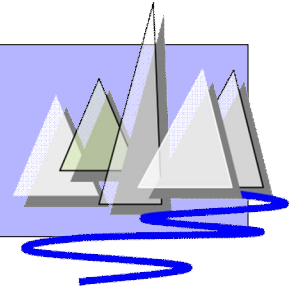


Eastern Idaho Sobriety Corner



June 2008

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**For Immediate Assistance CALL:
AA HOTLINE PHONE# 524-7729
Spanish HOTLINE PHONE# 528-2994**

***** Statement of Purpose *****

The Idaho Falls Intergroup Council of Alcoholics Anonymous exists to assist and provide services for the groups in carrying the message to the alcoholic who still suffers and to foster unity and cooperation among the Idaho Falls groups and members.

The purpose of the Idaho Falls Intergroup is (a) to safeguard the Twelve Traditions of Alcoholics Anonymous; (b) to serve the local groups; (c) to help provide unity between groups; (d) to perform any and all acts as stated in the by-laws in order to meet its purpose.

Intergroup Chairman: Mike C. 745-1510

Secretary: Cate C.

Newsletter Editor: Patrick W. 709-0913

District 6 PICPC: Marv W. 523-7957

Entertainment: Kelly B. 757-1912

Phone Service : Ryan T. 220-9916

H & I: Ken T. 757-0803

Alternate Chairman: Mike K.

Treasurer: Steve G. 520-7304

email: troutsnfr@cableone.net

email: trplg@hotmail.com

email: rymann33@yahoo.com

email:

Notes From Your Intergroup Chair ...

It was good to see at the last Intergroup meeting a number of groups represented...in fact 8 group reps were there. Thanks to all who showed up to serve their group.

Intergroup is here to serve your group and the rest of the groups in our local area. But if your group is not represented at our monthly meeting then you have given up the right and the opportunity to be a part of. If your group does not have an Intergroup rep perhaps you will ask why at the group conscience of your group.

As this area continues to grow it is more important than ever that the groups come together to help each other do together what we cannot do individually. And that is what Intergroup is all about.

I look forward to seeing you at Intergroup!

In Service,
Mike C.

Feel free to contact me by phone or email.
745-1510 stepman89@yahoo.com



Intergroup Business Meeting Notes - May

6:40 meeting called to order by Mike C.
Mark H. read the 12 Traditions

Attendance:

Scott M.	Great News
Steve G	Treasurer
Cate C.	Secretary
Dennis H.	Firth
Ryan T.	Phone Service
Mike C.	Chair
Patrick W.	Newsletter
Todd S.	Happy Hour
Don C.	Lunch Bunch
John M.	3 rd Tradition
Eric F.	Progressive
Dave C	Coffee Break
Mark H.	Westside

Old Business:

none

New Business:

none

Entertainment report:

May 24th is the picnic instead of June 21st.

Phone Service report: Ryan T.

May calendar is out. There are some new volunteers and a new list. If you can't do your day call another volunteer to cover your shift.

Newsletter Report: Patrick W.

Patrick is looking for local stories to put in the newsletter, please announce this at your meetings. Reminder anything that is to go into the newsletter such as reports, birthdays, stories etc., Must be emailed to Patrick no later than the 20th of the month. He has a group mailing for e-mail the newsletter. If you want to be on the list for a news letter email him. Area 18 website has a new webmaster. The newsletters are now on the area 18 website.

Literature Report:

none

Treasures Report: Steve G.

Prudent Reserve	\$ 191.97
Beginning Balance	\$ 481.57
Literature Sold	\$
Contributions	
<i>Lunch Bunch</i>	\$ 200.00
<i>Progressive</i>	\$ 50.00
Total Contributions	\$ 250.00
Total Expenses	\$ 130.00
<i>Qwest</i>	\$ 50.00
<i>Quick Ship & Copy</i>	\$ 80.00
<i>Literature</i>	\$
<i>Rent</i>	\$
<i>Stamps</i>	\$
Ending Balance	\$ 600.81

A Declaration of Unity

This we owe to

A.A.'s future:

To place our

common welfare

first,

To keep our

fellowship

united.

For on A.A.

unity depend

our lives,

And the lives of

those to come.



To those

now in its

fold,

Alcoholics

Anonymous

has made

the

difference

between

misery and

sobriety,

and often

the

difference

between

life and

death.



Our monthly newsletter can now
be found online at:
www.idahoarea18aa.org/main/ifalls.htm



I Want the Hand of AA Always to Be There ...

Sometime in the early 1990's I was treating a woman in an intensive outpatient chemical dependency group. Let's call her 'Grace.' Grace was a flight attendant and had been suspended from her job with a major airline due to her untreated alcoholism. She had been stealing the little miniature liquor bottles and drinking in airport bars in uniform, etc. Her employer, realizing she needed treatment sent her to us.

After the eight week program, I suggested to her it might be a good idea to solidify her foundation in recovery before returning to work as she would be working in a high-risk environment (serving alcohol, being out of town alone, etc. Grace did, however, return to work shortly after completing outpatient treatment.

One day while she was departing from a plane at the end of long day a major craving for alcohol overpowered her. There she was, in the Los Angeles International Airport pulling her roller-bag behind her when this massive craving to drink came over her. She tried to just 'think through it,' or 'just forget about it,' but it was way too powerful.

It was so powerful, in fact, that she had resigned to herself that she would just go drink. Grace thought, Oh, heck with it, I'll get another job.... or maybe no one will find out anyway. But deep down inside Grace did not want to drink. She truly had wanted to stay sober, but she was in trouble.

On her way to the bar in the airport, Grace had a moment of sanity. She stopped, picked up the airport paging phone and said, 'Will you please page friends of Bill W. , " she paused, quickly looking around for an empty gate," to come to Gate 12?'

Within minutes, over the paging system in the LA International Airport came, 'Will friends of Bill W. please come to Gate 12. Will friends of Bill W. please come to Gate 12.' Most people in recovery know that asking if you are a friend of Bill W. is an anonymous way to identify yourself as a member of AA.

In less than five minutes there were about fifteen people at that gate from all over the world. That brought tears of amazement, relief and joy to Grace. They had a little meeting there in that empty gate, total strangers prior to that moment. Grace discovered that two of those people had gotten out of their boarding lines and missed their flights to answer that call for help. They had remembered what they had seen on many walls of meeting rooms:

'When anyone, anywhere reaches out their hand for help, I want the hand of AA to be there and for that I am responsible. '

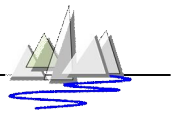
Grace did not drink that day. I would venture to guess that none of the people who came to Gate 12 drank that day either. Instead Grace had a moment of sanity, realized she could not do it on her own, took the action of asking for help and received it immediately. This help is available to all of us if we want it and sincerely ask for it. It never fails.

Anonymous

I am responsible, when anyone, anywhere reaches out for help, I want the hand of AA always to be there: and for that I am responsible.



God grant me the Serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference.



May I Always Remember

I used to sleep in my car. I parked in rest stops, near houses I knew, anywhere I might not be hassled by the police. I did not try to get a job or a place to live but I did manage to get a bottle, among other things, no matter who I had to use and hurt. Every day, day after day.

I blamed all of you for the state of my life. If you'd do the things I wanted you to I'd be OK. I sat in my car in the dark alone and drank. I thought brilliant thoughts and planned extensive plans and passed out in the back seat. In the morning another hangover pounded through my head and outside the glow of an alcohol buzz my grand plans became small again. Get the money, get a bottle. Whatever it takes.

I walked into an A.A. meeting with a week long round the clock drunk behind me. Parts of it I remembered, parts of it I could only take others word for and the possibilities of what I didn't remember sickened and alarmed me. The Big Book says "pitiful and incomprehensible demoralization" and I could relate. I didn't want to live but was afraid to die.

My desire to drink was strong and it would eventually have overpowered me like it always had but I wanted what you seemed to have and I listened. I heard things over and over like: read the big book, get a sponsor, 90 meetings in 90 days, join a home group, and stick with the winners. I did those things. I knew how to do whatever it takes only now my goal was different.

My first sponsor kept repeating, "Take a look at step one." In desperation along with the words of step one I prayed the alcoholic's prayer, with no strings attached. Please help me. I have since heard this prayer from others and though their words may be different the feeling is

the same. Surrender. The irresistible need to drink was lifted from me when I said that prayer. "We will find no enduring strength until we first admit complete defeat." That was my truth. My sponsor made me call him every day for 30 days and we met and worked the steps in order.

Life goes on without a drink. I've been a dry drunk thrashing through people's lives, wounding them and myself. Not drinking but not having a program of spiritual maintenance. I have had moments of deep abiding peace and serenity. They pass quickly, but I remember them.

After much searching I believe that God as I understood Him was too small to be a God. Today I believe that I can never fully comprehend God but that He is no less real for my limited ability to understand Him.

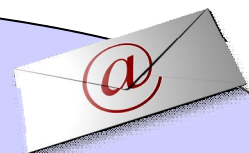
I try to be a kinder more tolerant person today than I was yesterday. I'm not sure I will ever arrive at a place where I am wholly sane, carefree, and serene. Moments of peace are few but they come when I relax and quit struggling, keep my opinions to myself, and trust that this God who is bigger than I can ever fathom has things well in hand.

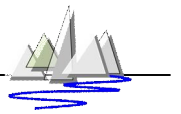
Thank God for this program. May I never get well and think I don't need it again. When I came here I thought it was just about not drinking. I didn't know it was a way to live free of fear, free from the bondage of self. Thank you all for carrying the A.A. message of hope to me. Keep doing it. Someone else out there is reaching that place where they don't want to live but are afraid to die. May I always remember.

Mike N., Idaho Falls

? Did You Know ?

You can receive this newsletter each month by email. If interested email me at troutsnfr@cableone.net or call Patrick at 709-0913 and I'll tell you how.





Why Study AA History?

Why study, or for that matter, even discuss the history of Alcoholics Anonymous? What difference would it make? How could it affect how we live and work our own individual recovery? Who cares? The history of AA can be both educational and fascinating and help in making the recovery process a fruitful one. In a quote attributed to Carl Sandburg, he summed it up when he wrote; "Whenever a civilization or society declines (or perishes) there is always one condition present - they forgot where they came from." This quote, often used by Frank M., Archivist for AA General Services gives a warning to present and future generations of AA members to "Keep It Green." The Washingtonians, The Oxford Group, and others forgot where they came from. They watered-down and made changes to their respective movements which eventually led to their demise.

AA members could take notice and begin to learn their roots. The history of AA can be both educational and fascinating and help in making the recovery process a fruitful one. Bill W. stated in 1940 that of those entering AA, 50 percent never drank again. 25 percent remained sober throughout their lives after experiencing some early difficulties and the remaining 25 percent could not be accounted for. Bill stated that 75 percent of AA members back then got well -- they recovered. Group records indicate that in Cleveland, Ohio there was a 93 percent success rate for recovery in the early 1940's. Could these astounding figures be attributed to the fact that only low-bottom alcoholics came into AA? Could they be attributed to the lack of multiple addictions? We think not. Early records indicate that though a great number of early members were considered as low-bottom, there were many who entered AA before losing everything. Both Dr. Bob and Bill had difficulties with drugs other than alcohol.

Bill struggled with these problems until his death in 1971. Why did they stay sober? The original members of AA, between 1935 and 1939 went to only one meeting per week, and that meeting wasn't an AA meeting - they were Oxford Group meetings. They got well and they recovered. Why? There was no 90-in-90 back then. It is not even mentioned in the first 164 pages of the Big Book. There were no conventions, retreats or treatment

centers, as we know them today. There weren't even the 12 Steps until 1938. Why did they stay sober, on a continuous basis until their deaths? The Big Book of Alcoholics Anonymous and the way of life described within its pages is probably the most sane way of living possible. It promises a changed life, removal of obsession, removal of fear and being "rocketed into a fourth dimension of existence of which we have not even dreamed." Were these people who wrote the book long-term members of AA? Did they have decades of recovery behind them, which gave them the wisdom to write such a "prescription for a miracle?" What they did have was a program of recovery and determination to do whatever it took to stop drinking forever. The longest term of sobriety for those who wrote this book was just over four years. The average was about eighteen months. All were relative newcomers, those who wrote and described what this writer and many others describe as the greatest spiritual movement of the 20th Century. They didn't have the benefit of daily meetings, many didn't have telephones and there were no 28-day treatment centers. What they did have was a program of recovery and determination to do whatever it took to stop drinking forever. The study of the history of AA will show you what it was that worked so many wonders, which resulted in so many miracles. Learning about where AA came from and what they did will give you an idea of what they had. Remember, "If you have decided you want what we have and are willing to go to any lengths to get it..."

It is this writer's hope and prayer that a continuing dialogue and forum be made available to study the history of AA.

Hopefully, this continuing open discussion will not only serve to strengthen your personal recovery but also begin the serve to strengthen AA as a whole. Revolving Door Recovery will eventually lead AA towards the fate of the Washingtonians and the Oxford Group. For the sake of the future generations of alcoholics, I pray that AA remain strong.

Anonymous



The Home Group - Who's Sitting Next to You?

I know who you are. You are "X" who attends the ABC Meeting at the XYZ Club where AA's meet in Anywhere, U.S.A.

I saw you there the other night at the eight o'clock meeting. I don't know how long you've been sober, but I know you've been coming around for a while because you spoke to a lot of people who knew you.

I wasn't one of them.

You don't know who I am. I wandered into your meeting place alone the other night, a stranger in a strange town. I got a cup of coffee, paid for it, and sat down by myself.

You didn't speak to me.

Oh, you saw me. You glanced my way, but you didn't recognize me, so you quickly averted your eyes and sought out a familiar face.

I sat there through the meeting.

It was okay, a slightly different format but basically the same kind of meeting as the one I go to at home.

The topic was gratitude. You and your friends spoke about how much AA means to you. You talked about the camaraderie in your meeting place.

You said how much the people there had helped you when you first came through the door - how they extended the hand of friendship to make you feel welcome, and asked you to come back.

And I wondered where they had gone, those nice people who made your entrance so welcoming and so comfortable.

You talked about how the newcomer is the life blood of AA. I agree, but I didn't say so. In fact, I didn't share in your meeting. I signed my name in the book that was passed around, but the chairperson didn't refer to it. He only called on those people in the room whom he knew.

So who am I? You don't know, because you didn't bother to find out. Although yours was a closed meeting, you didn't even ask if I belonged there.

It might have been my first meeting. I could have been full of fear and distrust, knowing AA

wouldn't work any better than anything else I'd tried, and I would have left convinced that I was right. I might have been suicidal, grasping at one last straw, hoping someone would reach out and pull me from the pit of loathing and self-pity from which, by myself, I could find no escape. I might have been a student with a tape recorder in my pocket, assigned to write a paper on how AA works - someone who shouldn't have been permitted to sit there at all but could have been directed to an open meeting to learn what I needed

to know. Or I could have been sent by the courts, wanting to know more, but afraid to ask.

It happens that I was none of the above.

I was just an ordinary drunk with a few years of sober living in AA who was traveling and was in need of a meeting.

My only problem that night was that I'd been alone with my own mind too long. I just needed to touch base with my AA family.

I know from past experience that I could have walked into your meeting place smiling, stuck out my hand to the first person I saw and said, "Hi. My name is - . I'm an alcoholic from - ."

If I'd felt like doing that, I probably would have been warmly welcomed. You would have asked me if I knew Old So-and-so from my state, or you might have shared a part of your drunkalog that occurred in my part of the country.

Why didn't I? I was hungry, lonely, and tired. The only thing missing was angry, but three out of four isn't a good place for me to be.

So I sat silently through your meeting, and when it was over I watched enviously as all of you gathered in small groups, talking to one another the same way we do in my home town.

You and some of your friends were planning a meeting after the meeting at a nearby coffee shop. By this time I had been silent too long to reach out to you. I stopped by the bulletin board

to read the notices there, kind of hanging around without being too obvious, hoping you might ask if I wanted to join you, but you didn't.

As I walked slowly across the parking lot to my car with the out-of-state license plates you looked my way again. Our eyes met briefly and I mustered a smile. Again, you looked away.

I buckled my seat belt, started the car, and drove to the motel where I was staying.

As I lay in my bed waiting for sleep to come, I made a gratitude list. You were on it, along with your friends at the meeting place. I knew that you were there for me, and that I needed you far more than you needed me. I knew that if I had needed help, and had asked for it, you would have gladly given it. But I wondered . . . what if I hadn't been able to ask?

I know who you are.

Do you remember me?

Anonymous





Step 6 / Tradition 6 / Concept VI

Step 6 - Were entirely ready to have God remove all these defects of character.

Ah, now we come to the step that “*separates the men from the boys*”, as the 12 & 12 states. I don’t know about that, but I know that the magic that is freedom under God began to happen with this step. It still amazes me that two of the most life-changing steps in our program take up two short paragraphs in the Big Book. Another absolutely amazing fact about the 6th step – it didn’t exist before Bill W. wrote it down on paper one night in 1937-38. Most of the promises listed in the 5th step started to come true in this step. When I could honestly say that I was ENTIRELY ready (not almost, not just about, not partially, but ENTIRELY ready) to have God remove ALL (not some) of these defects, I had taken step 6. Well, that was easy. Now let’s look at step 7. Oops, my sponsor had something to say, and like always he put it in the form of a question, “What are those defects of character I am entirely ready to have God remove?”

And I listed this long grocery list of defects, to which my sponsor responded, “Let’s look at four – dishonesty, selfishness, fear and resentment”. He told me that his experience had shown him that these four defects brought out all the others – selfishness most often being a cause of lust, fear almost always being a cause of anger, resentment always being a driver of being judgmental... and so on. Now, having a true list of my defects, I saw that there was no way I wanted to hang on to any of them – I became entirely ready to have God remove all these defects of character. I still am entirely ready to have God remove them – daily.

A member of A.A.® in Orange County

Text in italics re-printed from the Big Book with permission of Alcoholics Anonymous World Services, (AAWS)®

Tradition 6 - An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

Tradition 6 - The Long Form

Problems of money, property, and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to A.A. should be separately incorporated and managed, thus dividing the material from the spiritual. An A.A. group, as such, should never go into business. Secondary aids to A.A., such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups. Hence such facilities ought not to use the A.A. name.

Their management should be the sole responsibility of those people who financially support them. For clubs, A.A. managers are usually preferred. But hospitals, as well as other places of recuperation, ought to be well outside A.A.—and medically supervised. While an A.A. group may cooperate with anyone, such cooperation ought never go so far as affiliation or endorsement, actual or implied. An A.A. group can bind itself to no one.

Tradition Six Contemplation Questions:

1. Should my fellow group members and I raise money to endow several AA beds in

our local hospital?

2. Is it good for a group to lease a small building?

3. Are all the officers and members of our local club for AAs familiar with “Guidelines on Clubs” (which is available free from GSO)?

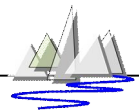
4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?

5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is requires to carry the message to them, shouldn't we have these facilities?

Concept VI - The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.



Sobriety Through Service



Area Business Meeting / Group Conscience List

- June 3 District 6 GSR Business Meeting 7 pm
- June 5 Intergroup Business Meeting 6:30 pm SH
- June 6 Lincoln Group Conscience
- June 10 P & S Group Conscience
- June 11 Fresh Air Group Conscience
- June 12 Happy Hour Group Conscience
- June 12 Progressive Group Conscience
- June 13 Westside Group Conscience
- June 14 Group 1 Group Conscience
- June 15 Turning Point Group Conscience
- June 15 Father's Day
- June 16 Women in Recovery Group Conscience
- June 16 Big Book Study Group Conscience
- June 17 PI / CPC / H&I Business Meeting 7 pm SH
- June 19 3rd Tradition Group Conscience
- June 20 Lunch Bunch Group Conscience
- June 20 Great News Group Conscience
- June 21 Coffee Break Group Conscience
- June 21 Clean & Sober Group Conscience

District 6 Hospitals & Institutions Liaisons

H&I Chairperson	Ken T.	757-0803
Men's Jail	Terry M.	552-1546
Women's Jail	Tina D.	403-4165
Correctional Work Center	Buttons B.	251-0383
A.R.A.	Dave C.	200-1192
Hospitals (EIRMC)	Jim S.	745-0124

If you are interested in helping to take meeting into the local Hospitals, Jails or institutions or would like to help with public information please contact any of the above people for information.

Questions or Concerns Regarding Serenity Hall Please Call

Rob 524-3594
Barbara 523-3256

Serenity Hall Maintenance
 P. O. Box 2237
 Idaho Falls, ID 83403

Send Group Contributions to:

Idaho Falls Intergroup Council
 P.O. Box 3486
 Idaho Falls, ID 83401-3486

District 6
 P.O. Box 50443
 Idaho Falls, ID 83405-0443

Idaho Area 18 Treasurer
 P.O. Box 67
 Kuna, ID 83634

General Service Office
 Grand Central Station
 P. O. Box 459
 New York, NY 10164-0371

District 6 H & I
 P. O. Box 50572
 Idaho Falls, ID 83405

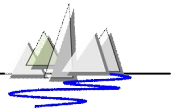
AA Literature on Hand

<i>Big Book (regular)</i>	\$ 6.00
<i>Big Book (large print)</i>	\$ 6.30
<i>Twelve Steps and Twelve Traditions (regular)</i>	\$ 6.40
<i>Twelve Steps and Twelve Traditions</i>	\$ 6.75
<i>Twelve Steps and Twelve Traditions (pocket size)</i>	\$ 4.50
<i>Daily Reflections</i>	\$ 7.25
<i>AA Comes of Age</i>	\$ 7.50
<i>Big Book (pocket size)</i>	\$ 3.50
<i>Big Book (soft cover)</i>	\$ 5.60
<i>As Bill Sees It</i>	\$ 7.00
<i>Experience, Strength, and Hope</i>	\$ 9.00
<i>Dr. Bob and the Good Oldtimers</i>	\$ 8.50

If you or your group needs AA Literature please contact Linda, our area Literature Chair at 520-5673

SERVICE WORK AVAILABLE !

AA Hotline & 12 Step Volunteers NEEDED
 For more info call Ryan T. at 220-9916



JUNE CALENDAR / EVENTS / BIRTHDAYS

June 2008

Thursday, June 5th

- Intergroup Business Meeting
6:30 pm Serenity Hall upstairs

Tuesday, June 3rd

- District 6 GSR Business Meeting, Serenity Hall 7 pm

Sunday, June 15th

- FATHER'S DAY

Tuesday, June 17th

- PICPC H&I Business Meeting
7pm Serenity Hall

Monday, June 16th

- New Hope Birthdays
Steve M. 1 yr

Wednesday, June 25th

- Fresh Air Birthdays
Carol T. 13 yrs

Thursday, June 26th

- Progressive Group Birthdays
Cody W. 2 yrs
Alice P. 3 yrs
- Meet and Eat Birthdays
Christy Mc 15 yrs
- Firth Group Birthdays
Gene M. 12 yrs

Friday, June 27th

- Great News Birthdays
Keith J. 1 yr
Ryan T. 1 yr
Eric F. 9 yrs

Saturday, June 28th

- Coffee Break
Wes E. 1 yr
John M. 3 yrs
Christy Mc. 15 yrs
Todd C. 21 yrs

Sunday, June 29th

- Turning Point
Jamie S. 1 yr

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



**ANNOUNCEMENT:
Jack's Birthday Celebration**

August 24th, Kate Curley Park, Idaho Falls



YEARS of Sobriety !!!

Contact Frank at 524-5254 for the details.

IMPORTANT NOTE !!!

Info for the newsletter should now be sent to me by email by no later than the 15th of the month. Thanks! pw

Email: troutsnfr@cableone.net



**FRIDAY NIGHT
SPEAKER MEETING**

Friday, June 13th, 7:30 pm at Serenity Hall

Great News Group welcomes Idaho Falls' own Claudia H. to share her experience, strength, and hope with us.

All are welcome and encouraged to attend. Please do come!



Area AA Meeting Schedule

Sunday

8:30 AM Spiritual Breakfast Meeting
5 & Diner Restaurant
2150 Channing Way, IF

9:00 AM Grapevine Group
Serenity Hall (downstairs)

5:00 PM Grupo Si Podemos
(habla Espanol) Holy Rosary Church
145 9th St., Idaho Falls (Guadalupe Room)

6:00 PM Good Orderly Direction
EIRMC classrooms C & D

7:00 PM Turning Point Group
Serenity Hall (upstairs)

7:00 PM Twelve by Twelve Meeting
Bingham Memorial Hospital, Blackfoot
(open meeting)

8:00 PM Progressive Group
Serenity Hall (downstairs)

Monday

11:30 AM Lunch Bunch
Denny's Restaurant

6:00 PM Women in Recovery Group
Serenity Hall (upstairs)

7:00 PM Shoulder to Shoulder Group
St. Luke's Episcopal Church
270 N. Placer Ave, Idaho Falls, ID

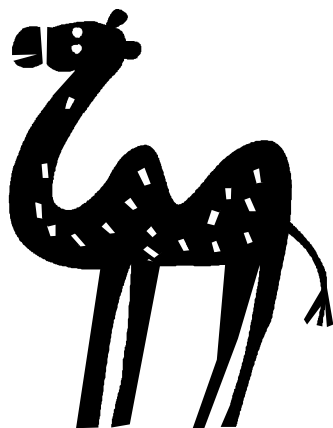
7:00 PM Fresh Air Beginners Meeting
Serenity Hall, newcomers welcome
(downstairs)

7:00 PM Big Book Study Meeting
525 Cedar Street, Mackay, ID
open meeting

8:00 PM Lincoln Group
Idaho Falls Friendship Club

8:00 PM AA Study Group (Big Book)
Serenity Hall (upstairs)

8:00 PM New Hope and Inspiration
First Evangelical Lutheran Church
Corner of Sunnyside and Rollandet, IF



Tuesday

7:00 AM Grapevine Group
Serenity Hall (downstairs)

10:00 AM Coffee Break Group
Serenity Hall (open meeting, downstairs)

11:30 AM Meet & Eat Lunch Meeting
5 & Diner Restaurant
2150 Channing Way, Idaho Falls

5:30 PM Happy Hour Group
Serenity Hall (upstairs)

6:00 PM P & S Group
Denny's Restaurant (open meeting)

7:00 PM Swan Valley Tuesday Night
Swan Valley, Chapel in the Valley
(just off Highway 26)

7:30 PM East Side Study Group
Christ the King Church
1696 E. 17th Street, Idaho Falls

8:00 PM BHC
2280 E. 25th, Idaho Falls

Wednesday

11:30 AM Step Study Meeting
Denny's Restaurant

6:00 PM Clean & Sober Group
Serenity Hall (upstairs)

7:00 PM Fresh Air Group
Serenity Hall (downstairs)

7:30 PM The Great News
Unitarian Church, 555 E. St., Idaho Falls
(closed Big Book Study, downstairs)

8:00 PM Group 1
Serenity Hall (upstairs, open meeting)

Thursday

7:00 AM Grapevine Group
Serenity Hall (downstairs)

10:00 AM Coffee Break Group
Serenity Hall (open meeting, downstairs)

11:30 AM Meet & Eat Lunch Meeting
5 & Diner Restaurant
2150 Channing Way, Idaho Falls

5:30 PM Happy Hour Group
Serenity Hall (upstairs)

6:30 PM New Life Alumni
Serenity Hall (downstairs)

7:30 PM Third Tradition Group
Unitarian Church 555 E. St., Idaho Falls
(closed meeting, basement)

8:00 PM Firth Group
First Tabernacle Assembly of God
235 Center, Firth

8:00 PM Progressive Group
Serenity Hall

8:00 PM Lost River Group
525 Cedar, Mackay ID.

Friday

11:30 AM Lunch Bunch
Denny's Restaurant

5:30 PM Happy Hour Group
Serenity Hall (upstairs)

7:00 PM Fresh Air Group
Serenity Hall (downstairs)

7:00 PM Pass It On Group
Bingham Memorial Hospital, Blackfoot
(open meeting)

7:30 PM The Great News Serenity Hall
(open meeting, upstairs)

8:00 PM Westside Group
Church of the Nazarene
1900 Grandview, IF

8:30 PM Lincoln Group
Serenity Hall (downstairs)

Saturday

10:00 AM Coffee Break Group
Serenity Hall (open meeting, downstairs)

5:30 PM Women's Meeting
Eagle Pointe Center, Idaho Falls

6:00 PM Clean & Sober Group
Serenity Hall (upstairs)

6:00 PM P & S Group
Denny's Restaurant, 950 Lindsay Blvd., IF

8:00 PM Group 1
Serenity Hall (upstairs, open meeting)

Meeting Locations

- **Serenity Hall**
600 South Boulevard, Idaho Falls
- **Denny's Restaurant**
950 Lindsay Blvd. Idaho Falls
- **Behavioral Health Center (BHC)**
2280 E 25th Street, Idaho Falls
- **5 and Diner Restaurant**
2150 Channing Way, Idaho Falls
- **Unitarian Fellowship**
555 "E" Street, Idaho Falls
- **Bingham Memorial Hospital**
98 Poplar Street, Blackfoot, ID
- **St. Luke's Episcopal Church**
270 N. Placer Ave, Idaho Falls
- **EIRMC (hospital)**
3100 Channing Way, Idaho Falls