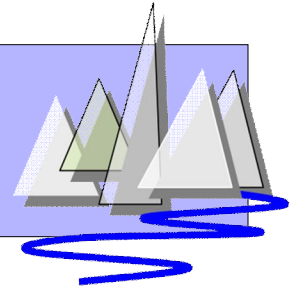


Eastern Idaho Sobriety Corner



July 2008

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**For Immediate Assistance CALL:
AA HOTLINE PHONE# 524-7729
Spanish HOTLINE PHONE# 528-2994**

***** Statement of Purpose *****

The Idaho Falls Intergroup Council of Alcoholics Anonymous exists to assist and provide services for the groups in carrying the message to the alcoholic who still suffers and to foster unity and cooperation among the Idaho Falls groups and members.

The purpose of the Idaho Falls Intergroup is (a) to safeguard the Twelve Traditions of Alcoholics Anonymous; (b) to serve the local groups; (c) to help provide unity between groups; (d) to perform any and all acts as stated in the by-laws in order to meet its purpose.

Intergroup Chairman: Mike C. 745-1510
Secretary: Cate C.

Newsletter Editor: Patrick W. 709-0913
District 6 PICPC: Marv W. 523-7957

Entertainment: Kelly B. 757-1912
Phone Service : Ryan T. 220-9916

H & I: Ken T. 757-0803

Alternate Chairman: Mike K.

Treasurer: Steve G. 520-7304

email: troutsnfr@cableone.net

email: trplg@hotmail.com

email: rymann33@yahoo.com

email:

Notes From Your Intergroup Chair ...

With vacations and camping season here, we still need more volunteers for the Hotline to be run properly and so the current volunteers do not get burned out. Last week we had two powerful 12 Step calls. One was an alcoholic hitting bottom who desperately needed help...he is still sober as I write this. The other was a member traveling through who needed fellowship when his vehicle broke down stranding him here. They both found what they were looking for due to our volunteers answering the hotline.

Thanks to those members in this area who have put the interests of the still suffering alcoholic ahead of their own convenience. If being of service that way interests you, please call our

hotline coordinator Ryan T @ 220-9916 and see how you too can be responsible.

Please keep in mind that Intergroup is here to serve your group and the rest of the groups in our local area. But if your group is not represented at our monthly meeting then you have given up the opportunity to be a part of. Remember that we can do together what we cannot do individually.

I look forward to seeing you at Intergroup!

In Service,
Mike C.

Feel free to contact me by phone or email.
745-1510 stepman89@yahoo.com



Intergroup Business Meeting Notes - June

6:40 Meeting called to order by Mike C.
Kadie read the Twelve Traditions

Attendance:

Scott M.	Great News
Steve G	Treasurer
Cate C.	Secretary
Linda M.	Literature
John M.	3 rd Tradition
Mike C.	Chair
Patrick W.	Newsletter
Todd	Happy Hour
Dave C.	Coffee Break
Tom F.	Turning Point
Mike N.	Fresh Air
Kadie M.	Shoulder to Shoulder
Dennis H.	Firth
Mark H.	Westside

Old Business: none

Entertainment Report: none

Phone Service Report: Scott M. for Ryan T.
Looking for volunteers.

Newsletter Report: Patrick W.
Patrick is getting some local stories to put in the newsletter. Would love to see more.
Cut off time for putting information and

stories in the newsletters has been changed to the 15th instead of the 20th due to Patrick's schedule and traveling. All info must be e-mailed to him.

Literature Report: Linda M.

She has lots of orders for books. Special orders are on the way. If you need chips see Scott B. from Coffee Break.

New Business:

There will be a workshop with District on Sept. 13th. It will be on Service. Tom F. has volunteered to do flyers. Kadie M. There will be a Founders Day party and Shoshone City Park on June 14th

Treasures Report: Steve G.

Prudent Reserve	\$ 192.02
Beginning Balance	\$ 641.04
Literature Sold	\$
Contributions	
<i>Turning Point</i>	\$ 44.77
Total Contributions	\$ 44.77
Total Expenses	\$ 156.76
<i>Qwest</i>	\$ 50.76
<i>Quick Ship & Copy</i>	\$ 64.00
<i>Post Office Box</i>	\$ 42.00
Ending Balance	\$ 529.05

A Declaration of Unity

This we owe to

A.A.'s future:

*To place our
common welfare*

first,

*To keep our
fellowship*

united.

For on A.A.

unity depend

our lives,

And the lives of

those to come.



*To those
now in its
fold,
Alcoholics
Anonymous
has made
the
difference
between
misery and
sobriety,
and often
the
difference
between
life and
death.*



Our monthly newsletter can now
be found **ONLINE** at:
www.idahoarea18aa.org/main/ifalls.htm



Note from Your Entertainment Committee Chair

The Idaho Falls area AA Anniversary Picnic was held Saturday, May 24. Attendance was good. We had lots of fun, threw horseshoes, ate delicious food and got a little wet. Mother Nature decided to distribute a little moisture around 3:00pm. It got a slightly intense, add in the hail, thunder and lightening and the decision was made to call the event therefore we did not hold the speaker meeting. The picnic closed shop at about 5:00pm. Enough raffle tickets were sold to cover the cost of the picnic. we are financially still in good shape for the Labor Day campout.

THANKS to all who volunteered their time and energy to this event. It was great fun and I'm grateful to be a part of such a dynamic group of people.

Sincere thank you to Paul for his willingness to speak at the event. We are so sorry that we were unable to hear him share. We are looking forward to hearing his story next year, he's aligned to speak at next years Picnic to be held Saturday June 6, 2009 (yes, we are reserved).

In service,
Kelly B.

Note from Your PI/CPC Chair

We have an opportunity to present the surrounding area with our stories of recovery. I have contacted a person at the Post Register and he told me that if I would get some stories together he would write an article or a series of articles about the AA program and our recovery. Now we just need to get the stories together and get them to him. If you would send me your story I will collect them and get them to him.

I could also submit them to the Grapevine if you would like, just let me know. Remember the 11th tradition "...we need always maintain personal anonymity at the level of press, radio and films." so only first names will be published. You can submit you stories to me via e-mail at aamarv@hotmail.com or send them to me at:

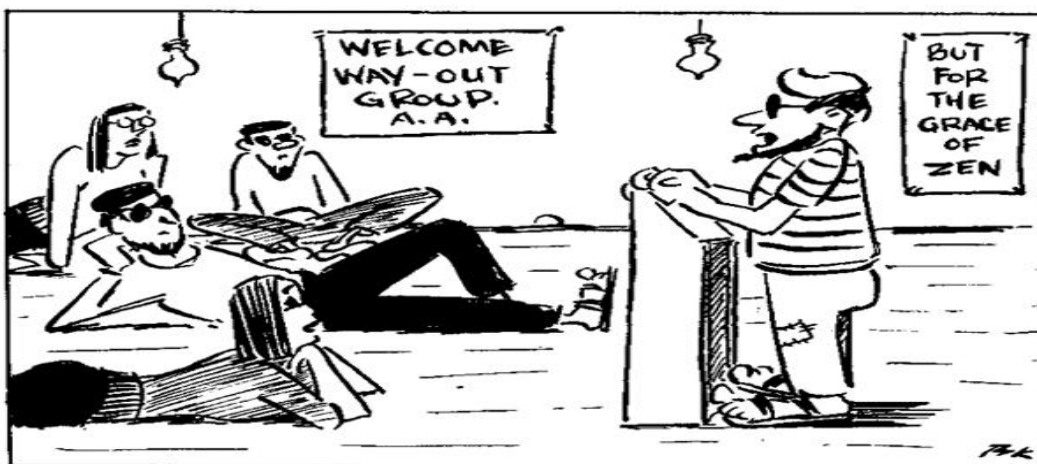
PI/CPC
PO box 50572
Idaho Falls, ID 83405

Marv W. PI/CPC Chair.

I am responsible, when anyone, anywhere reaches out for help, I want the hand of AA always to be there: and for that I am responsible.

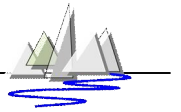


God grant me the Serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference.



"We need an Espresso maker."

From AA Grapevine, July 1963, Vol. 20 No. 2



A Note from the H & I Chair

Greetings my friends;

My name is Ken and I am an alcoholic. I come to you this month with humbleness and gratitude. It continues to be an honor and a privilege to serve you in the capacity of H & I chairman. I would like to first report that the bridge the gap program is coming together nicely. Jami M is our liaison for this program and has been given a list to start with and is in the process of having business cards made. These cards will be given to our contacts within all of the Hospitals and institutions in our district. They will in turn give them to individuals who will be released from those institutions. These cards will have the contact information needed to connect them with the bridge the gap liaison. I have full confidence that this program will be fully on line by mid July. If you have any questions regarding Bridge the Gap or would like to volunteer to be of service within it please feel free to contact Jami M. at 357-8395 or myself at 757-0803.

I would like now to give our friend Korky who has been serving in the capacity of liaison at the 3 B juvenile facility a vote of thanks for his service. He has been serving faithfully for years and was always diligent in his service. He has been a committed servant to the youth within the facility and to district 6 H & I. Korky has at this time resigned from service due to personal reasons and I would just like to say publicly that his service will be missed. He has given us a shining example of commitment to service within Alcoholics Anonymous. Thank you Korky. This does now leave us with a position which we need to fill. In order to be a liaison at the 3B facility you must have 2 years of sobriety and little to no criminal record. This is a

weekly commitment which falls on Thursday nights at 7:30. If you would like to be of service and help young men who are battling this insidious disease then please contact me. It saddens me to know that we are having dark nights in any of our institutions within our district. This is a position that we must fill quickly so please step up and give what was so freely given to you.

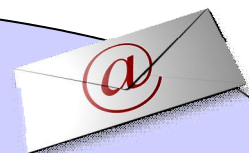
I would like to also announce that Don Carlos S. will be taking over as the men's jail Liaison. Terry M has diligently served in this capacity for over 2 years now. He has been faithful and committed to his service and H&I. He will continue to help and serve as a volunteer when needed but needs to step down at this time due to personal reasons as well. I want to thank Terry M. publicly as well for his service to Alcoholics Anonymous. He has truly been an example to me in carrying the message to those behind bars. Thank you Terry.

In closing I would like to give my thanks to all the liaisons and volunteers within H&I. It is so vital that the message of recovery and Alcoholics Anonymous is carried to those who are within our hospitals and institutions. The Big Book states that we work out our solution on the spiritual as well as the altruistic plane. Altruism is the act of giving without the expectation of anything in return. We give of ourselves so that others may live and rediscover life, and in doing so we are securing our future and the future of our great fellowship.

In loving service
Ken T.

? Did You Know ?

You can receive this newsletter each month by email. If interested email me at troutsnfr@cableone.net or call Patrick at 709-0913 .





On AA's Singleness of Purpose

Recently, I received a call from a newcomer through the Bridge the Gap Program that our district conducts with treatment centers in this area. I met him upon his release from the facility and took him to a meeting of my home group Monday Night. As newcomers do in my group, he sat quietly and listened and all was well.

The following Wednesday, he met me for a meeting that we carry to the local Detox. During the meeting, he introduced himself as an addict and proceeded to share a little bit on the problems he has had with drugs. Following the meeting, as I was giving him a copy of our book, I decided to have a talk with him regarding his sharing. I asked, "I noticed that you introduced yourself as an addict and I need to ask, Do you have a problem with alcohol?" He shared, "No, I haven't had a drink in over a year and a half. I don't like alcohol and never really drank too much, my problem is with the drugs." I then asked, "If you don't have an alcohol problem, then why are you coming to AA meetings?" His response was When I was in the treatment center, they told me to come to AA because there is more recovery there.

I explained to him that I was not trying to make him feel unwelcome in AA, but in order to be of help to him, I had to know where he was coming from. He again stated that he never has had a problem with alcohol, that drinking does not create the craving that it does in alcoholics of our type. Knowing that many alcoholics of our type reach their "bottom" through the aid of drugs and only later come to discover and admit to their alcoholism, I did not presume that he was non-alcoholic or that AA was not the path of recovery for him. I told him "I will help you to get started in recovery and we will begin by studying the Doctor's Opinion in the Big Book and I suggest you read that as soon as possible. I will help, but I will only help if you attend NA meetings in addition to your AA meetings. This is because there will come a time and place where you will have to take suggestions to stay sober that go against your nature- things you don't want to do- and if you are not absolutely convinced that the person giving you the suggestions has overcome the same problem you have, you will not follow the suggestions that may save your life."

That is where we parted and I did not hear from him

for a week. I had been thinking that I had run a newcomer off when I got a call from him. He said, I just wanted to let you know that I am all right. I am going to NA and have a home group that I like and am going to pick a sponsor this week. I just want to thank you for your help and I'll call once a week to let you know how it's going.

Why am I telling this story? I guess I feel that it shows real growth in my AA program. In the past, I would have been more comfortable to welcome this non-alcoholic addict and attempt to sponsor him in AA. It makes me feel better to be all-inclusive, to say all are welcome, to play the good Samaritan to one and all. I would have chosen my comfort over his welfare and the welfare of AA. My efforts to sponsor non-alcoholics in AA have always failed and I now realize that the way to be of real help is to help the non-alcoholic find the help he needs from those best equipped to give this help. Singleness of purpose not only benefits AA as a whole, but those who seek recovery for whatever problem they have. There are many fine Twelve Step programs out there whose singleness of purpose makes them best equipped to help the non-alcoholic addict, gambler, co-dependent, etc. My failure to realize this and direct these persons to the program they need is selfish and ego-rewarding, choosing what feels good to me over what is right for them. We do not have all the answers for all the problems known to man.

What we do have is an answer for one very particular problem- alcoholism as described in the Big Book, Alcoholics Anonymous. When I take a drink, I get a craving for another drink that eliminates all control over how much I drink or what I do in the process. And most importantly, knowledge of this fact will never keep me from taking the next drink. It is a progressive and fatal malady that we have come to view as a disease process involving an allergic, or abnormal, reaction to alcohol coupled with a mental obsession for more of the same.

Our program began when one alcoholic, seeking to keep himself sober, sought out another alcoholic with whom he shared his experience with this particular problem. Dr. Bob, who was only going to listen for 15

continues on page 6



On AA's Singleness of Purpose

minutes, spent over 6 hours because, as he said of Bill; "He was the first living human with whom I had ever talked who knew what he was talking about in regard to alcoholism from actual experience" Dr. Bob was then able to accept the solution because of his assurance that Bill had overcome a problem common to his own.

So it was then and is still today. Our greatest asset as recovered alcoholics is our past. Whether in a meeting, on the answering service, or one-on-one, we use our past experience with alcohol to reach the still-suffering alcoholic. It is through our stories of alcoholism that we help the alcoholic overcome his feelings of difference and isolation and accept the solution that we have to offer. As an alcoholic, I had many defenses against those who would talk to me of my drinking, but I had no defense against you when you spoke to me of your drinking. It was through hearing these stories that denial fell away and hope was born for myself and countless others like me.

I am an alcoholic. I have a drug history as long as my alcoholism, but I am not an addict. The stories I have heard of addicts, gamblers, and so on elicit sympathy from me, but do not reach that place in me of identification that I find in the story of another alcoholic- that place where I actually begin to feel the pain experienced by the speaker and relate his experience to my own. Thank God you had alcoholics speak to me of alcoholism when I came into AA. Because identification is so vital to the recovery of alcoholics like myself, I do not wish to risk weakening my effectiveness by speaking of my drug use in an AA meeting.

We alcoholics come with many "related disorders" of drugs, gambling, overeating, sex, depression, anxiety, and so on, but by choosing to join AA we have chosen a common ground on which to relate to one another- alcoholism and recovery from alcoholism. Given the diversity of people and problems in AA, the unity necessary to function as a group would be impossible and our effectiveness with newcomers diminished if we did not keep our focus on our common problem. I have to relate myself to the group as a whole for my own recovery and the recovery of those I would help. I would hate to see the day in AA where an alcoholic's chance to recover was dependent upon whether we had the "right" person with the "right" set of prob-

cont'd

lems for him that day on the answering service, Twelve Step call, and so on. I would hate to see the day when any real alcoholic finds himself unable to relate to a speaker or discussion due to too much talk of problems other than alcoholism that he does not possess. I want every alcoholic to have the chance I had to enter an AA meeting and come to realize, as I did, that "those people are like me and maybe if I do what they did it will work for me too."

I'm sorry to inform those who don't know it already, but AA is not all-inclusive, nor was it ever intended to be. We developed from a narrowing of the broad objectives of the Oxford Group to focus on helping alcoholics only. We are still strong, the Oxford Group is not. Many fine organizations have come and gone because of their inability to stick to one thing they do well. Many organizations have failed because they lacked the humility to realize their limitations. Tradition Three states "our membership ought to include all who suffer from alcoholism." Members may have as many "related disorders" or problems as they wish, but to be a member of Alcoholics Anonymous, one must have alcoholism and a desire to stop drinking.

Many fine Twelve Step programs have developed out of our program because their members new the importance of identification in recovery and sought to create a place where maximum identification, and therefore maximum recovery, was possible for their particular problem. In this day and age, anyone seeking help can find a group to deal with his particular problem. Our job is not to try to expand our program to fit all situations or persons, but to grow in effectiveness at the one simple thing that we do well. It is not always the easy path to stand on this principle, as arguments on this topic often run to extremes. I am learning that if we keep in mind that "to be helpful is our only aim," we can maintain our singleness of purpose with kindness, compassion, and tolerance. By doing so, we may see to it that Alcoholics Anonymous continues to be the single most effective treatment for alcoholism in recorded history and that all those who suffer from alcoholism may find the hand of AA when they reach out for help.

-anonymous

as taken from

<http://www.aapurpose.org/SinglePurpose.htm>



Step 7 / Tradition 7 / Concept VII

Step 7 - Humbly asked Him to remove our shortcomings.

"True humility is not an abject, despising spirit; it is but a right estimate of ourselves as God sees us."

My willingness to have my defects of character removed was bolstered by the realization that little, if any, spiritual growth was possible as long as I held on to my old ideas and defects. The words in our Big Book keep appearing before me: "Burn the idea into the consciousness of every man that he can get well, regardless of anyone. The only condition is that he trust in God and clean house." This is what Step

Seven is to me; it means I am going to clean house and I will have all the help I need. By taking this Step, I am not *giving up* anything; I am getting rid of whatever might lead me to drink again and whatever might prevent achieving real serenity. Now, with God's help and my own cooperation, via Step Seven, I can become on the individual level a first-rate power, instead of the second-rate power that I was before AA.

M.U., Brighton, Colorado

found in AA Grapevine, November 1970

Tradition 7 - Every A.A. group ought to be fully self-supporting, declining outside contributions.

Tradition 6 - The Long Form

The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

The following is a Traditions Checklist from The A.A. Grapevine. It is now official service material from GSO. These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion....

-Tradition 7 Checklist-

1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?
2. Should the Grapevine sell ad-

vertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?

3. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?

4. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?

5. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?

6. How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?

Concept VII - The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.



Sobriety Through Service



Area Business Meeting / Group Conscience List

- July 1 District 6 GSR Business Meeting 7 pm
- July 3 Intergroup Business Meeting 6:30 pm SH
- July 4 Independence Day
- July 4 Lincoln Group Conscience
- July 8 P & S Group Conscience
- July 9 Fresh Air Group Conscience
- July 10 Happy Hour Group Conscience
- July 10 Progressive Group Conscience
- July 11 Westside Group Conscience
- July 12 Group 1 Group Conscience
- July 15 PI / CPC / H&I Business Meeting 7 pm SH
- July 17 3rd Tradition Group Conscience
- July 18 Lunch Bunch Group Conscience
- July 18 Great News Group Conscience
- July 19 Coffee Break Group Conscience
- July 19 Clean & Sober Group Conscience
- July 20 Turning Point Group Conscience
- July 21 Women in Recovery Group Conscience
- July 21 Big Book Study Group Conscience

District 6 Hospitals & Institutions Liaisons

H&I Chairperson	Ken T.	757-0803
Men's Jail	Carlos	403-2603
Women's Jail	Tina D.	403-4165
Correctional Work Center	Buttons B.	251-0383
A.R.A.	Dave C.	200-1192
Hospitals (EIRMC)	Jim S.	745-0124
Bridge the Gap	Jami M.	357-8395
3 B Detention Center	*service position open*	

Please contact any of the above people if you are interested in helping to take a meeting into the local hospitals, jails or institutions, or would like to help with public information.

Questions or Concerns Regarding Serenity Hall Please Call

Rob 524-3594
Barbara 523-3256

Serenity Hall Maintenance
P. O. Box 2237
Idaho Falls, ID 83403

Send Group Contributions to:

Idaho Falls Intergroup Council
P.O. Box 3486
Idaho Falls, ID 83401-3486

District 6
P.O. Box 50443
Idaho Falls, ID 83405-0443

Idaho Area 18 Treasurer
P.O. Box 67
Kuna, ID 83634

General Service Office
Grand Central Station
P. O. Box 459
New York, NY 10164-0371

District 6 H & I
P. O. Box 50572
Idaho Falls, ID 83405

AA Literature on Hand

<i>Big Book (regular)</i>	\$ 6.00
<i>Big Book (large print)</i>	\$ 6.30
<i>Twelve Steps and Twelve Traditions (regular)</i>	\$ 6.40
<i>Twelve Steps and Twelve Traditions (large print)</i>	\$ 6.75
<i>Twelve Steps and Twelve Traditions (pocket size)</i>	\$ 4.50
<i>Daily Reflections</i>	\$ 7.25
<i>AA Comes of Age</i>	\$ 7.50
<i>Big Book (pocket size)</i>	\$ 3.50
<i>Big Book (soft cover)</i>	\$ 5.60
<i>As Bill Sees It</i>	\$ 7.00
<i>Experience, Strength, and Hope</i>	\$ 9.00
<i>Dr. Bob and the Good Oldtimers</i>	\$ 8.50

If you or your group needs AA Literature please contact Linda, our area Literature Chair at 520-5673

SERVICE WORK AVAILABLE !

AA Hotline & 12 Step Volunteers NEEDED
For more info call Ryan T. at 220-9916



JULY CALENDAR / EVENTS / BIRTHDAYS

July 2008

Tuesday, July 1st

- District 6 GSR Business Meeting, Serenity Hall 7 pm

Thursday, July 3rd

- Intergroup Business Meeting 6:30 pm Serenity Hall upstairs

Friday, July 4th

- Independence Day

Friday, July 11th

- Friday Night Speaker Meeting 7:30 pm Serenity Hall

Tuesday, July 15th

- PICPC H&I Business Meeting 7pm Serenity Hall

Monday, July 21st

- New Hope Birthdays
Gil F. 18 yrs
Viggo M. 19 yrs

Friday, July 25th

- Fresh Air Birthdays
Ron P. 1 yr
Dale M. 1 yr
Wendy G. 2 yrs
Barbara C. 3 yrs
- Lincoln Group Birthdays
Jessica B. 2 yrs
Joshua A. 2 yrs
Rose T. 4 yrs
Glen P. 4 yrs
Taffy V. 8 yrs
Jeff V. 8 yrs
Bobbie B. 13 yrs
Shane A. 22 yrs
- Westside Birthdays
Viggo M. 19 yrs
Casey L. 19 yrs

Saturday, July 26th


- Coffee Break Birthdays
Nikki R. 1 yr
Lori M. 2 yrs
Kelly M. 2 yrs
Peggy R. 5 yrs
Mat W. 5 yrs
Mike L. 11 yrs
Casey L. 19 yrs
Deon C. 32 yrs

Sunday, July 27th

- Turning Point Birthdays
Mike A. 6 yrs

Thursday, July 31st

- Meet and Eat Birthdays
Keith F. 1 yr
- Happy Hour Birthdays
Mike W. 1 yr
- 3rd Tradition Birthdays
John M. 4 yrs
Julie S. 6 yrs
Alan C. 13 yrs
Les F. 15 yrs
- Progressive Group Birthdays
Vern R. 3 yrs
Chris H. 4 yrs
Bobbie B. 13 yrs
JDW 22 yrs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3		5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

FRIDAY NIGHT SPEAKER MEETING



Friday, July 11th, 7:30 pm at Serenity Hall

Great News Group welcomes **Bill S.** from Ashton to share his experience, strength, and hope with us.

All are welcome and encouraged to attend. Please do come!

IMPORTANT NOTE !!!

Info for the newsletter should now be sent to me by email by no later than the 15th of the month. Thanks! pw

Email: troutsnfr@cablone.net

ANNOUNCEMENT:



Jack's Birthday Celebration

August 24th 12:30 pm to 5:30 pm

Kate Curley Park

10th and Emerson, Idaho Falls



34 YEARS of Sobriety !!!

Contact Frank at 524-5254 for more details.



Area AA Meeting Schedule

Sunday

- 8:30 AM Spiritual Breakfast Meeting**
Dixie's Diner Restaurant
2150 Channing Way, IF
- 9:00 AM Grapevine Group**
Serenity Hall (downstairs)
- 5:00 PM Grupo Si Podemos**
(habla Espanol) Holy Rosary Church
145 9th St., Idaho Falls (Guadalupe Room)
- 6:00 PM Good Orderly Direction**
EIRMC classrooms C & D
- 7:00 PM Turning Point Group**
Serenity Hall (upstairs)
- 7:00 PM Twelve by Twelve Meeting**
Bingham Memorial Hospital, Blackfoot
(open meeting)
- 8:00 PM Progressive Group**
Serenity Hall (downstairs)

Monday

- 11:30 AM Lunch Bunch**
Denny's Restaurant
- 6:00 PM Women in Recovery Group**
Serenity Hall (upstairs)
- 7:00 PM Shoulder to Shoulder Group**
St. Luke's Episcopal Church
270 N. Placer Ave, Idaho Falls, ID
- 7:00 PM Fresh Air Beginners Meeting**
Serenity Hall, newcomers welcome
(downstairs)
- 7:00 PM Big Book Study Meeting**
525 Cedar Street, Mackay, ID
open meeting
- 8:00 PM Lincoln Group**
Idaho Falls Friendship Club
- 8:00 PM AA Study Group (Big Book)**
Serenity Hall (upstairs)
- 8:00 PM New Hope and Inspiration**
First Evangelical Lutheran Church
Corner of Sunnyside and Rollandet, IF

Meeting/Schedule Changes

1. Meet and Eat Meeting location has changed its name to Dixie's Diner - still same place, still same good food, etc.
2. Fresh Air's Friday night meeting has been discontinued indefinitely.

Tuesday

- 7:00 AM Grapevine Group**
Serenity Hall (downstairs)
- 10:00 AM Coffee Break Group**
Serenity Hall (open meeting, downstairs)
- 11:30 AM Meet & Eat Lunch Meeting**
Dixie's Diner Restaurant
2150 Channing Way, Idaho Falls
- 5:30 PM Happy Hour Group**
Serenity Hall (upstairs)
- 6:00 PM P & S Group**
Denny's Restaurant (open meeting)
- 7:00 PM Swan Valley Tuesday Night**
Swan Valley, Chapel in the Valley
(just off Highway 26)
- 7:30 PM East Side Study Group**
Christ the King Church
1696 E. 17th Street, Idaho Falls
- 8:00 PM BHC**
2280 E. 25th, Idaho Falls

Wednesday

- 11:30 AM Step Study Meeting**
Denny's Restaurant
- 6:00 PM Clean & Sober Group**
Serenity Hall (upstairs)
- 7:00 PM Fresh Air Group**
Serenity Hall (downstairs)
- 7:30 PM The Great News**
Unitarian Church, 555 E. St., Idaho Falls
(closed Big Book Study, downstairs)
- 8:00 PM Group 1**
Serenity Hall (upstairs, open meeting)

Thursday

- 7:00 AM Grapevine Group**
Serenity Hall (downstairs)
- 10:00 AM Coffee Break Group**
Serenity Hall (open meeting, downstairs)
- 11:30 AM Meet & Eat Lunch Meeting**
Dixie's Diner Restaurant
2150 Channing Way, Idaho Falls
- 5:30 PM Happy Hour Group**
Serenity Hall (upstairs)
- 6:30 PM New Life Alumni**
Serenity Hall (downstairs)
- 7:30 PM Third Tradition Group**
Unitarian Church 555 E. St., Idaho Falls
(closed meeting, basement)
- 8:00 PM Firth Group**
First Tabernacle Assembly of God
235 Center, Firth
- 8:00 PM Progressive Group**
Serenity Hall
- 8:00 PM Lost River Group**
525 Cedar, Mackay ID.

Friday

- 11:30 AM Lunch Bunch**
Denny's Restaurant
- 5:30 PM Happy Hour Group**
Serenity Hall (upstairs)
- 7:00 PM Pass It On Group**
Bingham Memorial Hospital, Blackfoot
(open meeting)
- 7:30 PM The Great News** Serenity Hall
(open meeting, upstairs)
- 8:00 PM Westside Group**
Church of the Nazarene
1900 Grandview, IF
- 8:30 PM Lincoln Group**
Serenity Hall (downstairs)

Saturday

- 10:00 AM Coffee Break Group**
Serenity Hall (open meeting, downstairs)
- 5:30 PM Women's Meeting**
Eagle Pointe Center, Idaho Falls
- 6:00 PM Clean & Sober Group**
Serenity Hall (upstairs)
- 6:00 PM P & S Group**
Denny's Restaurant, 950 Lindsay Blvd., IF
- 8:00 PM Group 1**
Serenity Hall (upstairs, open meeting)

Meeting Locations

- **Serenity Hall**
600 South Boulevard, Idaho Falls
- **Denny's Restaurant**
950 Lindsay Blvd. Idaho Falls
- **Behavioral Health Center (BHC)**
2280 E 25th Street, Idaho Falls
- **Dixie's Diner Restaurant**
2150 Channing Way, Idaho Falls
- **Unitarian Fellowship**
555 "E" Street, Idaho Falls
- **Bingham Memorial Hospital**
98 Poplar Street, Blackfoot, ID
- **St. Luke's Episcopal Church**
270 N. Placer Ave, Idaho Falls
- **EIRMC (hospital)**
3100 Channing Way, Idaho Falls