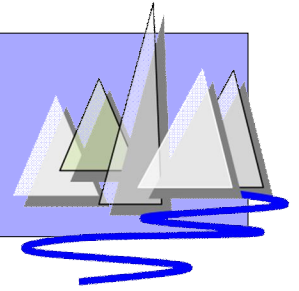


Eastern Idaho Sobriety Corner



March 2008

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**For Immediate Assistance CALL:
AA HOTLINE PHONE# 524-7729
Spanish HOTLINE PHONE# 528-2994**

***** Statement of Purpose *****

The Idaho Falls Intergroup Council of Alcoholics Anonymous exists to assist and provide services for the groups in carrying the message to the alcoholic who still suffers and to foster unity and cooperation among the Idaho Falls groups and members.

The purpose of the Idaho Falls Intergroup is (a) to safeguard the Twelve Traditions of Alcoholics Anonymous; (b) to serve the local groups; (c) to help provide unity between groups; (d) to perform any and all acts as stated in the by-laws in order to meet its purpose.

Intergroup Chairman: Mike C. 745-1510

Secretary: Cate C.

Newsletter Editor: Patrick W. 709-0913

District 6 PICPC: Marv W. 523-7957

Entertainment: Kelly B. 757-1912

Phone Service : Ryan T. 220-9916

H & I: Ken T. 757-0803

Alternate Chairman: Mike K.

Treasurer: Laurie T.

email: troutsnfr@cableone.net

email: trplg@hotmail.com

email: rymann33@yahoo.com

email:

Notes From Your Intergroup Chair ...

Thanks to all the groups that have cared to send representatives to Intergroup.

I for one am looking forward to being a part of this Intergroup and serving where I can.

I have heard this saying for years and believe it to be true "No one can do eve-

rything, but everyone can do something."

I look forward to seeing you at Intergroup!

In Service,
Mike C.

Feel free to contact me by phone or email.

745-1510 stepman89@yahoo.com



February Intergroup Business Meeting Notes

6:40 Meeting called to order by Mike C.
Dennis H. read Twelve Traditions
Secretaries report: Cate C., Minutes approved

Attendance:

Tom F.	Turning Point
Scott M.	Great News
Cate C.	Secretary
Steve G.	Treasurer
Dennis H.	Firth
Linda M.	Literature
Ryan T.	Phone Service
John B.	New hope and Inspiration
Mark H.	Westside
Kadie M.	Shoulder to shoulder
Don C.	Lunch Bunch
Mike N.	Fresh air
Mike C.	Chair
Patrick W.	Newsletter
Kelly B.	Entertainment

Old Business:

There will be a workshop with District 6 later this year.

Entertainment report: Kelly

prior balance	\$424.38
donations	\$1234.00
raffle	
Christmas Parties	(\$941.15)
balance today	\$717.25

There will be a Clean up event at Christ the King Church on Sat, February 23. The management felt that the church could have been cleaned better after the Christmas Party.
Next event will be the anniversary picnic

Phone Service report: Ryan T.

He is having a difficult time getting a hold of volunteers to fulfill their commitment and asks that if you volunteer for the hotline to please take it seriously. Please be available for your time slot and answer the phone. He got one new volunteer

Newsletter Report: Patrick W.

Patrick is looking for stories to put in the newsletter, please announce this at your meetings

There were 5-6 people who showed up for the committee meeting at Patrick's house. There were

some suggestions made and some offers to help the newsletter.
Patrick will only take things to be put in the newsletter by email by the 20th of each month.

He is also creating an email list and will post the newsletter to those interested. Contact Tom if you would like him to email your group a newsletter.
Tom F. 552-1515 to 227-6697

Literature Report: Linda M.

Receive the order of Big Books for H&I. She has pocket-sized Twelve and Twelve's for 6.25 (paperback). If you want to order a case of books she needs a check up front

New Business:

Tom F.- farmer bros coffee has coffee supplies for a good price if there is anyone interested contact him for more info.

The 2nd week in march- Turning Point is doing the back to basics workshop, Sunday evening at 6:00 at Serenity Hall.

Treasures Report: Steve G.

Prudent Reserve	\$?
Beginning Balance	\$?
Contributions	
<i>Coffee Break</i>	\$ 44.00
<i>Lunch Bunch</i>	\$ 175.00
<i>Shelley Group</i>	\$ 220.00
<i>Grapevine Group</i>	\$ 120.00
Total Contributions	\$ 130.30
Total Expenses	\$?
<i>Qwest</i>	\$ 100.43
<i>Quick Ship & Copy</i>	\$ 175.40
<i>Literature</i>	\$?
<i>Rent</i>	\$ 96.00
<i>Stamps</i>	\$ 45.00
Ending Balance	\$ 676.00

A Declaration of Unity

This we owe to

A.A.'s future:

To place our common welfare

first,

To keep our

fellowship

united.

For on A.A.

unity depend

our lives,

And the lives of

those to come.



*To those now in its fold,
Alcoholics Anonymous has made the difference between misery and sobriety, and often the difference between life and death.*



February District 6 GSR Business Meeting Notes

Meeting opened at 7:00 with Les as Chair
Reading of the 12 Traditions

Meeting Minutes not available from Julie but Lauri read her own Minutes
Mike C. = Motion to accept; James 2nd Motion carried=Minutes accepted

Treasures Report: Joe M= New Treasurer. All information given to new treasurer and bank signature cards will be signed by the end of the month.

Questions from group about:
Tax ID # and how long financial records must be kept for a 501.C3 Corporation;
What to do with old Treasurers Reports (keep 2 years and put the rest in the GSR locker.)
Ken moved to ask treasurer to get answers. Lauri 2nd. Joe M. will investigate and report back next month.
Ken Motion to accept Report James 2nd Motioned carried=Report accepted

Roll Call: Lauri suggested that a Roll Call be done at District meetings in addition to sign in. Mike C. Motion to accept three 2nd's Motion carried=Verbal Roll Call

Names:

Les F. ,

Morgan S. = New hope Nelly B. = Entertainment Lauri=Third Trad
Sheri G. =Fresh air Marvin W. =CPC/PI Tim W. = Turning Point
Wade H. =Alt. DCM Allen W. =Firth Corkey R. =Lunch Bunch
Ken T. =Dist. H&I Gary O. =Westside Mike C. =Great News
Joe M. = Dist 6 Treasurer James B. Shoulder to Shoulder

CPC/PI: Marv says only one active representative. They will get letters out to various community service groups (DARE MADD, etc...) H&I and CPC/PI workshop is Feb. 16th @ Serenity Hall

H&I: Ken said all is up and running at Men's and Women's jail, BHC,EIRMC,ARA,3B, Mountain View. Ken will get written description of what H&I and CPC/PI do to all the groups.

12th Step Spiritual Awakening Assembly in Ontario, OR

Request for 3-4 speakers to be on various panels (if you are going)

Get names to Les by March Dist. 6 Meeting. April 15th-Flyer from Boise for Spring Assembly

Budget: Les passed out copies of the Budget. Fiscal year ends June, 08.
Finance Committee will meet and do an audit, with results do in May, 08.

New Addresses:

Area 18 Treasurer Barry S. Be sure to put on Check:
POBox 67 District 6 and Group Name
Kuna, ID 83634

New Website organizer is willing to take any articles, forms or other AA related business

Area Business Meeting, March 16th, Twin Falls. All GSR's welcome

New Business

Great News is holding a **Workshop on Sponsorship** April 5th. Does District 6 want to be involved? Marv pointed out that if District 6 is involved that it has to then become a District 6 Sponsored event, and District 6 must then recruit Great News to help, Other Groups would be encouraged to help. Marv Motion to accept Lauri 2nd Motion carried=**Sponsorship Workshop on April 5th is now a District 6 sponsored event.**

Grapevine-needs a new representative for this District. See Les for applications

District 6 needs an **ARCHIVIST** to keep collective history of District, flyers, files, etc...
Ask for volunteers at groups.

Mike C. moved to close at 8:00 2nd and Passed Closed with Serenity Prayer.

*I am
responsible,
when anyone,
anywhere
reaches out for
help, I want the
hand of AA
always to be
there: and for
that I am
responsible.*



*God grant me
the Serenity
to accept the
things I cannot
change,
Courage to
change the
things I can,
and Wisdom
to know the
difference.*



A Disease of the Mind

“The main problem of the alcoholic centers in his mind, rather than in his body.” *Alcoholics Anonymous*, p. 23. When the Big Book tells me things like this, I have learned to pay attention, to give it some thought, so that I understand it and can put this knowledge to good use. By good use, I mean staying sober and helping others. As a result of this information, I have come to accept that my disease is centered in my mind. But what does that mean in practical terms? I will share what it means for me. Like everything in AA, much of what I am able to share I learned from others in the program who came before me.

I have the disease of alcoholism. If I take certain steps and follow the directions in the Big Book, I will stay sober. If I don't continue to take these steps and continue to follow these directions, I won't stay sober, at least not for long.

To me, the fact that my disease is centered in my mind means that my mind is where my disease lives and how it attacks me. Thus, I have to be wary of what my mind tells me, and I have to avoid spending too much time alone there. For example, if my mind tells me I'm too busy or too tired to go to a meeting, I know I'm getting bad advice, and I know it is coming from my disease. My disease is appealing to my laziness and my tendency to isolate. It is also feeding my ego: I've worked hard, I have a lot of commitments, I'm entitled to just sit and relax. Likewise, when my mind tells me my program is strong enough that one meeting a week is all I need, I know this is bad advice too and it is inflating my ego. I know it is bad advice because I have learned that if I let my mind run free for a week, without the help and guidance I receive through active participation in the fellowship of Alcoholics Anonymous, I have more troubles than I would otherwise, I don't make progress in spiritual growth, and I'm probably taking a small step toward leaving the program. After my mind convinces me to cut back my participation in AA to once a week, its next move will be to convince me that I'm okay to go just once a month, then once a year (maybe for my birthday chip), to I don't need meetings anymore. And that's assuming that I could stay sober long enough to drop down to one meeting a month or one meeting a year. I don't think I could.

Like the issue of meetings, my disease also likes to tell me that I don't need to call my sponsor or a friend in the program because I know how to work this program and I don't need help. At the same time, my disease preys on my ego.

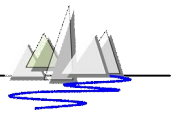
It tells me how embarrassed I'd be to tell my sponsor or other friend in the program that I'm having trouble and what's going on. Again, very bad advice generated in my own head by my disease. My disease wants to cut me off from others. It wants to get me alone and keep me alone. It can take me down if I don't have the strength of the fellowship with me.

My disease also likes to tell me I'm perfectly justified in being angry at others for what they did today, and I certainly don't owe anyone an apology for lashing out at them. My disease tells me I'm frustrated, disappointed, and afraid, and there's nothing I can do about it. It whispers things that make me restless, irritable, and discontented. It works hard to build these thoughts and feelings in me and make them stronger. At the same time, my disease works hard to talk me out of taking the actions outlined in the Big Book that will relieve my torment. It doesn't want me to use the Steps to identify my self-will in action, to acknowledge the consequences of my self-will, and take the actions I need to clean house and make amends. It tells me I don't have time, it isn't necessary, it won't work, it doesn't matter, I'm fine.

Worst of all, my disease wants to cut me off from God. It tells me I'm too busy for morning prayer and meditation. It fools me into thinking that my will is God's will. Then, when my will doesn't come true or work out the way I want it to, my disease tells me God hasn't been fair with me, especially given how hard I've been working the program. It tells me that I can't trust God, that He doesn't care about me, and won't look out for me. It hopes that all of these thoughts and feelings will become so strong, and that I won't do what the Big Book tells me to do to deal with them, so that in the end the right answer for me, the only answer, will be to drink.

If I remember that my disease is centered in my mind, I will remember not to spend too much time in my head alone. I will remember to test what my mind is telling me against the directions in the Big Book and what I have learned in the program. I will remember to share my thinking with another alcoholic who is active in the program. Another alcoholic will help me recognize wrong thinking and refer me to the right Steps and directions in the Big Book that will put me back on the right path.

Steve B., Idaho Falls



The Little Things

They can make the biggest difference.

Those original AAs would drive a wet drunk to Cleveland, providing booze if necessary to get him checked into a hospital. Now I hope I have that attitude when it comes to Twelfth Step work.

"We don't get the opportunity to work with new people like we used to, what with the treatment centers and court-ordered folks."

"Seems like I never get Twelfth Step calls from Central Office anymore."

These are laments that I hear regularly at AA meetings.

I wonder why we are prone to dream about grandiose actions when the simple tasks that need doing are right at our feet, yet often overlooked. When I was new to the program, I made so many phone calls that weren't returned that I thought AA members subscribed to a discount phone service that only accepted incoming calls. Why weren't my pleas for help getting answered when I had been told at meetings to pick up the phone and ask for help? These were not isolated experiences.

Returning each phone call promptly and taking time to accept the new person's call is a good starting point. Regularly

attending meetings, and taking a moment to spot the newcomer and give him or her a kind word and my phone number, are not as dramatic as carrying a drunk on my back through a snowstorm to a treatment center, but they will suffice for today.

Participating in my group conscience meeting on a regular basis will do until I am called on by the United Nations to explain the disease of alcoholism. Today I make sure that my home group has current meeting directories and plenty of AA literature, until God speaks to me from a burning bush. I will try to be satisfied with learning about general service work and explaining its importance to my group, until, of course, I am asked to sell all my worldly belongings to purchase Big Books and personally deliver them to third-world nations.

I'm still a work in progress, because I have been guilty of each transgression I mentioned here. Each day I need to be reminded to take care of the little jobs that my Higher Power hands me, so that I can do his will. Maybe one day, I will realize that the little things are really the biggest things of all.

Jim B.
Toledo, Ohio

AA GRAPEVINE, August 2007

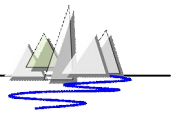
TURNING POINT GROUP PRESENTS: "BACK TO BASICS"

A FOUR WEEK STRUCTURED STEP STUDY

GROUP MEMBERS WILL BE AVAILABLE TO SPONSOR THOSE WHO ATTEND.

WE WILL BE MEETING DOWNSTAIRS IN SERENITY HALL AT 6PM

**DATES ARE:
SUNDAY MARCH 23RD
SUNDAY MARCH 30TH
SUNDAY APRIL 6TH
SUNDAY APRIL 13TH**



Spiritual Experience

The terms “spiritual experience” and “spiritual awakening” are used many times in this book. Which, upon careful reading, shows that the personality change sufficient to bring about recovery from alcoholism has manifested itself among us in many different forms.

Yet it is true that our first printing gave many readers the impression that these personality changes, or religious experiences, must be in the nature of sudden and spectacular upheavals. Happily for everyone, this conclusion is erroneous. In the first few chapters a number of sudden revolutionary changes are described. Though it was not our intention to create such an impression, many alcoholics have nevertheless concluded that in order to recover they must acquire an immediate and overwhelming “God-consciousness” followed at once by a vast change in feeling and outlook.

Among our rapidly growing membership of thousands of alcoholics such transformations, though frequent, are by no means the rule. Most of our experiences are what the psychologist William James calls the “educational variety” because they develop slowly over a period of time. Quite often friends of the newcomer are aware of the difference long before he is himself. He finally realizes that he has undergone a profound alteration in his reaction to life; that such a change could hardly have been brought about by himself alone. What often takes place in a few months could seldom have been accomplished by years of self discipline. With few exceptions our members find that they have tapped an unsuspected inner resource which they presently identify with their own conception of a Power greater than themselves.

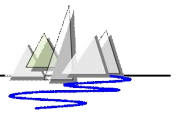
Most of us think this awareness of a Power greater than ourselves is the essence of spiritual experience. Our more religious members call it “God-consciousness.”

Most emphatically we wish to say that any alcoholic capable of honestly facing his problems in the light of our experience can recover, provided he does not close his mind to all spiritual concepts. He can only be defeated by an attitude of intolerance or belligerent denial.

We find that no one need have difficulty with the spirituality of the program. Willingness, honesty and open mindedness are the essentials of recovery. But these are indispensable.

“There is a principle which is a bar against all information, which is proof against all arguments and which cannot fail to keep a man in everlasting ignorance—that principle is contempt prior to investigation.”

HERBERT SPENCER



Step 3 / Tradition 3 / Concept III

Step 3 - Made a decision to turn our will and our lives over to the care of God as we understood Him.

For me it is helpful to look at what most AA members call the Third Step Prayer line by line, so I know exactly what I am doing and saying when I recite it with another who understands.

“God, I offer myself to Thee – to build with me and to do with me as Thou wilt.” I am offering myself to the Higher Power of my understanding because I have seen the hopelessness and futility of my life as I have run it without His help.

“Relieve me of the bondage of self, that I may better do Thy will.” In this line I am asking Him to do what I cannot do, free myself from what I have placed myself in...bondage. And I am asking this not so I can feel better

(that will be a byproduct of spiritual living), but so that I can do as He directs me instead of being driven by fear.

“Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life.” Once again I see that I am not asking for myself, but so that my life will be more helpful in carrying His message to others.

“May I do Thy will always!” This helps me remember that this prayer is to go with me constantly as I join those in the Fellowship of the Spirit, living life as He has intended for me...sober and moving on with the next Step.

Mike C., Rigby, ID

Tradition 3 - The only requirement for A.A. membership is a desire to stop drinking.

Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation.

Tradition 3 - Long Form

“Why did A.A. finally drop all its membership regulations? Why did it leave to each newcomer to decide for himself whether he was an alcoholic and whether he should join us? Why did we dare to say, contrary to the experience of society and government everywhere, that we would neither punish nor deprive any A.A. of membership, that we must never compel anyone to pay anything, believe anything, or conform to anything?”

The answer, now seen in Tradition Three,

was simplicity itself. At last experience taught us that to take away any alcoholic’s full chance was sometimes to pronounce his death sentence, and often to condemn him to endless misery. Who dared to be judge, jury, and executioner of his own sick brother?”

Twelve Steps and Twelve Traditions page 141

Concept III - To insure effective leadership, we should endow each element of A.A. - the Conference, the General Service Board and its service corporations, staffs, committees, and executives - with a traditional "Right of Decision".



Sobriety Through Service



Area Business Meeting / Group Conscience List

- March 4 District 6 GSR Business Meeting 7 pm
- March 6 Intergroup Business Meeting 6:30 pm SH
- March 7 Lincoln Group Conscience ???
- March 8 Group 1 Group Conscience
- March 11 P & S Group Conscience
- March 12 Fresh Air Group Conscience
- March 13 Progressive Group Conscience
- March 13 Happy Hour Group Conscience
- March 14 Westside Group Conscience
- March 15 Coffee Break Group Conscience
- March 15 Clean & Sober Group Conscience
- March 16 Turning Point Group Conscience
- March 17 Women in Recovery Group Conscience
- March 17 Big Book Study Group Conscience
- March 18 PI / CPC / H&I Business Meeting 7 pm SH
- March 20 3rd Tradition Group Conscience
- March 21 Great News Group Conscience

Send Group Contributions to:

Idaho Falls Intergroup Council
P.O. Box 3486
Idaho Falls, ID 83401-3486

District 6
P.O. Box 50443
Idaho Falls, ID 83405-0443

Idaho Area 18 Treasurer
P.O. Box 67
Kuna, ID 83634

General Service Office
Grand Central Station
P. O. Box 459
New York, NY 10164-0371

District 6 H & I
P. O. Box 50572
Idaho Falls, ID 83405

District 6 Hospitals & Institutions Liaisons

H&I Chairperson	Ken T.	757-0803
Men's Jail	Terry M.	552-1546
Women's Jail	Tina D.	403-4165
Correctional Work Center	Buttons B.	251-0383
A.R.A.	Dave C.	200-1192
Hospitals (EIRMC)	Jim S.	745-0124

If you are interested in helping to take meeting into the local Hospitals, Jails or institutions or would like to help with public information please contact any of the above people for information.

AA Literature on Hand

<i>Big Book (regular)</i>	\$ 6.00
<i>Big Book (large print)</i>	\$ 6.30
<i>Twelve Steps and Twelve Traditions (regular)</i>	\$ 6.40
<i>Twelve Steps and Twelve Traditions (large print)</i>	\$ 6.75
<i>Twelve Steps and Twelve Traditions (pocket size)</i>	\$?
<i>Daily Reflections</i>	\$ 7.25
<i>AA Comes of Age</i>	\$ 7.50
<i>Big Book (pocket size)</i>	\$ 3.50
<i>Big Book (soft cover)</i>	\$ 5.60
<i>As Bill Sees It</i>	\$ 6.00

If you or your group needs AA Literature please contact Linda, our area Literature Chair at 520-5673

SERVICE WORK AVAILABLE !
AA Hotline & 12 Step Volunteers NEEDED
For more info call Ryan T. at 220-9916

Questions or Concerns Regarding

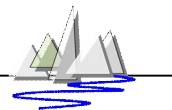
Serenity Hall Please Call

Rob 524-3594

Barbara 523-3256

Serenity Hall Maintenance

P. O. Box 2237
Idaho Falls, ID 83403



March CALENDAR / EVENTS / BIRTHDAYS

March 2008

Tuesday, March 4th

- District 6 GSR Business Meeting, 7 pm Serenity Hall downstairs

Thursday, March 6th

- Intergroup Business Meeting 6:30 pm Serenity Hall upstairs

Friday, March 14th

- Friday Night Speaker Meeting Serenity Hall, 7:30 pm

Monday, March 17th

- New Hope & Inspiration Birthdays
Julie S. 6 yrs
Les C. 29 yrs
- St. Patrick's Day

Tuesday, March 18th

- PICPC H&I Business Meeting 7pm Serenity Hall

Sunday, March 23rd

- Back to Basics Step Study see flyer on page 5 for info.
- Easter Sunday

Thursday, March 27th

- Progressive Group Birthdays
Noela 1 yr
Monica K. 2 yrs
Terri S. 3 yrs
John S. 3 yrs
Steve A. 8 yrs

Friday, March 28th

- Lunch Bunch Birthdays
Clint G. 2 yrs
Melissa F. 9 yrs
Ed G. 21 yrs
- Westside Birthdays
Debbie M. 18 yrs
Kerry B. 28 yrs
Bill H. 35 yrs
Bill D. 39 yrs
- Lincoln Group Birthdays
Venita P. 2 yrs
Sandra T. 3 yrs
Todd M. 13 yrs
Larry M. 23 yrs
Kent R. 30 yrs
Van L. 34 yrs

Saturday, March 29th

- Coffee Break Birthdays
Mike E. 2 yrs
Bill H. 2 yrs
Brian D. 3 yrs
Elizabeth H. 4 yrs
Todd M. 13 yrs
Cathy M. 13 yrs
Sherr L. 13 yrs

Sunday, March 30th

- Turning Point Birthdays
April S. 6 yrs
- Back to Basics Step Study see flyer on page 5 for info.

Monday, March 31st

- Big Book Birthdays
Todd M. 13 yrs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16		18	19	20	21	22
	24	25	26	27	28	29
30	31					



**FRIDAY NIGHT
SPEAKER MEETING**

**Friday, March 14th
7:30 pm at Serenity Hall**

Great News Group welcomes Annie D. from Pocatello to share her experience, strength, and hope with us.

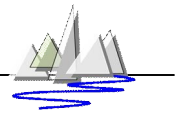
All are welcome and encouraged to attend. Please do come!

Sponsorship Workshop
Saturday April 5th 10AM – 1PM
Serenity Hall

Sharing of AA members who have had experience with sponsorship, along with a question and answer time is planned. Coffee and donuts will be provided by the Great News Group of Idaho Falls.

If you are interested in sponsorship (either as a sponsor or if you are looking for a sponsor) then you may want to make plans to attend this workshop.

Sponsored by District 6 in cooperation with the Great News Group.



Area AA Meeting Schedule

Sunday

8:30 AM Spiritual Breakfast Meeting
5 & Diner Restaurant
2150 Channing Way, IF

9:00 AM Grapevine Group
Serenity Hall (downstairs)

5:00 PM Grupo Si Podemos
(habla Espanol) Holy Rosary Church
145 9th St., Idaho Falls (Guadalupe Room)

7:00 PM Turning Point Group
Serenity Hall (upstairs)

7:00 PM Twelve by Twelve Meeting
Bingham Memorial Hospital, Blackfoot
(open meeting)

8:00 PM Progressive Group
Serenity Hall (downstairs)

Monday

11:30 AM Lunch Bunch
Denny's Restaurant

6:00 PM Women in Recovery Group
Serenity Hall (upstairs)

7:00 PM Shoulder to Shoulder Group
St. Luke's Episcopal Church
270 N. Placer Ave, Idaho Falls, ID

7:00 PM Fresh Air Beginners Meeting
Serenity Hall, newcomers welcome
(downstairs)

7:00 PM Big Book Study Meeting
525 Cedar Street, Mackay, ID
open meeting

8:00 PM Lincoln Group
Idaho Falls Friendship Club

8:00 PM AA Study Group (Big Book)
Serenity Hall (upstairs)

8:00 PM New Hope and Inspiration
First Evangelical Lutheran Church
Corner of Sunnyside and Rollandet, IF

Tuesday

7:00 AM Grapevine Group
Serenity Hall (downstairs)

10:00 AM Coffee Break Group
Serenity Hall (open meeting, downstairs)

11:30 AM Meet & Eat Lunch Meeting
5 & Diner Restaurant
2150 Channing Way, Idaho Falls

5:30 PM Happy Hour Group
Serenity Hall (upstairs)

6:00 PM P & S Group
Denny's Restaurant (open meeting)

7:00 PM Swan Valley Tuesday Night
Swan Valley, Chapel in the Valley
(just off Highway 26)

7:30 PM East Side Study Group
Christ the King Church
1696 E. 17th Street, Idaho Falls

8:00 PM BHC
2280 E. 25th, Idaho Falls

Wednesday

11:30 AM Step Study Meeting
Denny's Restaurant

6:00 PM Clean & Sober Group
Serenity Hall (upstairs)

7:00 PM Fresh Air Group
Serenity Hall (downstairs)

7:30 PM The Great News
Unitarian Church, 555 E. St., Idaho Falls
(closed Big Book Study, downstairs)

8:00 PM Group 1
Serenity Hall (upstairs, open meeting)

Thursday

7:00 AM Grapevine Group
Serenity Hall (downstairs)

10:00 AM Coffee Break Group
Serenity Hall (open meeting, downstairs)

11:30 AM Meet & Eat Lunch Meeting
5 & Diner Restaurant
2150 Channing Way, Idaho Falls

5:30 PM Happy Hour Group
Serenity Hall (upstairs)

6:30 PM New Life Alumni
Serenity Hall (downstairs)

7:30 PM Third Tradition Group
Unitarian Church 555 E. St., Idaho Falls
(closed meeting, basement)

8:00 PM Firth Group
First Tabernacle Assembly of God
235 Center, Firth

8:00 PM Progressive Group
Serenity Hall

8:00 PM Lost River Group
525 Cedar, Mackay ID.

Friday

11:30 AM Lunch Bunch
Denny's Restaurant

5:30 PM Happy Hour Group
Serenity Hall (upstairs)

7:00 PM Fresh Air Group
Serenity Hall (downstairs)

7:00 PM Pass It On Group
Bingham Memorial Hospital, Blackfoot
(open meeting)

7:30 PM The Great News Serenity Hall
(open meeting, upstairs)

8:00 PM Westside Group
Church of the Nazarene
1900 Grandview, IF

8:30 PM Lincoln Group
Serenity Hall (downstairs)

Saturday

10:00 AM Coffee Break Group
Serenity Hall (open meeting, downstairs)

5:30 PM Women's Meeting
Eagle Pointe Center, Idaho Falls

6:00 PM Clean & Sober Group
Serenity Hall (upstairs)

6:00 PM P & S Group
Denny's Restaurant, 950 Lindsay Blvd., IF

8:00 PM Group 1
Serenity Hall (upstairs, open meeting)

Meeting Locations

- **Serenity Hall**
600 South Boulevard, Idaho Falls
- **Friendship Club**
1747 North Yellowstone, Idaho Falls
(Old Fred Meyer Bldg.) 524-3711
- **Denny's Restaurant**
950 Lindsay Blvd. Idaho Falls
- **Behavioral Health Center (BHC)**
2280 E 25th Street, Idaho Falls
- **5 and Diner Restaurant**
2150 Channing Way, Idaho Falls
- **Unitarian Fellowship**
555 "E" Street, Idaho Falls
- **Bingham Memorial Hospital**
98 Poplar Street, Blackfoot, ID
- **St. Luke's Episcopal Church**
270 N. Placer Ave, Idaho Falls