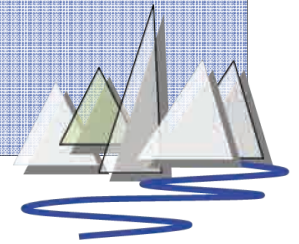


Eastern Idaho Sobriety Corner



2009

Inside this issue:

Intergroup Statement of Purpose	1
Contact Information	
Intergroup Business Meeting Notes	2
AA General Service Pre-Conference Workshop	
A.A. Women's Retreat	3
District 6 Meeting Notes	
Step 4 Tradition 4 Concept IV	4
More on Step Four	5
On Service	6
Interview with Bill D.	
The Only Help We Have to Offer	7
Sobriety through Service / Group Business Meetings	8
Area Schedule of Events / Birthdays / Calendar	9
Area AA Meeting Schedule	10

For Immediate Assistance CALL:

AA HOTLINE PHONE: 524-7729

Spanish HOTLINE PHONE: 528-2994

***** Statement of Purpose *****

The Idaho Falls Intergroup Council of Alcoholics Anonymous exists to assist and provide services for the groups in carrying the message to the alcoholic who still suffers and to foster unity and cooperation among the Idaho Falls groups and members.

The purpose of the Idaho Falls Intergroup is (a) to safeguard the Twelve Traditions of Alcoholics Anonymous; (b) to serve the local groups; (c) to help provide unity between groups; (d) to perform any and all acts as stated in the by-laws in order to meet its purpose.

Intergroup Chairman: Don C. 681-4196
Alternate Chairman: John M. 521-8827
Secretary: Sharon M. 604-2212
Treasurer: Steve G. 520-7304
District 6 PICPC: Marv W. 523-7957
Entertainment: Kelly B. 757-1912
Phone Service: Ryan T. 220-9916
H & I: Ken T. 757-0803
Newsletter Editor: Steve B. 524-9051
Literature Linda M. 520-5673

email: jtiger@cableone.net

email: sharonm@ida.net

email: trplg@hotmail.com

email: rymann33@yahoo.com

email: s_trapper@q.com

AA Literature on Hand	
<i>Big Book (regular)</i>	\$ 6.00
<i>Big Book (large print)</i>	\$ 6.30
<i>Twelve Steps and Twelve Traditions (regular)</i>	\$ 6.40
<i>Twelve Steps and Twelve Traditions (large print)</i>	\$ 6.75
<i>Twelve Steps and Twelve Traditions (pocket size)</i>	\$ 4.50
<i>Daily Reflections</i>	\$ 7.25
<i>AA Comes of Age</i>	\$ 7.50
<i>Big Book (pocket size)</i>	\$ 3.50
<i>Big Book (soft cover)</i>	\$ 5.60
<i>As Bill Sees It</i>	\$ 7.00
<i>Experience, Strength, and Hope</i>	\$ 9.00
<i>Dr. Bob and the Good Old-timers</i>	\$ 8.50
If you or your group needs AA Literature please contact Linda M., our area Literature Chair at 520-5673	

Please submit all Birthdays, Events, News, Stories, Letters, etc., to s_trapper@q.com by the 15th of each month.
For Birthdays, please be sure to include the date of the meeting that Birthdays will be celebrated.

Thanks. Steve B.



INTERGROUP MEETING NOTES: March 2009

Intergroup Secretary's Report 3-5-09

6:40 Meeting called to order by Linda M., who read the Intergroup purpose statement..

The Twelve Traditions were read by Steve G. Sharon M. read the Secretary's report, which was accepted as read.

Attendance:

Sharon M.	Secretary
Scott M.	Great News Group
Frank R.	Meet N' Eat (Dixie's Diner Group)
Mark H.	Westside
Connie O.	Coffee Break
Steve G.	Treasurer
Linda M.	Literature
Tom F.	Turning Point
Julie P.	Lunch Bunch
Greg R.	Beginners meeting

Old Business:

Old Business: Intergroup had planned to meet 6:30 downstairs at Serenity hall. When we got there we found out there was an NA meeting held at that time. Frank R. made the suggestion to move the meeting back upstairs, but to change the meeting time to 6:45. A motion was made and it was passed.

Treasures Report: By Steve G.

Prudent Reserve:
\$192.17

Beginning balance:
\$1240.45

Donations:

Heritage Group	\$	5.00
The Great News Group	\$	5.00
Lincoln Group	\$	5.00

Bills Paid:

Falls Printing	\$42.40
Qwest Phone service	\$52.28

Ending balance in bank as of 2-4-09:
\$1145.77

Entertainment Report: Kelly was not there but Connie reported that the Valentines Dance went well. Some of the groups had to pitch in to help pay the band expenses.

Frank R. made note that a Golf Tournament for Spring assembly is being organized.

Scott M. said there will be a dance March 28th with music provided by a D.J.

It was mentioned that groups need to support the activities being organized by the Entertainment Committee.

Phone Service Report: Ryan T. was absent. More volunteers are always needed. (Must have 1 year or more of sobriety).

Newsletter Report: Scott M. filled in for Steve B. If you would like to write an article for the Newsletter, please contact Steve B.

Literature Report: Linda M. Book sales are good. Plenty of books are available. Another order will be going in before the end of the month.

New Business: Greg R. asked that we announce, that for any changes in meetings in Serenity Hall, (or new meetings being planned), please do not just plan on it. You must talk to him before making plans.

Meeting closed at 7:05.

Next Meeting April 2nd at 6:45 Serenity Hall UP-STAIRS

A Declaration of Unity

This we owe to

A.A.'s future:

To place our common welfare

first,

To keep our

fellowship

united.

For on A.A.

unity depend

our lives,



*To those now in its fold,
Alcoholics Anonymous has made the difference between misery and sobriety, and often the difference between life and death.*

2009 GENERAL SERVICE PRE-CONFERENCE WORKSHOP!!

Sunday April 5th, 2009 from 10:30AM to 3:00PM

Serenity Hall

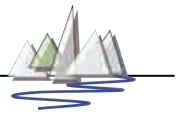
600 S. Blvd., Idaho Falls, ID

Carry the A.A. Message back to the General Service Conference in New York by sharing the Idaho Area 18 group conscience at our Pre-Conference Workshop.

Hosted by groups from District 1, 6, 7, and 12.

Plan to attend and meet your Idaho Area Committee and see how the AA message is carried around the world.

Any questions or to get involved
Call Wade H. 208-520-5035



A.A. WOMEN'S RETREAT

Miracles Happen -- Welcome to Recovery Island

21st Annual Women in Recovery — Lava Hot Springs Retreat
April 24, 25, and 26, 2009.

Check in begins at 5:00 p.m., April 24 at the Senior Center. We hope to see you there!!!

Watch for fliers in your home group or find them on the Area 18 website.

Early registration is \$45 before March 15, and \$55 after March 15.

If you have any questions you can contact Joanna T. at (208) 354-0105 or Michele W., Program Chair at (208) 709-1053 mwaatti@gmail.com

Please make checks payable to "Women in Recovery" or "WRLHSR" and mail to: Jennifer at P.O. Box 7952, Jackson, WY 83002.

I am responsible, when anyone, anywhere reaches out for help, I want the hand of AA always to be there: and for that I am responsible.



AA DISTRICT 6 MEETING NOTES: March 3, 2009

Meeting called to order: 7 pm by Les F.
Attendees: Les F., DCM; Kadie M. Shoulder To Shoulder; Alan W. Firth Group; Greg R. Beginners Group; Gary O. Westside; Lance Coffee Break; Laurie T. Third Tradition; Ken T. H&I Chari; Tim W. Turning Point; Wade H. Alt. DCM, Mike C. Great News; Hat. Secretary.

Twelve Traditions: Read by Tim W.
H&I Report: Ken T.: H&I Chair position needs to be filled because Ken T. is moving to Pocatello. See Ken T. Women liaisons needed for Ruth House. Men and women liaisons needed for adolescents in Harbor House. Materials have been ordered for Bridge The Gap program.

New Business: April 5th is the Pre-Conference Workshop. 10:30 am to 3:00 pm. Agenda was given to attending District GSRs. This workshop has been coordinated with Districts 1, 7, and 12.

Area Assembly: Area 18 Assembly will be held at the Idaho Falls Shilo Inn, May 22-24, 2009.

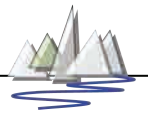
CPC/PI Report: The Chamber of Commerce will let CPC/PI know when they have scheduled a volunteer from AA to speak. Club Inc. wants us to continue to be a presence within their program. CPC/PI is accepting volunteers. See Marv.

Treasurer's Report:

Beginning Balance	\$415.20
Expenses	-\$ 72.00
Prudent Reserve	\$200.00
Current Balance	\$543.20

Newsletter: Steve B. is always accepting items for the newsletter.

God grant me the Serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference.



Step 4 / Tradition 4 / Concept IV

Step 4 - Made a searching and fearless moral inventory of ourselves.

When I came to AA, I was told that I was full to the brim with resentment and fear. That was why I was always “restless, irritable, and discontented” and why I always searched for “the sense of ease and comfort which comes at once by taking a few drinks.” To be freed from alcoholism, I was taught that I had to be rid of my resentments and fears, that these things blocked me from God and kept me from finding, understanding, or being able to live by spiritual principles. To make room within myself for a new spiritual way of living, I had to identify my fears and resentments and remove them. The Fourth Step inventory was the beginning of that process.

For me, the miracle of the Fourth Step inventory was found in the fourth column — what was my part? Before coming to AA, I rarely, if ever, looked to see where I was at fault in any way or was the cause of any of the circumstances or situations that hurt me, made me angry, or afraid. I blamed everyone and everything but myself for my troubles. I was always being mistreated, not getting what I deserved, or having things taken from me. I had no conception of the fact that my own actions played any part in these situations, and I made no attempt to see what I might be doing wrong. Alcohol was my ally in my battle with the world. It told me I was always right and they were always wrong.

Alcoholics Anonymous brought me to the truth and taught me a new way of life. Through AA, I learned that “our troubles, we think, are basically of our own making. They arise out of ourselves, and the alcoholic is an extreme example of self-will run riot, though he usually doesn’t think so.” *Alcoholics Anonymous*, at 62. In completing the fourth column of my inventory, when I was honest and thorough, I was able to see that in every situation where I had been hurt, angry, or afraid, the root cause was some selfish action on my part. “Driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity, we step on the toes of our fellows and they retaliate. Sometimes they hurt us, seemingly without provocation, but we invariably find that at some time in the past we have made decisions based on self which later placed us in a position to be hurt.” *Alcoholics Anonymous*, at 62.

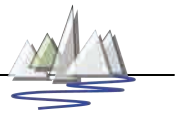
With the help of my sponsor, I was able to see the patterns of my behavior in my Fourth Step inventory. I was able to see how I was consistently selfish, full of self-pity, unforgiving, and controlled by fear. These patterns repeated themselves over all of the years of my life with different people and different situations, but with the same behavior on my part and the same results. To be able to see the truth about myself, who I am, what I was, and the truth behind all of the resentment and fear I brought with me into AA was a tremendous gift of the program and a crucial step in the path of recovery and a new spiritual life.

Anonymous

Tradition 4 - Each group should be autonomous except in matters affecting other groups of A.A. as a whole.

The Long Form - With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount.

Concept IV - At all reasonable levels, we ought to maintain traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.



MORE ON STEP FOUR

From “How It Works.” “Next we launched on a course of vigorous action, the first step of which is a personal housecleaning, which many of us had never attempted. Though our decision was a vital and crucial step, it could have little permanent effect unless at once followed by a strenuous effort to face, and to be rid of, the things in ourselves that had been blocking us. Our liquor was but a symptom. So we had to get down to cause and conditions.”

“Therefore, we started upon a personal inventory. *This was Step Four.* A business which takes no regular inventory usually goes broke. Taking a commercial inventory is a fact-finding and a fact-facing process. It is an effort to discover the truth about the stock-in-trade. One object is to disclose damaged or unsalable goods, to get rid of them promptly and without regret. If the owner of the business is to be successful, he cannot fool himself about values.”

“We did the exact same thing with our lives. We took stock honestly. First, we searched out the flaws in our make-up which caused our failure. Being convinced that self, manifested in various ways, was what had defeated us, we considered its common manifestations.”

“Resentment is the “number one” offender. It destroys more alcoholics than anything else. From it stem all forms of spiritual disease, for we have been not only mentally and physically ill, we have been spiritually sick. When the spiritual malady is overcome, we straighten out mentally and physically. In dealing with resentments, we set them on paper. We listed the people, institutions, or principles with whom we were angry. We asked ourselves why we were angry. In most cases it was found that our self-esteem, our pocketbooks, our ambitions, our personal relationships (including sex) were hurt or threatened. So we were sore. We were “burned up.”

“We went back through our lives. Nothing counted but thoroughness and honesty. When we were finished, we considered it carefully.” *Alcoholics Anonymous*, pp. 64-65.

From “How It Works.” “It is plain that a life which includes deep resentment leads only to futility and unhappiness. To the precise extent that we permit these, do we squander the hours that might have been worth while. But with the alcoholic, whose hope is the maintenance and growth of a spiritual experience, this business of resentment is infinitely grave. We found that it is fatal.”

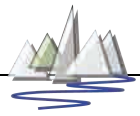
“If we were to live, we had to be free of anger. The grouch and the brainstorm were not for us. They may be the dubious luxury of normal men, but for alcoholics these things are poison.”

“We turned back to the list, for it held the key to the future. We were prepared to look at it from an entirely different angle.” *Alcoholics Anonymous*, p. 66.

From “How It Works.” “Putting out of our minds the wrongs others had done, we resolutely looked for our own mistakes. Where had we been selfish, dishonest, self-seeking and frightened? Though a situation had not been entirely our fault, we tried to disregard the other person involved entirely. Where were we to blame? The inventory was ours, not the other man’s. When we saw our faults we listed them. We placed them before us in black and white. We admitted our wrongs honestly and were willing to set those matters straight.” *Alcoholics Anonymous*, p. 67.

From “How It Works.” “We reviewed our fears thoroughly. We put them on paper, even though we had no resentment in connection with them. We asked ourselves why we had them. Wasn’t it because self-reliance failed us? Self-reliance was good as far as it went, but it didn’t go far enough.”

“Perhaps there is a better way — we think so. For we are now on a different basis; the basis of trusting and relying upon God. We trust infinite God rather than our finite selves. We are in the world to play the role He assigns. Just to the extent that we do as we think He would have us, and humbly rely on Him, does He enable us to match calamity with serenity.” *Alcoholics Anonymous*, at 68.



On Service

The Importance of The Traditions in Preserving and Carrying the Message.

I learned that the temporary or seeming good can often be the deadly enemy of the permanent best. When it comes to survival for A.A., nothing short of our very best will be good enough.

Bill W. *A.A. Comes of Age*, pp. 293-94

Interview with Bill D. ("Sweet William") of Idaho Falls

In March 2009, Bill D. of Idaho Falls, affectionately known in the AA community as "Sweet William," reached 40 years of continuous sobriety in Alcoholics Anonymous. Bill came to AA on March 19, 1969, and has lived a much different life ever since.

When Bill started in AA, Idaho Falls had only three meetings a week, two by Group One and one by the Lincoln Group. They typically met at the old two-story log building in Tautphaus Park that is gone now. The building had twelve steps to get in and twelve steps to get up to where the meeting was held: twelve and twelve. Al-Anon was very active in the building too, and many gatherings and social functions were held with members of both groups. Bill and his wife have been married for 60 years, and she was active in Al-Anon for many years.

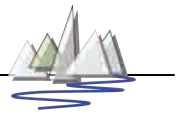
After getting sober, Bill became actively involved in the ARA in Idaho Falls, serving 10 years on the Board and 5 years as the Director. When the State of Idaho got involved in the ARA, the ARA moved away from its emphasis on AA, so Bill moved on too. After the ARA, Bill became a Bonneville County Sheriff's Deputy, and worked in the jails. Bill had formerly been on the wrong side of the law a number of times because of his drinking. Now his life had come full circle — as a member of law enforcement. Bill brought AA to the Bonneville County jail, and later to the Pocatello, Blackfoot, and Ashton jails too. He carried the message to many hundreds of prospects and some future members of AA that way.

Bill has many fond memories of going in car loads of people to AA meetings up and down the valley, from Malad to Ashton. One of the major differences he sees between AA now and AA then was the close-knit community that AA was in the early years of his sobriety, particularly where at most groups everyone knew everyone else and there was a lot of interaction between groups. Beyond the social aspect, Bill emphasized that the travel to other meetings was necessary to get more meetings in each week. Bill still attends 5-6 meetings a week, even at 40 years of sobriety! What a great gift for his own sobriety and for the rest of us. When people with long term sobriety give of themselves by regular attendance at meetings, they truly give back what they were freely given.

Bill believes he was able to achieve sobriety in AA because he was truly beaten down when he got here. He was ready and he was willing to work the program. He worked the steps with a sponsor. He kept working with his first sponsor, Earl, for many years until Earl's death. Bill himself has sponsored many people in AA. Some have made it, and many haven't. The difference he sees is whether the person truly wants sobriety for himself, not because of pressure from family or the courts. "Help is here if you want it." The other key is whether the person is willing to work the program or not.

Bill has held many service positions in AA. He is a former delegate of Area 18, Panel 32. He attended a General Service Conference in New York City, where he met Bill W.'s wife Lois. When they met, she said "You're Sweet William from Idaho!" He and Lois both spoke at the same AA banquet during that conference.

Bill has seen the rise of treatment centers and court-ordered attendance at AA meetings and their effects on AA. He believes that cards should not be signed until after the meeting, so that those with cards are required to stay the entire meeting. With the influx of people from treatment centers and court-ordered programs, he believes that AA meetings need to stay focused on the program for sobriety outlined in the Big Book. He stressed the importance of having a good meeting structure that ensures good meeting topics and discussion, and the importance of good chairmanship of meetings, both to keep members on topic and from speaking too long.



The Only Help We Have to Offer

Fifth Tradition - Each group has but one primary purpose--to carry its message to the alcoholic who still suffers.

I drank for a long time and couldn't stop. I tried everything. One day, in the midst of planning to take a trip, I called AA. I told the woman who answered the phone that I was an alcoholic going on a trip and I needed a ride. I was afraid to drive to the bus station because I was too drunk, and I couldn't call my parents because they were mad at me about my drinking. The woman told me politely that AA wasn't a taxi service and to call back when I wanted to stop drinking.

I did call back and two wonderful women came to my house. They said and did all the right things and I found myself at my first meeting.

At meetings, I began to hear the message of recovery. But I became distracted when I noticed the abundance of single men at every meeting. "This must be the answer," I thought. "I'll find a man to take care of me." So I pursued that avenue of "recovery" for a time until I became convinced that it wasn't working. Again I returned to AA, this time to listen to the real message of recovery. And I heard it.

Without exception, everyone who had anything I wanted talked about having developed a relationship with a power greater than himself as the result of taking the Twelve Steps. The Big Book quotes Dr. Silkworth as saying, "The message which can interest and hold these alcoholic people must have depth and weight." That's what recovery through the Twelve Steps had for me.

I needed a job. I told people at meetings that it would be easier for me to stay sober if I had a job (and a husband and some friends). They told me that my job was to stay sober. God would take care of the other things when I was ready.

I found a home group because somebody told me I should. I was there at the once-a-week meeting. Soon I discovered that the members met other days at each other's homes and sometimes went places together. I thought this might be the social life that had long eluded me. What a surprise to find out that these gatherings in their homes were group business meetings and studies of the Traditions. Their excursions were visits to small AA groups in outlying communities where they shared their experience, strength, and hope. When they went out for coffee or meals after meetings, the primary topic of discussion was Alcoholics Anonymous. Recovery, unity, service, and the Twelve Steps seemed to intrude into everything we did together! I ended up learning many valuable

social skills by hanging around with these people, but social growth was never our purpose in getting together.

When my home group elected me to represent them at the local central committee, I learned about another part of our Fellowship. This committee, in addition to providing a twenty-four-hour answering service, meeting directories, public information, and a forum for discussion of group problems, had a social committee with its own bank account and fun-filled calendar. But to my surprise, as social as their activities were, they always featured AA meetings and speakers, and whether decorating a hall, mopping a floor, or carving a turkey, they always talked about recovery through the Twelve Steps and carrying the AA message to the alcoholic who suffered among us or who hadn't found us yet.

The man who encouraged my participation in general service tried to attract me by describing the wonderful assemblies I'd attend out of town and all the new friends I'd make. He was right, but once again I found that what held us together at those assemblies was our focus on service to Alcoholics Anonymous and how to better carry the AA message to the still suffering alcoholic.

One day while taking calls for our local AA answering service, I got a call from a woman who wanted someone from AA to come see her drunken neighbor who hadn't cleaned her house in ages. "You've got to get someone out here to clean up her house. Don't you people try to help drunks?" I was reminded of my first call to AA looking for a taxi service. Now I know through experience that we're not simply here to "help." The primary purpose of an AA group is to carry the AA message of recovery to the alcoholic who still suffers. The only help we have to offer is the AA program of recovery. We don't offer taxi service, housekeeping, assertiveness training, marriage counseling, jobs, money, mates, or any of the dozens of other services and solutions that each of us thought would solve our problems.

If Alcoholics Anonymous had provided me with a social life, a job, and a husband, I'd have had no reason to place my reliance upon God. If they had done anything other than carry the message of recovery, I might have missed it. Thank God that's all AA does.

Each of us, having had a spiritual awakening as the result of the Twelve Steps, tries to carry this message to the alcoholic who wants it. This is how I stay sober. And if you keep coming back, you don't have to drink again either, if you don't want to.

B.M., Eureka, California
AA Grapevine, May 1990



Sobriety Through Service



Area Business Meeting / Group Conscience List

- April 2 Intergroup Business Meeting 6:45pm SH
- April 2 Upstairs
- April 3 Lincoln Group Conscience
- April 7 District 6 GSR Business Meeting 7:00 pm
- April 9 Happy Hour Group Conscience
- April 9 Progressive Group Conscience
- April 10 Westside Group Conscience
- April 11 Group 1 Group Conscience
- April 14 P&S Group Conscience
- April 14 Fresh Air Group Conscience
- April 16 Third Tradition Group Conscience
- April 17 Lunch Bunch Group Conscience
- April 17 Great News Group Conscience
- April 18 Coffee Break Group Conscience
- April 18 Clean & Sober Group Conscience
- April 19 Turning Point Group Conscience
- April 20 Women In Recovery Group Conscience
- April 20 Big Book Study Group Conscience
- April 21 PI/CPC/H&I Business Meeting 7:00 pm SH

Send Group Contributions to:

Idaho Falls Intergroup Council
 P.O. Box 3486
 Idaho Falls, ID 83401-3486

District 6
 P.O. Box 50443
 Idaho Falls, ID 83405-0443

Idaho Area 18 Treasurer
 P.O. Box 67
 Kuna, ID 83634

General Service Office
 Grand Central Station
 P. O. Box 459
 New York, NY 10164-0371

District 6 H & I
 P. O. Box 50572
 Idaho Falls, ID 83405

District 6 Hospitals & Institutions Liaisons

H&I Chairperson	Ken T.	757-0803
Men's Jail	Don Carlos	403-4119
Women's Jail	Claudia H.	525-9290
Correctional Work Center	Buttons B.	251-0383
A.R.A.	Jerrica G.	541-1879
	Adam R.	346-2586
Hospitals (EIRMC)	Jim S.	745-0124
Bridge the Gap	Jami M.	357-8395
3 B Detention Center	Mike C.	745-1510

Please contact any of the above people if you are interested in helping to take a meeting into the local hospitals, jails or institutions, or would like to help with public information.

Questions or Concerns Regarding Serenity Hall Please Call:

Teresa R. 552-1942 or 403-2674
Greg R. 552-1942 or 403-5608
Henry 569-0589

Serenity Hall Maintenance
 P. O. Box 2237
 Idaho Falls, ID 83403

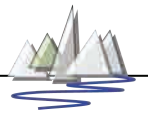
Did You Know ?

You can receive the Newsletter each month by e-mail. If interested, please send your request and e-mail address to: s_trapper@q.com



SERVICE WORK AVAILABLE !

AA Hotline & 12 Step Volunteers NEEDED
 For more info call Ryan T. at 220-9916



APRIL CALENDAR / EVENTS BIRTHDAYS

April 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Thursday, April 2nd

- Intergroup Business Meeting
6:45 pm Serenity Hall upstairs

Tuesday, April 7th

- District 6 GSR Business Meeting, Serenity Hall 7 pm

Friday, April 10th

- Friday Night Speaker Meeting
7:30 pm Serenity Hall

Tuesday, April 21st

- PICPC H&I Business Meeting
7pm Serenity Hall

Friday, April 24th

- Lincoln Group Birthdays
Rena D. 2 yrs.
Brandon J. 3 yrs.
Henry E. 11 yrs.
- Westside Birthdays
Patricia M. 24 yrs.
Petrijia K. 1 yr.

Great News Birthdays

- Sue M.* 4 yrs.
Brad C. 7 yrs.

Saturday, April 25th

- Coffee Break Birthdays
Terri S. 4 yrs.
Susan J. 4 yrs.
Dave F. 2 yrs.
Jerrica G. 1 yrs

Sunday, April 26th

- Grapevine Birthdays
Darren C. 3 yrs.

Monday, April 27th

- Big Book Birthdays
Cathy D. 23 yrs.
Shawnee K. 3 yrs.
Mark P. 2 yrs.

Tuesday, April 28th

- Meet N' Eat Birthdays
Lisa M. 1 yr.
Connie P. 3 yrs.
Frank R. 25 yrs.

Wednesday, April 29th

- Fresh Air Birthdays
Lisa M. 17 yrs.
Dan K. 10 yrs.
Craig G. 9 yrs.

Saturday, April 30th

- Third Tradition Birthdays
Sheila R. 18 yrs.
Caryn W. 1 yr.

FRIDAY NIGHT SPEAKER MEETING



Friday, April 10, 7:30 pm at Serenity Hall

Great News Group welcomes **Angela H. of Idaho Falls** to share her experience, strength, and hope with us.

All are welcome and encouraged to attend. Please do come!

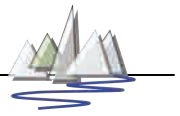
AA HOTLINE VOLUNTEER MEETING

Sunday, April 5th at 5:30 pm Serenity Hall
All new or existing volunteers need to attend.
For information call Ryan T. at 220-9916.



Our monthly Newsletter can now be found
ONLINE at::

<http://www.idahoarea18aa.org/main/ifalls.htm>



Area AA Meeting Schedule

Sunday

- 8:30 AM Spiritual Breakfast Meeting**
Dixie's Diner Restaurant
2150 Channing Way, IF
- 9:00 AM Grapevine Group**
Serenity Hall (downstairs)
- 5:00 PM Grupo Si Podemos**
(habla Espanol) Holy Rosary Church
145 9th St., Idaho Falls (Guadalupe Room)
- 7:00 PM Turning Point Group**
Serenity Hall (upstairs)
- 7:00 PM Twelve by Twelve Meeting**
Bingham Memorial Hospital, Blackfoot
(open meeting)
- 8:00 PM Progressive Group**
Serenity Hall (downstairs)

Monday

- 11:30 AM Lunch Bunch**
Denny's Restaurant
- 6:00 PM Women in Recovery Group**
Serenity Hall (upstairs)
- 7:00 PM Shoulder to Shoulder Group**
St. Luke's Episcopal Church
270 N. Placer Ave, Idaho Falls, ID
- 7:00 PM Beginners Meeting**
Serenity Hall, newcomers welcome
(downstairs)
- 7:00 PM Big Book Study Meeting**
525 Cedar Street, Mackay, ID
open meeting
- 8:00 PM Lincoln Group**
Serenity Hall (downstairs)
- 8:00 PM AA Study Group (Big Book)**
Serenity Hall (upstairs)
- 8:00 PM New Hope and Inspiration**
First Evangelical Lutheran Church
Corner of Sunnyside and Rollandet, IF



Tuesday

- 7:00 AM Grapevine Group**
Serenity Hall (downstairs)
- 10:00 AM Coffee Break Group**
Serenity Hall (open meeting, downstairs)
- 11:30 AM Meet & Eat Lunch Meeting**
Dixie's Diner Restaurant
2150 Channing Way, Idaho Falls
- 5:30 PM Just Stay Group**
Serenity Hall (upstairs)
- 6:00 PM P & S Group**
Denny's Restaurant (open meeting)
- 7:00 PM Swan Valley Tuesday Night**
Swan Valley, Chapel in the Valley
(just off Highway 26)
- 7:30 PM East Side Study Group**
Christ the King Church
1696 E. 17th Street, Idaho Falls
- 8:00 PM The Heritage Group**
Serenity Hall (upstairs)
- 8:00 PM BHC**
2280 E. 25th, Idaho Falls

Wednesday

- 11:30 AM Step Study Meeting**
Denny's Restaurant
- 6:00 PM Clean & Sober Group**
Serenity Hall (upstairs)
- 7:00 PM Fresh Air Group**
Serenity Hall (downstairs)
- 7:30 PM The Great News Group**
Unitarian Church, 555 E. St., Idaho Falls
(closed Big Book Study, downstairs)
- 8:00 PM Group 1**
Serenity Hall (upstairs, open meeting)

Thursday

- 7:00 AM Grapevine Group**
Serenity Hall (downstairs)
- 10:00 AM Coffee Break Group**
Serenity Hall (open meeting, downstairs)
- 11:30 AM Meet & Eat Lunch Meeting**
Dixie's Diner Restaurant
2150 Channing Way, Idaho Falls
- 5:30 PM Just Stay Group**
Serenity Hall (upstairs)
- 7:30 PM Third Tradition Group**
Unitarian Church 555 E. St., Idaho Falls
(closed meeting, basement)
- 8:00 PM Firth Group**
First Tabernacle Assembly of God
235 Center, Firth
- 8:00 PM Progressive Group**
Serenity Hall
- 8:00 PM Lost River Group**
525 Cedar, Mackay ID.

Friday

- 11:30 AM Lunch Bunch**
Denny's Restaurant
- 5:30 PM Just Stay Group**
Serenity Hall (upstairs)
- 6:30 PM Joker's Wild** (For Young People and the Young At Heart)
Serenity Hall (downstairs)
- 7:00 PM Pass It On Group**
Bingham Memorial Hospital, Blackfoot
(open meeting)
- 7:30 PM The Great News Group**
Serenity Hall
(open meeting, upstairs)
- 8:00 PM Westside Group**
Church of the Nazarene
1900 Grandview, IF
- 8:00 PM Lincoln Group**
Serenity Hall (downstairs)

Saturday

- 10:00 AM Coffee Break Group**
Serenity Hall (open meeting, downstairs)
- 5:30 PM Women's Meeting**
Eagle Pointe Center, Idaho Falls
- 6:00 PM Clean & Sober Group**
Serenity Hall (upstairs)
- 6:00 PM P & S Group**
Denny's Restaurant, 950 Lindsay Blvd., IF
- 8:00 PM Group 1**
Serenity Hall (upstairs, open meeting)

Meeting Locations

- **Serenity Hall**
600 South Boulevard, Idaho Falls
- **Denny's Restaurant**
950 Lindsay Blvd. Idaho Falls
- **Behavioral Health Center (BHC)**
2280 E 25th Street, Idaho Falls
- **Dixie's Diner Restaurant**
2150 Channing Way, Idaho Falls
- **Unitarian Fellowship**
555 "E" Street, Idaho Falls
- **Bingham Memorial Hospital**
98 Poplar Street, Blackfoot, ID
- **St. Luke's Episcopal Church**
270 N. Placer Ave, Idaho Falls