedar, Mackay ID.

Friday

11:30 AM *Lunch Bunch*

Denny's Restaurant

5:30 PM *Just Stay Group*

Serenity Hall (upstairs)

6:30 PM *Keep It Simple*

Serenity Hall
(downstairs)

7:00 PM *Pass It On Group*

Bingham Memorial Hospital, Blackfoot
(open meeting)

7:30 PM *The Great News Group*

Serenity Hall

(open meeting, upstairs)

8:00 PM *Westside Group*

Church of the Nazarene
1900 Grandview, IF

8:00 PM *Lincoln Group*

Serenity Hall (downstairs)

Saturday

10:00 AM *Coffee Break Group*

Serenity Hall (open meeting, downstairs)

5:30 PM *Women's Meeting*

Eagle Pointe Center, IF

6:00 PM *Clean & Sober Group*

Serenity Hall (upstairs)

6:00 PM *P & S Group*

Denny's Restaurant, 950 Lindsay Blvd., IF

8:00 PM *Group 1*

Serenity Hall (upstairs, open meeting)



Meeting Locations

•Serenity Hall

600 South Boulevard, Idaho Falls

•Denny's Restaurant

950 Lindsay Blvd. Idaho Falls

•Behavioral Health Center (BHC)

2280 E 25th Street, Idaho Falls

•Dixie's Diner Restaurant

2150 Channing Way, Idaho Falls

•Unitarian Fellowship

555 "E" Street, Idaho Falls

•Bingham Memorial Hospital

98 Poplar Street, Blackfoot, ID

•St. Luke's Episcopal Church

270 N. Placer Ave, Idaho Falls