

Intergroup's Mission

The purpose of
Intergroup is:

To safeguard the
Twelve Traditions of
AA,

To serve the local
groups,

To help provide unity
between groups,

To perform acts as
stated in the by-laws.



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AA Hotline

524-7729

Línea directa de hablar español

528-2994

Sobriety Corner on the Web

<http://www.idahoarea18aa.org/main/ifalls.htm>

Bridge the Gap

(253) 217-2010

Get on the Email List

12stepsteve@gmail.com

The General Services Website

<http://aa.org>

The Grapevine

<http://aagrapevine.org>

AI-Anon: 522-4947*

Alateen: 521-2235*



For 75 years, AA has been helping people recover from alcoholism. The only requirement for AA membership is a desire to stop drinking. There are no dues or fees for AA membership.

*In cooperation, not affiliation.

If your group did not receive a copy of the newsletter, you can get a copy at <http://www.idahoarea18aa.org/main/ifalls.htm> or ask your Intergroup Representative to pick them on the first Thursday of the month, 630pm at the Intergroup Meeting, at Dixie's Diner.

Editor's Corner

I got in a car accident. [Ironically, this happened while going to meet an AA friend for lunch, but that is not the point.] The other person in the accident was OK, though their vehicle was quite a mess. The accident wasn't even enough to deploy the airbags, but I wanted to ignore the whole thing. I just didn't want to deal with the pain that dealing with it represented. I knew what had happened. I just did not want to deal with it.

A guy from the insurance company came and looked at the car. He was only concerned with taking pictures and looking at the outside of the car. Neither he nor I could find the desire to open the hood and face what could be more serious problems, or at least help us to vet the whole story.

Thinking about fixing the car was a start. I had to get in and out on the passenger side of the vehicle. Even the door on that side was not working like it was before the accident. Days turned to weeks. One day, I get in on the passenger side and the windshield cracked. OK,

I gotta call someone. I asked a friend for help. He referred me to a guy who in 15 minutes trued up the immediate issues. [Think of him as my car's sponsor.]

I continued to think about what else I had to do to fix the car. I looked at the cracks and damage, knew what it would cost to do the whole job or the smallest part of it. A little fiberglass ought to do the trick.

Months go by, I accept the settlement, I decide that it is most important to get the vehicle functioning and not worry too much about how it looks. Some time I will have to go back and deal with those tears in the bumper, before they just get bigger, but for now, I dealt with the damage that I can deal with and need to move on. When those tears get bigger, I know it will take more to get them fixed, but I am willing to wait to work on some of those defects. My higher power will let me know when the time comes that I cannot ignore them. —Steve M.



Intergroup Officers

Craig W.	Intergroup Chair	419-6498	
Lew G.	Alternate Chair	521-0583	ddirty1of1@hotmail.com
Keith J.	Secretary	521-4080	kjewell@cableone.net
Delbert S.	Treasurer	569-1676	dstiffler@cableone.net
Matt J.	Entertainment	521-4650	
Keith J.	Interim AA Hotline	521-4080	kjewell@cableone.net
Linda M.	Literature	520-4672	
Steve M.	Newsletter	(406) 250-0015	12stepsteve@gmail.com

Other Contacts

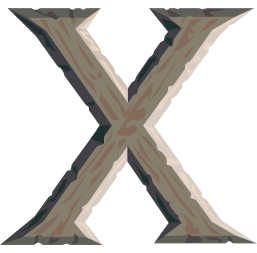
Elisa H.	Bridge the Gap	(253) 217-2010
Mike C.	District Public Information	745-1510
Michell S.	H&I - Chair	339-8197
Craig W.	H&I - Correctional Work Ctr	419-6498
Mike C.	H&I - 3B Detention Center	745-1510
Dusty G.	H&I - ARA	681-2810
Randy M.	H&I - Men's Jail	200-4875
Debbie M.	H&I - Women's Jail	569-2959
Veronica W.	H&I - Work Release	403-6693
Greg R.	Serenity Hall Information	403-5608
Claudia H.	Area H&I	525-9290

Editor's Note: Due to an oversight, the History of AA in ID article, which normally appears in September each year, did not appear in the previous issue. I apologize for the mix-up. Be sure to see the article on Page 5.



A Step A Month—Step 10

“Continued to take personal inventory and when we were wrong promptly admitted it.”



There is so much in this step in the Twelve Steps and Twelve Traditions, I hardly feel up to the task of trying to tell someone else about it. For me, it contains many truths that are essential to

emotional sobriety. The main idea of the step [as though I can address that adequately] is: By closely examining our day-by-day actions, we can better understand ourselves and others, and learn what it means to treat others the way we would like to be treated.

The crux of Step 10 is recognizing how to love ourselves and others. Many of us think that Step 4 is the end of our heavy self-examination – it is, in fact, only a beginning. To be successful with Step 10, we continue the work, not by hanging on to the faults that hurt us and others in the past, but by recognizing what we do well and what we do poorly every day.

One difficulty with this step is that we busy our lives to a degree that it becomes impossible for us to work through issues we don't want to look at. How many of us spend a half-hour or more quietly with our thoughts and our higher power, much less writing down all the good and bad things that happened in a given day? Sure, there are a few people who do, but this is a lifestyle change, and not as simple as a shopping list. A lot of what we learned, we would have been better off without. Too often we busy ourselves and don't to “stop and do the math.” [Step 11 teaches us about stopping, thinking, praying, meditating [learning to relax with ourselves.]

What we do each and every day reflects the complete collection of our learning in our lives.

*“I gave my life to become
the person I am right now.
Was it worth it?”
– Richard Bach*

If the answer to that question is, “No,” you can change your answer using Step 10. If

the answer is, “Yes,” perhaps you have reached maturity or perhaps you didn't dig deep enough.

Every interaction that you have with someone where your emotional meter leaves “centered” represents a Step 10 opportunity, an opportunity for change. Every exchange with others where we think to ourselves, “That was nice,” or, “Wow, that was not fun,” is or should part of our daily inventory.

To become different, to become the people that we always wanted to be [or thought that we already were] our life needs to be put under the magnifying glass. If we stop and truly listen, we get an idea of where we are at from the comments from others in our lives. If I haven't had any compliments lately, I probably haven't earned any.

It's easy for someone like me who naturally falls to the negative, cynical and depressive side of life to put off this important work. It is also easier for someone like me to look at the negatives and fail to consider the positives. The negatives and positives need not be big events. Holding doors or smiling at people sometime means a lot to the person on the receiving end. Most Step 10 checklists are based on the negative. For our newsletter this month, let's try looking at the opposite – what it means to be positive.

The terms “maturity” and “emotional sobriety” are synonymous in our fellowship, though a few “bleeding deacons” are probably pulling out their dictionaries. [See there I go being negative again.] There is a little-known pamphlet from the Akron Area Intergroup that has been published for many years. The next section of this article is from that pamphlet, gender-adjusted. According to this pamphlet, these are some of the characteristics of people who have attained “true adulthood.”

They accept criticism gratefully, being honestly glad for an opportunity to improve. They do not indulge in self-pity. They have begun feeling the laws of compensation operating in all life. They do not expect special consideration from anyone. They control their temper. They meet emergencies with poise. They are not easily hurt. They accept the responsibility for their own acts without trying to ‘alibi.’ They have outgrown the ‘all or nothing’ stage. They recognize that no person or situation is

wholly good or wholly bad, and begin to appreciate the Golden Mean. They are not impatient at reasonable delays. They have learned that they are not the arbiter of the universe and that they must often adjust themselves to other people and their convenience. They are good losers. They can endure defeat and disappointment without whining and complaining. They do not worry unduly about things they cannot help. They are not given to boasting or ‘showing off’ in socially unacceptable ways. They are honestly glad when others enjoy success or good fortune. They have outgrown envy and jealousy. They are open minded enough to listen thoughtfully to the opinions of others. They are not chronic ‘fault finders.’ They plan things in advance rather than trusting the inspiration of the moment. They have faith in a Power greater than themselves. They feel an organic part of the human race as a whole, contributing their part to each group of which they are a member. They obey the spiritual essence of the golden rule: “Thou shalt love thy neighbor as thyself.”

We can't get well until we know what about us is sick. We can't parade around just doing more, even the most charitable acts, if we do not take on the responsibility for who we are and how we behave. We cannot expect change to take care of itself. We are far too busy these days working on our material lives, without building enough material into our spiritual lives. So, no, working on your spiritual life does NOT mean doing more. It means stopping daily to better understand ourselves and our higher power.

I read a long time ago that we are not material beings trying to get spiritual, we are spiritual beings trying to relate to the human condition. Not an easy task for most of us. We forget in the busy-ness of life that we are firstly spirit and secondly people. With the shoe on the wrong foot, it is easy to understand how our life priorities prevent us from changing in ways that badly need to be changed.

Perhaps if our higher power could do a rewrite for today's world the saying might be, “Be still and know who you are.” Next month we will look at Step 11 and try to understand what was meant by “Be still and know that I am.”

Intergroup Meeting Minutes

9/1/2011—Meeting called to order by Craig W. at 6:40pm, 12 Traditions read by Joe B.

Secretary's Report: Minutes from August 4 meeting read and accepted.

Treasurer's Report: **8/4/11 Working Balance \$886.85**
General Account

Source	Transaction
Falls Printing	-63.60
Qwest	-52.96 (this is an overpayment and IG will be credited 13.65)
Qwest	-161.12 past payments not made
Hotline	-8.00 stamps for Hotline schedule
Meet and Eat	+100.00
Lunch Bunch	+200.00
Westside	+220.00
District 6	+30.00
Entertainment	+65.00

8/31/11 Ending Balance \$1216.17

-500 Prudent Reserve

-400 Floating Literature reserve

Working Balance \$316.17

Entertainment \$980.11 Current Balance. Matt is seeking to step down as Entertainment Chair. We thank him for his dedicated service.

Literature: Sales of \$429.70 and new expenditures of \$397 for new books. Linda is seeking to step down as Literature Chair. Her service is greatly appreciated and she will be missed in this position.

Hotline: Jeremy H. has been elected to serve as our new Hotline Coordinator. The phone service contract has been corrected to the agreed upon \$39.31 per month.

Newsletter: Discussed idea of having the Intergroup representatives give a brief profile of their respective meetings. Social networking issues were discussed.

New Business: Motion passed to keep all Intergroup business off of public social networking sites. **Special Announcement: Intergroup Service positions are available starting in January (or possibly sooner). Literature Chair, Entertainment Chair, and Treasurer are rotating out of their service positions. Nominations will be taken at the October IG meeting, and voting will be done at the November IG meeting. All interested persons should plan to attend.**

Attendance: Craig W.-Chair, Delbert S.-Treasurer, Lincoln Group, Keith J.-Secretary, Jeremy H.-Hotline, Steve M.-Newsletter, Linda M.-Literature, Michelle W.-Coffee Break, Mike A.-Turning Pt., Elisa H.-Shoulder to Shoulder, Frank R.-Meet and Eat, Laurie C.-3rd Tradition,

District 6 GSR Meeting Minutes

9/6/2011—Meeting called to order by Tim W. at 7:03pm/ Twelve Traditions read by Keith J. **Attendees:** Tim W. – DCM, Alan C. – Third Tradition, Rob N. – Big Book, Wade H. – Shoulder to Shoulder, Keith J. – Great News, Hal T. – Dist. Secretary, Barb C. – Meet N' Eat, Michelle S. – H&I Chair / Minutes from August District 6 GSR meeting unanimously approved 7:05. **H&I Chair Report:** Jail meetings are going well, but are always in need of volunteers. To be of service in Fort Hall, contact Mike Caldwell. A new meeting may be starting up at Blackfoot South, but it is not a sure thing. The Sunday meetings at the Work Center are going well. The folks in the women's jail have been informed about what AA is and isn't. Balance is \$149.76. Volunteers are needed. To be of service, please come to the H&I meeting the 3rd Tuesday of the month, downstairs at Serenity Hall. For information on any aspect of H&I, contact Michelle S. @ 339-8197 or Michelle.s@live.com **CPC/PI Report:** Tim W. filling in for Mike C. CPC/PI has one new volunteer. PI will have a display with brochures at the Spudfest in Shelley. Pamphlets will be at the front desks in some hotels soon. **Treasurer's Report:** Current balance is approximately \$404.00. Income: \$75.00. Spent: \$10.00 for newsletter, \$50.00 given as seed money for service workshop. Only \$18.51 of that seed money was spent, so \$31.49 was returned. The workshop took in \$32.90, so it was successful all around! **Grapevine Report:** No report. To be of service, contact Veronica W.

Old Business: Online registration is now available for the Al-cathion at the Fall Assembly. There is a new Chair Person for the Fall Assembly Golf Scramble: Wade W. (208)423-5378. There are many positions opening up for local groups, District 6, and Intergroup Positions. There was discussion about a Guideline Amendment that would give five committee representatives who currently have no voting privileges the right to vote at the assembly. See GSRs for details.

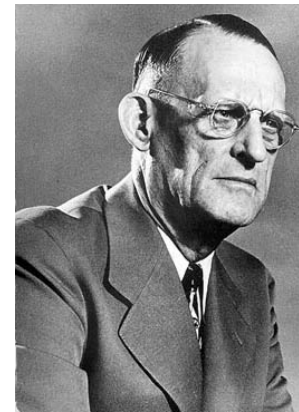
New Business: Nominations for the four District Positions – DCM, Alternate DCM, Treasurer, and Secretary – have been tabled until the October 4th District 6 meeting. Voting and elections will be held at the November 1st meeting. Groups, please decide on your nominees. Nominees, you must show up at the October 4th meeting to be on the ballot for these positions! Nominees for DCM must have at least 4 years continuous sobriety and have had been a GSR. Alternate GSR must have at least 3 years sobriety and have had been a GSR. It is suggested that both Secretary and Treasurer have at least two years sobriety. So far, the nominees for DCM are Wade H., Keith J., and Jess H. There are not yet any nominees for Alternate DCM, Treasurer, or Secretary. GSRs and everyone else, BANG THE DRUM! Tell your groups about these open positions! They are great and valuable service positions! Let's fill the room with nominees at the October 4th meeting!

There was discussion that there is an amendment up for vote regarding the Area Assembly Convention Guidelines. See GSRs for details.

Feature—Old Swede's History of AA in ID

In the little town of Rigby, Idaho, a woman sat at a table trying to compose a letter- a letter asking for information, a letter of hope, a letter of despair. Yet even as she wrote, her expectations of receiving much in return were few. But hope had touched her, for she had just finished reading an article in a magazine about a new group called Alcoholics Anonymous. As she wrote, she thought of her husband, Carl. / Carl ran a small cafe in town. Each morning he opened it, cooked all day, and closed it at night. He also drank, drank to excess. Sometimes he drank himself into oblivion. At times when Carl was swamping out the place he would pass out, sleeping in a booth all night. His wife feared for his life as well as worrying constantly for herself and their children. After reading the article, she wrote to G.S.O. in New York, hoping that somehow help might come to them. / In time the letter reached its destination, and literature was sent to her in Rigby. But she could not be directed to a group as there were no groups in Idaho at that time. Someone in G.S.O. forwarded the letter to a group in Los Angeles. Again, since there wasn't a group in Idaho, no one knew what to do with the letter. One of the members suddenly remembered Harry, from Los Angeles, was in Idaho, so the letter was forwarded once more. Harry was in Idaho Falls,

about fifteen miles from Rigby. When he received the letter, he contacted Carl, the cook. Carl decided he wanted what A.A. had to offer. After some discussion, the two men decided to start a group. / The first meeting was held in Harry's home, just outside of Idaho Falls, on May 20, 1947. They placed an ad in the daily paper and waited. The first result from the ad was Larry joining them in the middle of July. Another member, George, came in the first week of August, and Swede during the latter part of the month. / The small group began holding meetings on each Tuesday in Larry's house, later moving to the city building. Early in September the Idaho Falls group was asked to join a group in Ogden, Utah for a meeting in Pocatello, Idaho. Members from the Ogden group conducted this first meeting of the Pocatello group on September 7, 1947. / During this period an A.A. member from Salt Lake City had come to St. Anthony, Idaho to work. In order to maintain his sobriety, he gathered a few drunks together and explained the wonders of A. A. to them. They began attending A.A. meetings in Idaho Falls, which was forty-



five miles away. This was in the fall of 1947. The exact date is not known. In the early winter they decided to start a group in St. Anthony. As Christmas and New Years were nearing, they waited until after the holidays. The first meeting was held on January 8, 1948 at St. Anthony.

This was the beginning of A.A. in the Snake River Valley with many more groups and members joining as the years have passed.—“Old Swede” This History of A.A. was part of “Old Swede's” possessions and was given to Bill D. by Swedes lovely wife, Verla. Sweet William shared this with the fellowship when he received it back in 1994. Intergroup Council re-prints this in honor of our Anniversary of Alcoholics Anonymous in the Idaho Falls Area.

Contributions

Idaho Falls Intergroup Council
PO Box 3486
Idaho Falls ID 83401-3486

District 6
PO Box 50443
Idaho Falls ID 83405-0443

District 6 H & I
PO Box 50572
Idaho Falls ID 83405

Idaho Area 18 Treasurer
PO Box 67
Kuna ID 83634

General Service Office
Grand Central Station
PO Box 459
New York NY 10164-0371

Literature

<i>Big Book (regular)</i>	8.00
<i>Big Book (large print)</i>	8.30
<i>Twelve Steps and Twelve Traditions (regular)</i>	7.40
<i>Twelve Steps and Twelve Traditions (large print)</i>	7.75
<i>Twelve Steps and Twelve Traditions (pocket size)</i>	5.50
<i>Daily Reflections</i>	8.25
<i>AA Comes of Age</i>	8.50
<i>Big Book (pocket size)</i>	4.00
<i>Big Book (soft cover)</i>	7.60
<i>As Bill Sees It</i>	8.00
<i>Experience, Strength, and Hope</i>	9.50
<i>Dr. Bob and the Good Old-timers</i>	9.50
<i>Big Book (16 CDs)</i>	55.00

Linda M: (208) 520-4672

Group Consciences and Birthday Meetings

Group	Group Conscience	Birthday Meeting
Big Book Study Group	2nd Monday	Last Monday
Clean and Sober		Last Saturday
Coffee Break	3rd Saturday	Last Saturday
Firth Group		Last Thursday
Fresh Air	2nd Wednesday	
Grapevine	1st Sunday	Last Sunday
	3rd Friday - 6:30pm	
Great News		Last Friday
Group One		Last Saturday
Just Stay	1st Tuesday	Last Friday
Lincoln		Last Friday
Lunch Bunch	3rd Friday	Last Friday
Meet and Eat	2nd Tuesday	Last Thursday
New Hope and Inspiration	2nd Monday	3rd Monday
Progressive Group		Last Saturday
Shoulder to Shoulder		Last Monday
Third Tradition Group	3rd Thursday	Last Thursday
Turning Point	3rd Sunday	Last Sunday
Westside Group	2nd Friday	Last Friday

Events

Christmas Party, Alcathons, and other holiday AA events are coming. Please check back next month.

Announcements

NOMINATIONS FOR DISTRICT 6 POSITIONS WILL BE TAKEN AT THE DISTRICT MEETING, DOWNSTAIRS AT SERENITY HALL ON OCTOBER 4TH! NOMINEES MUST BE PRESENT! POSITIONS UP FOR ELECTION ARE DCM, ALTERNAT DCM, TREASURER, AND SECRETARY. IF YOU WOULD LIKE TO RUN FOR ANY OF THESE POSITIONS, SHOW UP! IF YOU KNOW SOMEONE WHO WOULD BE GREAT IN ONE OF THESE POSITIONS, TAKE THEM TO THE MEETING! MEETING IS TUESDAY, OCTOBER 4TH, 7:00PM, DOWNSTAIRS AT SERENITY HALL. WHAT A GREAT WAY TO BE OF SERVICE!

Intergroup has commitments open. Next Meeting October 6th, Dixie's Diner, 6:30pm, in the back room.

AA HOTLINE CHAIR NEEDED. Volunteer positions open. For more info call Keith J. 521-4080

PLEASE SEND ARTICLES, BIRTHDAYS, CORRECTIONS, FOR THIS NEWSLETTER TO: 12stepsteve@gmail.com or phone (406) 250-0015 [Montana phone number].

Bridge the Gap—Help folks get to a meeting. Contact Elisa (253) 217-2010

New Alateen Meeting—Thursday Nights—7—8pm St John Lutheran Church—290 7th Street—For 7th Grade and Older. Contact Maxyne at 521-2235. [Note this announcement in the spirit of cooperation, not affiliation.]

Birthdays

Big Book

Jamie Y	1
Stephanie S	1
Rob N	2
Lew G	25

Coffee Break

Dorene M	1
Garret H	1
Kristie W	1
Olivia H	3
Kathy K	7

Clean and Sober

Alyssa	1
Nick B	2
David M	2
Joey F	2
Joe J	2
Daniel D	3
Phil S	3
Tyrel B	7

Eat and Meet

Forde J.	29
Fresh Air	
Marvin W.	14

Grapevine

Dave P.	1
Great News	
Michelle S.	3
Dustyn H.	5
Elisa H.	6
Floyd E.	31

Lincoln

Jamie R.	1
Jamie Y.	1
Zack M.	1
Lance H.	2
Tim H.	10
Joe M.	22
Dusty G.	22

Lunch Bunch

Doug H.	2
Dustin J.	2
Paulette L	20

Progressive

Harrold S.	19
Jim B.	20
Cris B.	9
Buck	6
Jessica B.	5

Westside

Ken H.	6
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Please Birthdays and announcements to 12stepsteve@gmail.com or phone (406) 250-0015 and leave a message. Thanks.

Day/Time	Meeting Name	Meeting Type	Location
Sunday			
8:30 AM	Spiritual Breakfast Meeting	O A	Dixie's Diner
9:00 AM	Grapevine Group	O	Serenity Hall - Downstairs
5:00 PM	Reunion de AA en Espanol	O SP	Holy Rosary Church Annex
7:00 PM	Turning Point Group	O	Serenity Hall - Upstairs
7:00 PM	Twelve By Twelve Meeting	O	Bingham Memorial Hospital - Blackfoot
8:00 PM	Progressive Group	O	Serenity Hall - Downstairs
Monday			
11:30 AM	Lunch Bunch AA	O	Denny's Restaurant
6:00 PM	Women In Recovery Group	O W	Serenity Hall - Upstairs
7:00 PM	Shoulder to Shoulder Group	O A	St. Luke's Episcopal Church
7:30 PM	New Hope and Inspiration Group	O A	First Evangelical Lutheran Church
8:00 PM	Big Book Study Group	O	Serenity Hall - Upstairs
8:30 PM	Lincoln Group	O	Serenity Hall-Downstairs
Tuesday			
7:00 AM	Grapevine Group	O	Serenity Hall - Downstairs - Bring Your Coffee
10:00 AM	Coffee Break Group	O	Serenity Hall - Downstairs
11:30 AM	Eat & Meet	O A	Dixie's Diner
5:30 PM	Just Stay	O	Serenity Hall - Upstairs
6:00 PM	P & S Group	O A	Denny's Restaurant
7:30 PM	East Side Study Group	O A	Christ The King Church
8:00 PM	Heritage Group	O	Serenity Hall - Upstairs
8:00 PM	Big Happy Campers Group	O A	Behavioral Health Center
Wednesday			
11:30 AM	Lunch Bunch Step Study Meeting	O A	Denny's Restaurant
6:00 PM	Clean and Sober Group	O	Serenity Hall - Upstairs
7:00 PM	Fresh Air Group	O	Serenity Hall - Downstairs
7:30 PM	The Great News (Big Book Study)	C A	Unitarian Fellowship Church - Downstairs
8:00 PM	Group I	O	Serenity Hall - Upstairs

Behavioral Health Center
2280 E 25th St

Christ The King Church
1696 E. 17th St.

Church of the Nazarene
1900 Grandview St.

Denny's Restaurant
950 Lindsay Blvd.

Dixie's Diner
2150 Channing Way

First Evangelical Lutheran Church
455 W Sunnyside Rd

Holy Rosary Church Annex
145 9th Street

Serenity Hall
600 S. Boulevard

St. Luke's Episcopal Church
270 N Placer Ave

Trinity United Methodist Church
237 North Water Avenue

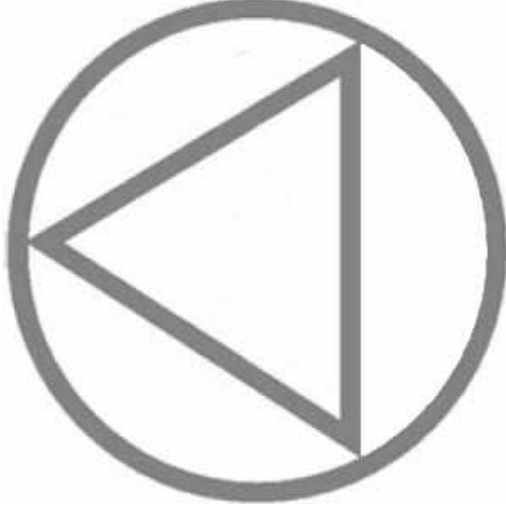
Unitarian Fellowship Church - Downstairs
555 E St

Other Locations

Assembly of God Church
235 West Center Street
Firth, ID 83236

Bingham Memorial Hospital
98 Poplar Street
Pocatello ID

IDAHO FALLS INTERGROUP



AA Hotline: 524-7729

Línea directa de hablar Español:

528-2994

Area Website

<http://www.idahoarea18aa.org>

Bridge the Gap: (253) 217-2010

Al-Anon: 522-4947*

Alateen: 521-2235*

Idaho Falls Intergroup Council

PO Box 3486

Idaho Falls ID 83401-3486

*In cooperation, not affiliation.

Day/Time	Meeting Name	Meeting Type	Location
Thursday			
7:00 AM	Grapevine Group	O	Serenity Hall - Downstairs - Bring Your Coffee
10:00 AM	Coffee Break Group	O	Serenity Hall - Downstairs
11:30 AM	Eat & Meet	O A	Dixie's Diner
5:30 PM	Just Stay	O	Serenity Hall - Upstairs
6:30 PM	New Life Alumni Group	O	Serenity Hall- Downstairs
7:00 PM	3rd Tradition Group	C A	Unitarian Universalist Church of Idaho Falls-Downstairs
7:00 PM	White Knuckle Sobriety Men's Meeting	O A M	Call 227-6697 or 206-5347
8:00 PM	Progressive Group	O	Serenity Hall
8:00 PM	Firth Group		Assembly of God Church - FIRTH
Friday			
11:30 AM	Lunch Bunch AA	O A	Denny's Restaurant
5:30 PM	Just Stay	O	Serenity Hall - Upstairs
7:30 PM	The Great News	O	Serenity Hall - Upstairs
8:00 PM	Lincoln Group	O	Serenity Hall-Downstairs
8:00 PM	Westside Group	O	Church of the Nazarene
Saturday			
8:30AM	The Sunlight of the Spirit	O W	Serenity Hall—Downstairs
10:00 AM	Coffee Break Group	O	Serenity Hall - Upstairs
6:00 PM	Clean and Sober Group	O	Serenity Hall - Upstairs
6:00 PM	P & S Group	O A	Denny's Restaurant
7:00PM	The Buzz	O	Trinity United Methodist Church
8:00 PM	Group I	O	Serenity Hall - Upstairs
First Tuesday of the Month			
6:30 PM	District 6 Business Meeting	C	Serenity Hall - Upstairs
First Thursday of the Month			
6:30 PM	Intergroup Business Meeting	C	Dixie's Diner—Back Room

Meeting Type
 A = Handicap Accessible
 C = Closed Meeting
 M = Men
 O = Open Meeting
 SP = Spanish
 W = Women