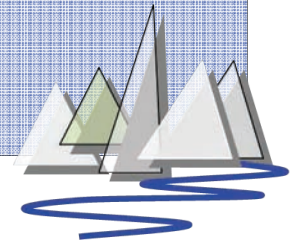


Eastern Idaho Sobriety Corner



2009

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For Immediate Assistance CALL:

AA HOTLINE PHONE: 524-7729

Spanish HOTLINE PHONE: 528-2994

***** Statement of Purpose *****

The Idaho Falls Intergroup Council of Alcoholics Anonymous exists to assist and provide services for the groups in carrying the message to the alcoholic who still suffers and to foster unity and cooperation among the Idaho Falls groups and members.

The purpose of the Idaho Falls Intergroup is (a) to safeguard the Twelve Traditions of Alcoholics Anonymous; (b) to serve the local groups; (c) to help provide unity between groups; (d) to perform any and all acts as stated in the by-laws in order to meet its purpose.

Intergroup Chairman: Don C. 681-4196
Alternate Chairman: John M. 521-8827
Secretary: Sharon M. 604-2212
Treasurer: Steve G. 520-7304
District 6 PICPC: Marv W. 523-7957
Entertainment: Kelly B. 757-1912
Phone Service: Ryan T. 220-9916
H & I: Ken T. 757-0803
Newsletter Editor: Steve B. 524-9051
Literature Linda M. 520-5673

email: jtiger@cableone.net

email: sharonm@ida.net

email: trplg@hotmail.com

email: rymann33@yahoo.com

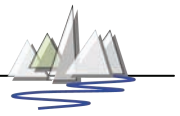
email: s_trapper@q.com

AA Literature on Hand	
<i>Big Book (regular)</i>	\$ 6.00
<i>Big Book (large print)</i>	\$ 6.30
<i>Twelve Steps and Twelve Traditions (regular)</i>	\$ 6.40
<i>Twelve Steps and Twelve Traditions (large print)</i>	\$ 6.75
<i>Twelve Steps and Twelve Traditions (pocket size)</i>	\$ 4.50
<i>Daily Reflections</i>	\$ 7.25
<i>AA Comes of Age</i>	\$ 7.50
<i>Big Book (pocket size)</i>	\$ 3.50
<i>Big Book (soft cover)</i>	\$ 5.60
<i>As Bill Sees It</i>	\$ 7.00
<i>Experience, Strength, and Hope</i>	\$ 9.00
<i>Dr. Bob and the Good Old-timers</i>	\$ 8.50
If you or your group needs AA Literature please contact Linda M., our area Literature Chair at 520-5673	

Please submit all Birthdays, Events, News, Stories, Letters, etc., to s_trapper@q.com by the 15th of each month.

For Birthdays, please be sure to include the date of the meeting that Birthdays will be celebrated.

Thanks. Steve B.



INTERGROUP MEETING NOTES: February 2009

Intergroup Secretary's Report 2-5-09

6:40 Meeting called to order by Don C., Chair
Don C. read the Intergroup purpose statement.
Steve G. read the Twelve Traditions

Attendance:

Don C.	Chair
Sharon M.	Secretary
Scott M.	Great News Group
Frank R.	Meet and Eat
John B.	New Hope and Inspiration
Mark H.	Westside
Delbert S.	Heritage Group
Connie O.	Coffee Break
Ryan T.	AA Hotline
Steve G.	Treasurer
Dennis H.	Firth Group
Linda M.	Literature
Tom F.	Turning Point
John G.	Just Stay
Robb W.	Just Stay

Old Business: None

Treasures Report:

Prudent Reserve	\$192.13
Beginning balance:	\$903.65
Donations:	
Dixies Diner	\$ 60.00
The Great News Group	\$ 5.00
Third Tradition	\$106.25
AA Lunch Bunch	\$200.00
Lincoln Group	\$ 5.00
Bills Paid:	
Quick Ship n Copy (last month)	\$ 80.00
Falls Printing	\$ 47.70
Ending balance in bank as of 2-4-09:	\$987.25

Entertainment Report: By John G. A Valentines Dance will be held on Saturday Feb. 14 from 6-10, at 1575 N. Skyline (the old armory). \$5.00/couple or \$3.00/single. Punch and Coffee furnished. Please bring potluck snacks. Volunteers needed to decorate at 5:00. Speaker Henry H. from 6-7, and dance with band (same one as Christmas Party) from, 7-10.

A Spring Dance is also being planned. The entertainment committee is thinking about doing a monthly activity. Stay tuned!

Phone Service Report: Ryan T. is working on setting up a volunteer orientation meeting, for new or existing volunteers, possibly April 5th. Donations are needed to buy stamps to send out volunteer lists. As always more volunteers are needed. (must have 1 year or more of sobriety).

Newsletter Report: Scott M. for Steve B. Articles are welcome. A member has arranged for Falls Printing to print the newsletter at substantially reduced cost.

Literature Report: Linda M. Book sales are up. Over the last year, she has turned in \$1800 for sales. Orders are always over \$250 so there are no shipping costs. Lots of special orders.

New Business: Steve G. suggested moving Intergroup meeting to 7:00 pm so 5:30 meeting would not feel rushed to leave. It was discussed and decided to leave the meeting at 6:30 but to have the meeting downstairs at Serenity Hall.

Ryan T. mentioned that a volunteer is needed to update the schedule. Would involve taking the information off the internet and putting it on a meeting schedule form.

Next month's meeting will be March 5th at 6:30 pm at Serenity Hall DOWNSTAIRS.

A Declaration of Unity

This we owe to

A.A.'s future:

To place our common welfare

first,

To keep our fellowship

united.

For on A.A.

unity depend

our lives,



*To those now in its fold,
Alcoholics Anonymous has made the difference between misery and sobriety, and often the difference between life and death.*

2009 GENERAL SERVICE PRE-CONFERENCE WORKSHOP!!

Sunday April 5th, 2009 from 10:30AM to 3:00PM

Serenity Hall

600 S. Blvd., Idaho Falls, ID

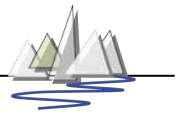
Carry the A.A. Message back to the General Service Conference in New York by sharing the Idaho Area 18 group conscience at our Pre-Conference Workshop.

Hosted by groups from District 1, 6, 7, and 12.

Plan to attend and meet your Idaho Area Committee and see how the AA message is carried around the world.

Any questions or to get involved

Call Wade H. 208-520-5035



A.A. WOMEN'S RETREAT

Miracles Happen -- Welcome to Recovery Island

21st Annual Women in Recovery — Lava Hot Springs Retreat
April 24, 25, and 26, 2009.

Check in begins at 5:00 p.m., April 24 at the Senior Center. We hope to see you there!!!

Watch for fliers in your home group or find them on the Area 18 website.

Early registration is \$45 before March 15, and \$55 after March 15.

If you have any questions you can contact Joanna T. at (208) 354-0105 or Michele W., Program Chair at (208) 709-1053 mwaatti@gmail.com

Please make checks payable to "Women in Recovery" or "WRLHSR" and mail to: Jennifer at P.O. Box 7952, Jackson, WY 83002.

I am responsible, when anyone, anywhere reaches out for help, I want the hand of AA always to be there: and for that I am responsible.



AA DISTRICT 6 MEETING NOTES: Feb. 3, 2009

Meeting called to order: 7 pm by Les F.

Attendees: Wade H. Alt. DCM, Tim W. Turning Point, Les F. DCM, Mike C. Great News, Brian M. Guest, Morgan New Hope & Inspiration, Laurie T. 3rd Tradition, Kadie M. Shoulder to Shoulder, Sherri G. Fresh Air, Alan W. Firth Group, Robert Guest, Greg R. Beginners Group, Gary O. Westside, Hal T. Secretary

Twelve Traditions: Read by Tim W.

Minutes From Last Month: Accepted.

New Business:

The archives are looking for literature.
Grapevine subscriptions have gone down, and they are always looking for new subscribers and submissions.
Steve B. is looking for material for the newsletter.

General Services Conference: There will be a preconference workshop on Sunday April 15, 2009. GSRs please try to attend.

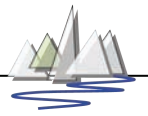
There will be a Friday night round table meeting on May 22 at Serenity Hall regarding the Ad Hoc Committee survey. All are welcome.

Area Assembly: Area 18 Assembly will be held at the Idaho Falls Shilo Inn, May 22-24, 2009.

CPC/PI Report: The Chamber of Commerce is looking for a speaker from our organization. See Marv.

H&I Report: Ken T.:
Balance is \$133.00 Current commitments are solid and going well. The Haven shelter needs a female liaison. Harbor House needs a male and female liaison. Bridge the Gap is looking for volunteers who can provide rides to meetings and/or correspond with incarcerated alcoholics. See Ken T.

God grant me the Serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference.



Step 3 / Tradition 3 / Concept III

Step 3 - Made a decision to turn our will and our lives over to the care of God *as we understood Him.*

My experience with the Third Step of Alcoholics Anonymous shows me that it is way more than just a decision . . . at least the way I used to think of decisions. Let's look at the way the prayer is written in our basic text:

"God, I offer myself to Thee — to build with me and do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always!"

I find it helpful to look at each line of the prayer individually, so I can better understand what our founders meant for us to do if we are to recover from alcoholism as they did.

First of all I start off by offering myself to my concept of God so that He can do with me as He wishes. This reaffirms the First Step . . . if I had the power to better my life on my own, then I certainly would not be offering my life to Him. Surrender, surrender, surrender.

I then acknowledge what my real problem is . . . the bondage of self that I cannot do much about without His Power. And I am asking for the removal of self only so I can better do His will, not so my life is more comfortable to me.

Next I am asking God to remove all my difficulties not because I am looking for the easy life, but so that victory over them will show others whom I may help what the solution to my problems (and theirs if they are powerless over alcohol as I am) really is . . . a relationship with God that does for me what I cannot do for myself.

Lastly I am asking for the perseverance to continue to do His will, knowing from this prayer and from what I have experienced in the first two Steps, that His will is about me being useful to others and staying out of myself.

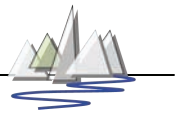
Mike C.

Tradition 3 - The only requirement for A.A. membership is a desire to stop drinking.

The Long Form

Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation.

Concept III - To insure effective leadership, we should endow each element of A.A. – the conference, the General Service Board and its service corporations, staffs, committees, and executives – with a traditional "Right of Decision."



MORE ON STEP THREE

From “Bill’s Story.” “Despite the living example of my friend there remained in me the vestiges of my old prejudice. The work God still aroused a certain antipathy. When the thought was expressed that there might be a God personal to me this feeling was intensified. I didn’t like the idea . . . I have since talked with scores of men who felt the same way. My friend suggested what then seemed a novel idea. He said, “*Why don’t you choose your own conception of God?*” That statement hit me hard. It melted the icy intellectual mountain in whose shadow I had lived and shivered many years. I stood in the sunlight at last. *It was only a matter of being willing to believe in a Power greater than myself. Nothing more was required of me to make my beginning.* I saw that growth could start from that point. Upon a foundation of complete willingness I might build what I saw in my friend. Would I have it? Of course I would.” *Alcoholics Anonymous*, p. 12.

From “How It Works.” “Being convinced, *we were at Step Three*, which is that we decided to turn our will and our life over to God as we understood Him. Just what do we mean by that, and just what do we do? The first requirement is that we be convinced that any life run on self-will can hardly be a success. On that basis we are almost always in collision with something or somebody, even though our motives are good.” *Alcoholics Anonymous*, p. 60

From “How It Works.” “Selfishness — self-centeredness! That, we think, is the root of our troubles. Driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity, we step on the toes of our fellows and they retaliate. Sometimes they hurt us, seemingly without provocation., but we invariably find that at some time in the past we have made decisions based on self which later placed us in a position to be hurt.”

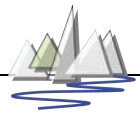
“So our troubles, we think, are basically of our own making. They arise out of ourselves, and the alcoholic is an extreme example of self-will run riot, though he usually doesn’t think so. Above everything, we alcoholics must be rid of this selfishness. We must, or it kills us! God makes that possible. And there often seems no way of entirely getting rid of self without His aid. Many of us had moral and philosophical convictions galore, but we could not live up to them even though we would have liked to. Neither could we reduce our self-centeredness much by wishing or trying on our own power. We had to have God’s help.”

“This is the how and why of it. First of all, we had to quit playing God. It didn’t work. Next, we decided that hereafter in this drama of life, God was going to be our Director. He is the Principal; we are His agents. He is the Father, and we are His children. Most good ideas are simple, and this concept was the keystone of the new and triumphant arch through which we passed to freedom.” *Alcoholics Anonymous*, p. 62.

From “How It Works.” “When we sincerely took such a position, all sorts of remarkable things followed. We had a new Employer. Being all powerful, He provided what we needed, if we kept close to Him and performed His work well . . . As we felt new power flow in, as we enjoyed peace of mind, as we discovered we could face life successfully, as we became conscious of His presence, we began to lose our fear of today, tomorrow or the hereafter. We were reborn.” *Alcoholics Anonymous*, p. 63

From “How It Works.” “Perhaps there is a better way — we think so. For we are now on a different basis; the basis of trusting and relying upon God. We trust infinite God rather than our finite selves. We are in the world to play the role He assigns. Just to the extent that we do as we think He would have us, and humbly rely on Him, does He enable us to match calamity with serenity.”

“We never apologize to anyone for depending on our Creator. We can laugh at those who think spirituality the way of weakness. Paradoxically, it is the way of strength. The verdict of the ages is that faith means courage. All men of faith have courage. They trust their God. We never apologize for God. Instead, we let Him demonstrate, through us, what He can do. We ask Him to remove our fear and direct our attention to what He would have us be. At once, we commence to outgrow fear.” *Alcoholics Anonymous*, at 68.



On Service

A.A. is more than a set of principles; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither, and those who haven't been given the truth may die.

A.A. Service Manual, p. 5

Faith is more than our greatest gift; its sharing with others is our greatest responsibility. May we of A.A. continually seek the wisdom and the willingness by which we may well fulfill that immense trust which the Giver of all perfect gifts has placed in our hands.

Bill W., Grapevine, April 1961

FAITH: God as We Understand Him

The phrase "God as we understand Him" is perhaps the most important expression to be found in our whole AA vocabulary. Within the compass of these five significant words there can be included every kind and degree of faith, together with the positive assurance that each of us may choose his own. Scarcely less valuable to us are those supplemental expressions — "a higher power" and "a power greater than ourselves." For all who deny, or seriously doubt a deity, these frame an open door over whose threshold the unbeliever can take his first easy step into a reality hitherto unknown to him — the realm of faith.

In AA such breakthroughs are everyday events. They are all the more remarkable when we reflect that a working faith had once seemed an impossibility of the first magnitude to perhaps half of our present membership of over 300,000. To all these doubters has come the great discovery that as soon as they could cast their main dependence upon a "higher power" — even upon their own AA groups — they had turned that blind corner which had always kept the open highway from their view. From this time on — assuming they tried hard to practice the rest of the AA program with a relaxed and open mind — an ever deepening and broadening faith, a veritable gift, had invariably put in its sometimes unexpected and often mysterious appearance.

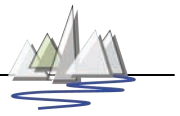
We regret that these facts of AA life are not understood by the legion of alcoholics in the world around us. Any number of them are bedeviled by the dire conviction that if ever they go near AA they will be pressured to conform to some particular brand of faith or theology. They just don't realize that faith is never a necessity for AA membership; that sobriety can be achieved with an easily acceptable minimum of it; and that our concepts of a higher power and God as we understand Him afford everyone a nearly unlimited choice of spiritual belief and action.

How to transmit this good news is one of our most challenging problems in communication, for which there may be no fast or sweeping answer. Perhaps our public information services could begin to emphasize this all-important aspect of AA more heavily. And within our own ranks we might well develop a more sympathetic awareness of the acute plight of these really isolated and desperate sufferers. In their aid we can settle for no less than the best possible attitude and the most ingenious action that we can muster.

Here's a recent example of the high cost of spiritual pride. A very tough-minded prospect was taken to his first AA meeting. The first speaker majored on his drinking pattern. The prospect seemed impressed. The next two speakers (or maybe lecturers) each themed their talks on "God as I understand him." This could have been good, too, but it certainly wasn't. The trouble was their attitude, the way they presented their experience. They did ooze arrogance. In fact, the final speaker got far overboard on some of his personal theological convictions. Quite unspoken, yet implicit in everything they said, was the same idea — "Folks, listen to us. We have the only true brand of AA — and you'd better get it."

The new prospect said he'd had it — and he had. His sponsor protested that this wasn't real AA. But it was too late; nobody could touch him after that. He also had a first class alibi for yet another bender. When last heard from, an early appointment with the undertaker seemed probable.

The Best of Bill: "Faith", pp. 1-3, 5-6.



STEP THREE

I have heard alcoholism described as a lonely disease. That was certainly my experience. In my last years of drinking, I cut myself off from nearly all human contact. I was unwilling and unable to talk with anyone about what was happening to me. I could not be honest with anyone about how much I was drinking, how often I was drinking, or what it was doing to me and to everyone around me. I may have been around people physically, but I had walled off everyone in every other way.

When I took Step Three, the strongest feeling and thought I had was “I never have to be alone again.” With God, I now have a constant companion, who is there to help me at all times, who I can share all of my thoughts with and feelings with, and with whom I can always be completely honest. Through God, I have been able to let people into my life again, both in and out of A.A.. I have shared with other alcoholics “the exact nature of my wrongs.” Through the Ninth Step, I have opened up to those I had harmed, and was honest about my actions. The freedom I have felt as a result has been very powerful.

I did a lot of leg work on Step One before I came to A.A.. I had done enough “trying” to stop drinking to know I was powerless when I came to

A.A. and they told me I was powerless. What I saw in A.A. convinced me of Step Two, and I had help from my sponsor’s insistence that I begin praying every morning and every night, and all day long if I needed to.

But, when it came to Step Three, I had a problem. My concept of God was standing in the way of taking Step Three. The Big Book and my sponsor told me I could choose my own conception of God, and I could change my conception if need be. I had to. I had to change my conception of God from a being that was a lot like me — vengeful, vindictive, judgmental, unforgiving, and capable of holding a grudge and getting even no matter how long it took.

I was told to write out my new conception of God, so I did. God as I now understand Him forgives me, for everything, always. He loves me, no matter what I have done and no matter what I will do. His love is unconditional. It is not based on “performance,” either how I “performed” in the past or “will perform” in the future. He loves me no matter what. He wants me to “live loved” because He does love me. He wants good things for me. He comforts me in difficult times. He is always there for me. With my own, new conception of God, I was able to take Step Three.

Steve B.

MANDATORY AA HOTLINE VOLUNTEER MEETING
Sunday, April 5
All new or existing volunteers need to attend.
For information call Ryan T. at 220-9916.



**Our monthly Newsletter can now be found
ONLINE at::**
<http://www.idahoarea18aa.org/main/ifalls.htm>



Sobriety Through Service



Area Business Meeting / Group Conscience List

- March 3 District 6 GSR Business Meeting 7:00 pm
- March 5 Intergroup Business Meeting 6:30 pm SH
- March 6 Lincoln Group Conscience
- March 10 P & S Group Conscience
- March 10 Fresh Air Group Conscience
- March 12 Happy Hour Group Conscience
- March 12 Progressive Group Conscience
- March 13 Westside Group Conscience
- March 14 Group 1 Group Conscience
- March 15 Turning Point Group Conscience
- March 16 Women In Recovery Group Conscience
- March 16 Big Book Study Group Conscience
- March 17 PI/CPC/H&I Business Meeting 7:00 pm SH
- March 19 Third Tradition Group Conscience
- March 20 Lunch Bunch Group Conscience
- March 20 Great News Group Conscience
- March 21 Coffee Break Group Conscience
- March 21 Clean & Sober Group Conscience

Send Group Contributions to:

Idaho Falls Intergroup Council
P.O. Box 3486
Idaho Falls, ID 83401-3486

District 6
P.O. Box 50443
Idaho Falls, ID 83405-0443

Idaho Area 18 Treasurer
P.O. Box 67
Kuna, ID 83634

General Service Office
Grand Central Station
P. O. Box 459
New York, NY 10164-0371

District 6 H & I
P. O. Box 50572
Idaho Falls, ID 83405

District 6 Hospitals & Institutions Liaisons

H&I Chairperson	Ken T.	757-0803
Men's Jail	Don Carlos	403-4119
Women's Jail	Claudia H.	525-9290
Correctional Work Center	Buttons B.	251-0383
A.R.A.	Jerrica G.	541-1879
	Adam R.	346-2586
Hospitals (EIRMC)	Jim S.	745-0124
Bridge the Gap	Jami M.	357-8395
3 B Detention Center	Mike C.	745-1510

Please contact any of the above people if you are interested in helping to take a meeting into the local hospitals, jails or institutions, or would like to help with public information.

Questions or Concerns Regarding Serenity Hall Please Call:

Teresa R. 552-1942 or 403-2674
Greg R. 552-1942 or 403-5608
Henry 569-0589

Serenity Hall Maintenance
P. O. Box 2237
Idaho Falls, ID 83403

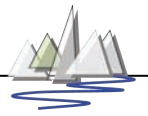
Did You Know ?

You can receive the Newsletter each month by e-mail. If interested, please send your request and e-mail address to: s_trapper@q.com



SERVICE WORK AVAILABLE !

AA Hotline & 12 Step Volunteers NEEDED
For more info call Ryan T. at 220-9916



MARCH CALENDAR / EVENTS BIRTHDAYS

March 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FRIDAY NIGHT SPEAKER MEETING



Friday, March 13, 7:30 pm at
Serenity Hall

Great News Group welcomes **Mark S. of Seattle, Washington** to share his experience, strength, and hope with us.

All are welcome and encouraged to attend. Please do come!

Tuesday, March 3rd

- District 6 GSR Business Meeting, Serenity Hall 7 pm

Thursday, March 5th

- Intergroup Business Meeting, 6:30 pm Serenity Hall downstairs

Friday, March 13th

- Friday Night Speaker Meeting, 7:30 pm Serenity Hall

Monday, March 16th

- New Hope & Inspiration Group Birthdays
Julie S. 7 yrs.

Tuesday, March 17th

- PICPC H&I Business Meeting, 7pm Serenity Hall

Friday, March 27th

- Lunch Bunch Birthdays
Ed G. 22 yrs.
Andrea R. 20 yrs.
Melisa F. 10 yrs.

Lincoln Group Birthdays

- Donna H. 1 yr.*
- Tammy Z. 1 yr.*
- Stephanie S. 1 yr.*
- Venna C. 4 yrs.*
- Sandra T. 4 yrs.*
- Todd M. 14 yrs.*
- Larry M. 24 yrs.*
- Kent R. 31 yrs.*
- Van L. 35 yrs.*

Friday, March 27th

- Westside Birthdays
Bill D. 40 yrs.
Bill H. 36 yrs.
Kerry B. 29 yrs.
Debbie M. 19 yrs.

Saturday, March 28th

- Clean and Sober Birthdays
Pamela B. 1 yr.

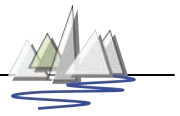
Coffee Break Birthdays

- Sherri L. 14 yrs.*
- Brian D. 4 yrs.*
- Elizabeth H. 5 yrs.*
- Todd M. 14 yrs.*
- Bill H. 3 yrs.*
- Mike B. 3 yrs.*
- Mike E. 1 yr.*

Sunday, March 29th

- Grapevine Birthdays
Becky L. 2 yrs.





Area AA Meeting Schedule

Sunday

- 8:30 AM Spiritual Breakfast Meeting**
Dixie's Diner Restaurant
2150 Channing Way, IF
- 9:00 AM Grapevine Group**
Serenity Hall (downstairs)
- 5:00 PM Grupo Si Podemos**
(habla Espanol) Holy Rosary Church
145 9th St., Idaho Falls (Guadalupe Room)
- 7:00 PM Turning Point Group**
Serenity Hall (upstairs)
- 7:00 PM Twelve by Twelve Meeting**
Bingham Memorial Hospital, Blackfoot
(open meeting)
- 8:00 PM Progressive Group**
Serenity Hall (downstairs)

Monday

- 11:30 AM Lunch Bunch**
Denny's Restaurant
- 6:00 PM Women in Recovery Group**
Serenity Hall (upstairs)
- 7:00 PM Shoulder to Shoulder Group**
St. Luke's Episcopal Church
270 N. Placer Ave, Idaho Falls, ID
- 7:00 PM Beginners Meeting**
Serenity Hall, newcomers welcome
(downstairs)
- 7:00 PM Big Book Study Meeting**
525 Cedar Street, Mackay, ID
open meeting
- 8:00 PM Lincoln Group**
Serenity Hall (downstairs)
- 8:00 PM AA Study Group (Big Book)**
Serenity Hall (upstairs)
- 8:00 PM New Hope and Inspiration**
First Evangelical Lutheran Church
Corner of Sunnyside and Rollandet, IF

Tuesday

- 7:00 AM Grapevine Group**
Serenity Hall (downstairs)
- 10:00 AM Coffee Break Group**
Serenity Hall (open meeting, downstairs)
- 11:30 AM Meet & Eat Lunch Meeting**
Dixie's Diner Restaurant
2150 Channing Way, Idaho Falls
- 5:30 PM Just Stay Group**
Serenity Hall (upstairs)
- 6:00 PM P & S Group**
Denny's Restaurant (open meeting)
- 7:00 PM Swan Valley Tuesday Night**
Swan Valley, Chapel in the Valley
(just off Highway 26)
- 7:30 PM East Side Study Group**
Christ the King Church
1696 E. 17th Street, Idaho Falls
- 8:00 PM The Heritage Group**
Serenity Hall (upstairs)
- 8:00 PM BHC**
2280 E. 25th, Idaho Falls

Wednesday

- 11:30 AM Step Study Meeting**
Denny's Restaurant
- 6:00 PM Clean & Sober Group**
Serenity Hall (upstairs)
- 7:00 PM Fresh Air Group**
Serenity Hall (downstairs)
- 7:30 PM The Great News Group**
Unitarian Church, 555 E. St., Idaho Falls
(closed Big Book Study, downstairs)
- 8:00 PM Group 1**
Serenity Hall (upstairs, open meeting)

Thursday

- 7:00 AM Grapevine Group**
Serenity Hall (downstairs)
- 10:00 AM Coffee Break Group**
Serenity Hall (open meeting, downstairs)
- 11:30 AM Meet & Eat Lunch Meeting**
Dixie's Diner Restaurant
2150 Channing Way, Idaho Falls
- 5:30 PM Just Stay Group**
Serenity Hall (upstairs)
- 7:30 PM Third Tradition Group**
Unitarian Church 555 E. St., Idaho Falls
(closed meeting, basement)
- 8:00 PM Firth Group**
First Tabernacle Assembly of God
235 Center, Firth
- 8:00 PM Progressive Group**
Serenity Hall
- 8:00 PM Lost River Group**
525 Cedar, Mackay ID.

Friday

- 11:30 AM Lunch Bunch**
Denny's Restaurant
- 5:30 PM Just Stay Group**
Serenity Hall (upstairs)
- 6:30 PM Joker's Wild** (For Young People
and the Young At Heart)
Serenity Hall (downstairs)
- 7:00 PM Pass It On Group**
Bingham Memorial Hospital, Blackfoot
(open meeting)
- 7:30 PM The Great News Group**
Serenity Hall
(open meeting, upstairs)
- 8:00 PM Westside Group**
Church of the Nazarene
1900 Grandview, IF
- 8:00 PM Lincoln Group**
Serenity Hall (downstairs)

Saturday

- 10:00 AM Coffee Break Group**
Serenity Hall (open meeting, downstairs)
- 5:30 PM Women's Meeting**
Eagle Pointe Center, Idaho Falls
- 6:00 PM Clean & Sober Group**
Serenity Hall (upstairs)
- 6:00 PM P & S Group**
Denny's Restaurant, 950 Lindsay Blvd., IF
- 8:00 PM Group 1**
Serenity Hall (upstairs, open meeting)

Meeting Locations

- **Serenity Hall**
600 South Boulevard, Idaho Falls
- **Denny's Restaurant**
950 Lindsay Blvd. Idaho Falls
- **Behavioral Health Center (BHC)**
2280 E 25th Street, Idaho Falls
- **Dixie's Diner Restaurant**
2150 Channing Way, Idaho Falls
- **Unitarian Fellowship**
555 "E" Street, Idaho Falls
- **Bingham Memorial Hospital**
98 Poplar Street, Blackfoot, ID
- **St. Luke's Episcopal Church**
270 N. Placer Ave, Idaho Falls

