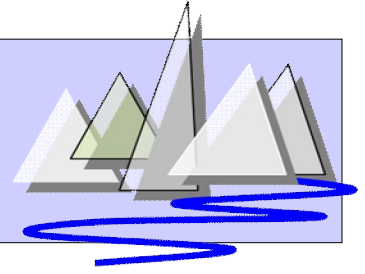


# Eastern Idaho Sobriety Corner



May 2007

*Special points of interest:*

- AA Hotline volunteers needed!
- Area 18 Spring Assembly, See more information on pg. 7
- 60th Anniversary of AA in the Idaho Falls area. See page 4 for details.
- Idaho Falls Area AA Anniversary Celebration at Sealander Park. See flyer on page 7 for more info.

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**For Immediate Assistance CALL:  
AA HOTLINE PHONE# 524-7729  
Spanish HOTLINE PHONE# 528-2994**

**\*\*\* Statement of Purpose \*\*\***

The Idaho Falls Intergroup Council of Alcoholics Anonymous exists to assist and provide services for the groups in carrying the message to the alcoholic who still suffers and to foster unity and cooperation among the Idaho Falls groups and members.

The purpose of the Idaho Falls Intergroup is (a) to safeguard the Twelve Traditions of Alcoholics Anonymous; (b) to serve the local groups; (c) to help provide unity between groups; (d) to perform any and all acts as stated in the by-laws in order to meet its purpose.

**Intergroup Chairman:** Mike C. 745-1510  
**Secretary:** Cate C.  
**Newsletter Editor:** Patrick W. 709-0913  
**District 6 PI/CPC:** Marv W. 523-7957  
**Phone Service Coordinator:** VOLUNTEER NEEDED

**Alternate Chairman:** Mike K.  
**Treasurer:** Laurie T.  
**email:** [troutsnfr@cableone.net](mailto:troutsnfr@cableone.net)  
**Entertainment:** Michele G. 206-9925

## Notes From Your Intergroup Chair ...

After many years of hard drinking, and the trouble associated with that drinking, a person comes to the place where they are willing to reach out and ask for help. So they find the local AA Hotline number and dial it. Perhaps they are surrendered to the idea that they really need the help, perhaps they are just trying to please someone else by calling. But whatever the reason they do pick up that 500-pound phone and make the call.

So what happens then? The prospective new member has done their part, so who is responsible for being there when they reach out? Are you a hotline volunteer or on the 12 Step call list that the hotline volunteers use?

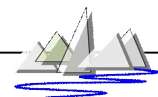
I hear in just about every meeting that I attend how important the newcomer is...but hearing the talk and seeing the actions are two totally

different things. Perhaps as members we should be asking ourselves what responsibility in AA means to us.

Intergroup is here to serve your group and the rest of the groups in our local area. But if your group is not represented at our monthly meeting then you have given up the right and the opportunity to be a part of. As this area continues to grow it is more important than ever that the groups come together to help each other do together what we cannot do individually.

I look forward to seeing you at Intergroup!

In Service,  
Mike C  
745-1510 [stepman89@yahoo.com](mailto:stepman89@yahoo.com)



## April Intergroup Business Meeting Notes

6:40 meeting called to order by Mike C.  
Afton B. read the Twelve Traditions  
Cate C. read minutes from last meeting, minutes approved

### Attendance:

Mike C. Intergroup Chair  
Cate C. Secretary  
Patrick W. Newsletter Editor  
Mike K. Alternate Chair  
Laurie T. Treasurer  
Michelle G. Entertainment Chair  
Ryan T. Great News group  
Mike A. Turning Point  
Sue C. Third Tradition  
Afton B. Happy hour  
Dennis Firth group  
Rick C. Member

**Old Business:** None

**Treasurers Report:** Laurie T.

Prudent Reserve	\$	191.58
Beginning Balance	\$	977.45
<b>contributions</b>		
<i>Meet &amp; Eat</i>	\$	85.30
<i>Firth Group</i>	\$	40.00
<i>Westside</i>	\$	50.00
<i>Progressive</i>	\$	30.00
<i>Lunch Bunch</i>	\$	180.00
<i>BHC</i>	\$	10.00
<i>Great News</i>	\$	10.00
<b>Total Donations</b>	\$	405.30
<b>paid out</b>		
Qwest	\$	52.31
Quick Ship & Copy	\$	64.00
Ending Balance	\$	1266.49

### editor's note ...

We have selected a new name and logo for our newsletter. Thanks and congratulations go out to **Afton B.** for submitting her idea for naming our newsletter! Nice job Afton. Also, thank you to those who helped with the spring cleaning at Serenity Hall last month. In addition, we should say thank you to Michelle G. for her hard work in putting together the Spring Fling Dance and her continuing efforts (with others) to coordinate our anniversary celebration to be held June 2nd at Sealander Park. A special "thanks a lot" also needs to go to Gayle P. and

Jess D. of Salmon for being our guest speakers this last month at the Friday Night Speaker Meeting held by the Great News Group. We all owe a debt of gratitude to those who are involved in AA service work in our area.

We still need volunteers for our local AA Hotline, and a coordinator to help out with the Hotline. Any takers for service work?

**Entertainment Report:** Michelle G.

Checking account:

Starting Balance \$478.34  
Flyers - 36.00  
Visa Card - 149.90  
Misc. supplies - 136.10  
Raffle tickets +335.00

Ending Balance \$491.34

Michelle has a new assistant – Mike  
June 2nd will be the anniversary party at Sealander Park.  
Rick C. made a deposit on campout at Heise.

**Phone Service Report:** Mike C.

Still looking for a coordinator  
They took a workshop to district 1  
District 7 is joining us on the hotline.  
Still need volunteers for hotline and 12 step list.

**Newsletter report:** Patrick W.

Hold off on new logo & name.  
Patrick would like members to submit articles for the newsletter, even if it doesn't go with that month's step/tradition/concept.  
We are now on the website. March and April's newsletter is on there at:  
<http://www.idahoarea18aa.org/main/ifalls.htm>

**New Business:**

Mike K. made a motion that Intergroup take back responsibility of the literature. Motion was passed.

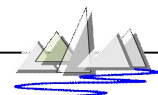
Mike C. appointed Patrick to set up a committee to put together guidelines for what goes into the meeting directory.

## A Declaration of Unity

*This we owe to  
A.A.'s future:  
To place our  
common  
welfare first,  
To keep our  
fellowship  
united.  
For on A.A.  
unity depend  
our lives,  
And the  
lives of those  
to come.*

In the spirit of anonymity, I've changed my email address. It is now [troutsnfr@cableone.net](mailto:troutsnfr@cableone.net). Any group reps, etc. who email stuff to me should start using this new email address. If you do not receive a reply from me on any emails sent then I most likely did not receive them. As always, I still need to receive birthdays, announcements, etc. by the 20th to get them in next month's newsletter. Thanks!

pw - editor



# April District 6 GSR Business Meeting Notes

April 13, 2007

Meeting opened at 7p.m. by Les F.  
Mike C. read 12 traditions  
Julie S. read Secretary Minutes / minutes accepted

Treasurer's Report by John M.

### Donations

Lunch Bunch \$35.00  
Westside Group \$10.00

**Net Deposit \$45.00**

### Expenses

Brian M. (Travel Area Finance Committee) \$79.75  
Returned Check (Coffee Break) \$25.00  
Service Charge (Returned Check) \$7.00

**Total Expenses: \$111.75**  
**Starting Balance \$447.31**  
**NET EXPENSES \$111.75**  
**NET INCOME \$45.00**  
**PRUDENT RESERVE \$200.00**  
**BALANCE 1/2/07 \$180.56**

### NEW BUSINESS:

Les handed out Idaho Area 18 Committee Report on Area Committee Meeting Area Delegate Report. The goal is to have 50% of the groups in Idaho Area 18 contribute to GSO. We are currently at 45%.

Fund raising – be very careful that we don't accept outside contributions as donations for raffle prizes, etc in violation of Tradition 7  
Idaho Area 18 will bid to host PRAASA for 2010 and 2011. Will also bid on the Forum for 2012.  
Grapevine Report – Can subscribe to downloading capabilities for the Grapevine  
For \$20.00 Encourage subscriptions  
Area Newsletter- seeking articles and events for publication.

Finance Committee Report- The cover sheet and explanation of the budget were discussed.  
Meeting closed at 8p.m.

The action to incorporate Area 18 and file taxes will be revisited as an agenda item at the Area Assembly.

Everyone was reminded of the need for timely financial reporting by the host districts of Assemblies.

2007 Spring Assembly Report – Planning by District 1 is coming along well.

2007 Fall Assembly –hosted in Burley at the Best Western Inn on 10/05/07- 10/07/07

2008 Spring Assembly- Hosted in Ontario, OR.

*I am responsible, when anyone, anywhere reaches out for help, I want the hand of AA always to be there: and for that I am responsible.*



## That 'Formal' Step Five

In my first weeks of sobriety, I read through the Twelve Steps quickly and decided that anyone with half a wit could follow those simple suggestions without any trouble. But on approaching the Fifth Step, I began to have second thoughts. I could never tell another person some of the things I had done while I was drinking. If these newfound friends in AA really knew me, they would have nothing to do with me. So I'd just keep my mouth shut about the horrors of my past, I decided, and fake it.

Within months, I attempted my first Fifth Step. Inventory notebook in hand, I recited a list of venial offenses. Of overwhelming fear, gnawing guilt, and self-hatred, I said nothing. Faking a Step is not the same as taking a Step. Consequently, nothing extraordinary happened that day. I experienced defeat.

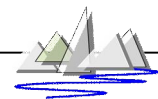
Failure is an integral part of learning, albeit a painful part. Just as alcohol had brought me to my knees and force-fed a drop of humility into my life, so did my first encounter with the Fifth Step. The introduction of humility deflated my alcoholic

ego once again, and therein lay the key to success. Forced to surrender *my* idea of how the Fifth Step should be worked, I began to listen more closely at meetings. Hearing other members talk so freely, honestly, and realistically about their shortcomings made it easier to begin sharing my own. As a swimmer tests the water with his toe, so I began to share my defects slowly, cautiously. Always expecting rejection and disgust, I was relieved to find only understanding, acceptance, and support.

*continues on bottom of page 4*

*God grant me the Serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference.*

## A Brief History of Alcoholics Anonymous in the Snake River Valley



In the little town of Rigby, Idaho, a woman sat at a table trying to compose a letter- a letter asking for information, a letter of hope, a letter of despair. Yet even as she wrote, her expectations of receiving much in return were few. But hope had touched her, for she had just finished reading an article in a magazine about a new group called Alcoholics Anonymous. As she wrote, she thought of her husband, Carl.

Carl ran a small cafe in town. Each morning he opened it, cooked all day, and closed it at night. He also drank, drank to excess. Sometimes he drank himself into oblivion. At times when Carl was swamping out the place he would pass out, sleeping in a booth all night. His wife feared for his life as well as worrying constantly for herself and their children. After reading the article, she wrote to G.S.O. in New York , hoping that somehow help might come to them.

In time the letter reached its destination, and literature was sent to her in Rigby. But she could not be directed to a group as there were no groups in Idaho at that time. Someone in G.S.O. forwarded the letter to a group in Los Angeles. Again, since there wasn't a group in Idaho, no one knew what to do with the letter.

One of the members suddenly remembered Harry, from Los Angeles, was in Idaho, so the letter was forwarded once more. Harry was in Idaho Falls, about fifteen miles from Rigby. When he received the letter, he contacted Carl, the cook. Carl decided he wanted what A.A. had to offer. After some discussion, the two men decided to start a group.

The first meeting was held in Harry's home, just outside of Idaho Falls, on **May 20, 1947**. They placed an ad in the daily paper and waited. The first result from the ad was Larry joining them in the middle of July. Another member, George, came in the first week of August, and Swede during the latter part of the month. The small group began holding meetings on each Tuesday in Larry's house, later moving to the city building.

Early in September the Idaho Falls group was asked to join a group in Ogden, Utah for a meeting in Pocatello, Idaho. Members from the Ogden group conducted this first meeting of the Pocatello group on September 7, 1947.

During this period an A.A. member from Salt Lake City had come to St. Anthony, Idaho to work. In order to maintain his sobriety, he gathered a few drunks together and explained the wonders of A. A. to them. They began attending A.A. meetings in Idaho Falls, which was forty-five miles away. This was in the fall of 1947. The exact date is not known. In the early winter they decided to start a group in St. Anthony. As Christmas and New Years were nearing, they waited until after the holidays. The first meeting was held on January 8, 1948 at St. Anthony.

This was the beginning of A.A. in the Snake River Valley with many more groups and members joining as the years have passed.

*"Old Swede"*

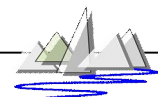
### That 'Formal' Step Five *continued from bottom of page 3*

Within a year, most of those abominations had been brought out of the closet, with the help of a good sponsor. We looked at them together, discarded the guilt and remorse, and decided here amends were due. Some months later, I took the big dive: that "formal" Fifth Step I had heard so much about. For five hours, my sponsor and I sat in his living room and talked. This was not a session of breast-beating or self-flagellation; rather, it was an honest sharing of hopes, fears, past mistakes, and realistic plans for self-improvement. Of course, there was talk

of resentment, guilt, lust, jealousy, and the like; but there was also sharing of happiness, joy, gratitude, and love. None of the Twelve Steps is an exercise in self-destruction. An honest Fifth Step is ego-deflating, yes. But only through the essential humility it provides can I begin to grow mentally, emotionally, and spiritually into the person my God would have me become.

J.B. Toledo, OH

taken from *The Grapevine*, July 1983, Vol. 40 No. 2



# Step 5 / Tradition 5 / Concept V

We think we have done well enough in admitting these things to ourselves. There is doubt about that. In actual practice, we usually find a solitary self-appraisal insufficient. Many of us thought it necessary to go much further. We will be more reconciled to discussing ourselves with another person when we see good reasons why we should do so. The best reason first: If we skip this vital step, we may not overcome drinking. Time after time newcomers have tried to keep to themselves certain facts about their lives. Trying to avoid this humbling experience, they have turned to easier methods. Almost invariably they got drunk. Having persevered with the rest of the program, they wondered why they fell. We think the reason is that they never completed their housecleaning. They too inventory all right, but hung on to some of the worst items in stock. They only *thought* they had lost their egoism and fear; they only *thought* they had humbled themselves. But they had not learned enough of hu-

mility, fearlessness and honesty, in the sense we find it necessary, until they told someone else *all* their life story. More than most people, the alcoholic leads a double life. He is very much the actor. To the outer world he presents his stage character. This is the one he likes his fellows to see. He wants to enjoy a certain reputation, but knows in his heart he doesn't deserve it. The inconsistency is made worse by the things he does on his sprees. Coming to his senses, he is revolted at certain episodes he vaguely remembers. These memories are a nightmare. He trembles to think someone might have observed him. As fast as he can, he pushes these memories far inside himself. He hopes they will never see the light of day. He is under constant fear and tension - that makes for more drinking.

taken from *Alcoholics Anonymous*, pages 72 - 73

*Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose - that of carrying its message to the alcoholic who still suffers.*

*5th Tradition - long form*

## The Cement That Binds Us

It seems to me, after attending meetings for the past thirty-four years, that Tradition Five has been gradually chipped away by individuals having problems other than alcoholism. Many of the meetings I have attended have discussions about other drugs; occasionally, there is not even a mention of alcohol or recovery from its grasp. At a recent convention in California, the main speaker at the big Saturday night meeting spent forty-five minutes talking about his cocaine use and never mentioned alcohol or the Twelve Steps of recovery. I find this to be more common than not nowadays. Why is our primary purpose becoming diluted? Well, having discussed this with many young AAs, I'm told that most AA members

now are "dually addicted." There seems to be a common statement issuing from most of those individuals: "I know this is an AA meeting, but drugs are a part of my story so I'm going to mention them too." And they do! Now, it can be rationalized that if "each group has but one primary purpose--to carry its message to the alcoholic who still suffers," then maybe that particular group's message concerns drugs other than alcohol. But what, then, is "the message" the group carries to the *alcoholic* who still suffers?

Few AA members, old-timers and newcomers, have ever read the third paragraph of the dust cover of the Big Book, wherein it tells that the AA message is to be found in the text of that book. I've noticed that many AAs read the Big Book but few study it, and fewer still follow its suggestions. It is not uncommon to hear a member state, "I work my own program." In my home group, on Tuesday nights, we discuss the written program as it is in the Big Book and how it has helped each of us to a better way of life. We have a caveat in our opening mes-

sage before the Preamble asking that only alcoholics share at our meeting. But we say that all are welcome. This seems to work pretty well and as a result we have good AA discussions certainly helpful to our newcomers.

My home group's primary purpose is to carry the AA message to the alcoholic who still suffers. Some of those have much sobriety, because the alcoholic who still suffers is not necessarily a newcomer. However, when newcomers do show up at our home group we try to focus our discussion on what's in the Big Book and how it can help them if they are willing to follow some simple suggestions.

I think that without Tradition Five there could not be an AA program. I believe that the Twelve Traditions are the cement that binds us together into a cohesive society. For my part, I hold an informal study group at my home for newer members of my home group. We study the program so that all of us can better fulfill our "real purpose" as it states on page 77 of the Big Book.

Tom H., Paso Robles, CA  
*taken from The Grapevine May 1998*

**Step 5**  
*Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.*

## Tradition 5

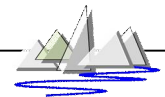
*Each group has but one primary purpose - to carry its message to the alcoholic who still suffers.*

## Concept V

*Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.*



# Sobriety Through Service



## Area Business Meeting / Group Conscience List

- May 1 District 6 GSR Business Meeting 7 pm
- May 3 Intergroup Business Meeting 6:30 pm
- May 4 Lincoln Group Conscience
- May 8 P & S Group Conscience
- May 9 Fresh Air Group Conscience
- May 10 Happy Hour Group Conscience
- May 10 Progressive Group Conscience
- May 11 Westside Group Conscience
- May 12 Group 1 Group Conscience
- May 15 PICPC / H&I Business Meeting 7pm
- May 17 3rd Tradition Group Conscience
- May 18 Lunch Bunch Group Conscience
- May 18 Great News Group Conscience
- May 19 Coffee Break Group Conscience
- May 19 Clean & Sober Group Conscience
- May 20 Turning Point Group Conscience
- May 21 Women in Recovery Group Conscience
- May 21 AA Study Group (big Book) Group Conscience

## Send Group Contributions to:

### Idaho Falls Intergroup Council

P.O. Box 3486  
Idaho Falls, ID 83401-3486

### District 6

P.O. Box 50443  
Idaho Falls, ID 83405-0443

### Idaho Area 18 Treasurer

P.O. Box 3282  
Idaho Falls, ID 83403

### General Service Office

Grand Central Station  
P. O. Box 459  
New York, NY 10164-0371

### District 6 H & I

P. O. Box 50572  
Idaho Falls, ID 83405

### Serenity Hall Maintenance

P. O. Box 2237  
Idaho Falls, ID 83403

## H & I Liaisons

Men's Jail	Terry M.	552-1546
Women's Jail	Shellie B.	552-1546
Correctional Work Center	Dave N.	524-3852
A.R.A.	Sharla C.	524-4433
3 B Detention	Jeff E.	524-2588
Hospitals	Jim S.	745-0124



"Take me to your sponsor."

## Questions or Concerns Regarding

Serenity Hall Please Call

Rob 524-3594

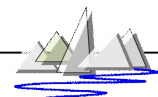
Barbara 523-3256

\*\*\* smoking and non-smoking meetings available\*\*\*

## SERVICE WORK AVAILABLE !!!

AA Hotline & 12 Step Volunteers NEEDED

For more info call Mike at 745-1510



# CALENDAR / EVENTS / BIRTHDAYS

## May 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### Tuesday, May 1st

- District 6 GSR Business Meeting  
7pm Serenity Hall

### Thursday, May 3rd

- Intergroup Business Meeting  
6:30 pm Serenity Hall

### Friday, May 4th

- Area 18 Spring Assembly,  
Pocatello Red Lion Hotel

### Saturday, May 5th

- Area 18 Spring Assembly,  
Pocatello Red Lion Hotel

### Sunday, May 6th

- Area 18 Spring Assembly,  
Pocatello Red Lion Hotel

### Friday, May 11th

- Friday Night Speaker Meeting  
7:30 pm Serenity Hall, see flyer

### Tuesday, May 15th

- PICPC / H&I Business Meeting  
7pm Serenity Hall

### Friday, May 25th

- Westside Group Birthdays  
*Joyce W. 2 yrs*  
*Jackie P. 2 yrs*  
*Paul K. 2 yrs*  
*Chris L. 3 yrs*  
*David R. 4 yrs*  
*Lowell N. 17 yrs*
- Lincoln Group Birthdays  
*Chris R. 1 yr*  
*Brian K. 1 yr*  
*Terry M. 7 yrs*  
*Michelle N. 11 yrs*  
*John C. 22 yrs*
- Great News group Birthdays  
*Scott M. 22 yrs*

### Saturday, May 26th

- Coffee Break Group Birthdays  
*Harlen R. 1 yr*  
*Tyler H. 1 yr*  
*Ryan S. 2 yrs*  
*Elaine M. 18 yrs*
- Clean & Sober Group Birthdays  
*Camille C. 1 yr*  
*John P. 1 yr*

### Sunday, May 27th

- Turning Point Group Birthdays  
*Lindsey H. 1 yr*  
*Ryan S. 2 yrs*  
*Danielle J. 3 yrs*  
*Angela H. 17 yrs*

### Wednesday, May 30th

- Fresh Air Group Birthdays  
*Mark M. 3 yrs*  
*Brian M. 23 yrs*

### Thursday, May 31st

- Progressive Group Birthdays  
*Danielle J. 3 yrs*  
*Tom Mc. 4 yrs*  
*Tony S. 5 yrs*  
*Ricky E. 7 yrs*  
*Doug H. 9 yrs*

### Saturday, June 2nd

- AA in Idaho Falls Area Annual  
Celebration, 10 pm Sealander Park  
see flyer

## DON'T FORGET

AA in Idaho Falls Area  
60th Anniversary Celebration

When: June 2nd, 10 am

Where: Sealander Park

See flyers at Serenity Hall for  
more info

or call Michelle G. at 206-9925



## FRIDAY NIGHT SPEAKER MEETING

Friday, May 11 th  
7:30 pm at Serenity Hall

Great News Group welcomes  
**Kelly B. and Brian B.**

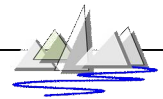
Here from Pocatello to share their  
experience, strength, and hope with us.

All are welcome and encouraged to attend.  
Please do come!

## 2007 Area 18 Spring Assembly

May 4th, 5th, and 6th at the  
Pocatello Red Lion. More info can be obtained from any  
District Rep or Intergroup Rep,  
online at : <http://www.idahoarea18aa.org/main/fellowship.htm>

# Idaho Falls Area AA Meeting Schedule



## Sunday

**8:30 AM Spiritual Breakfast Meeting**  
Denny's Restaurant, 950 Lindsay Blvd., IF  
**9:00 AM Grapevine Group**  
Serenity Hall (downstairs, smoking ok)  
**5:00 PM Grupo Si Podemos**  
(habla Espanol) Holy Rosary Church  
145 9<sup>th</sup> St., Idaho Falls (basement)  
**7:00 PM Turning Point Group**  
Serenity Hall (upstairs, non-smoking)  
**7:00 PM Twelve by Twelve Meeting**  
Bingham Memorial Hospital, Blackfoot  
(open meeting, non-smoking)  
**8:00 PM Progressive Group**  
Serenity Hall (downstairs)

## Monday

**11:30 AM Lunch Bunch**  
Denny's Restaurant (non-smoking)  
**6:00 PM Women in Recovery Group**  
Serenity Hall  
**7:00 PM Shoulder to Shoulder Group**  
St. Luke's Episcopal Church  
270 N. Placer Ave, Idaho Falls, ID  
**7:00 PM Fresh Air Beginners Meeting**  
Serenity Hall, newcomers welcome  
(downstairs, non-smoking)  
**8:00 PM Lincoln Group**  
Idaho Falls Friendship Club  
**8:00 PM AA Study Group (Big Book)**  
Serenity Hall (upstairs)  
**8:00 PM New Hope and Inspiration**  
First Evangelical Lutheran Church  
Corner of Sunnyside and Rollandet, IF  
(non-smoking)

## Tuesday

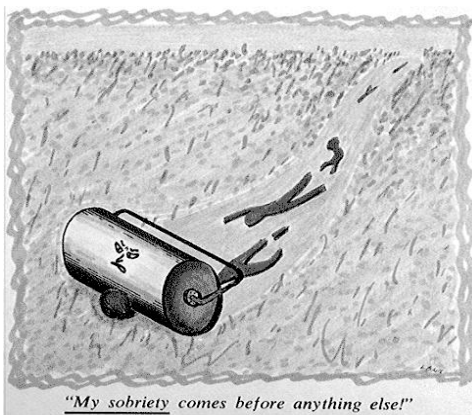
**7:00 AM Grapevine Group**  
Serenity Hall (downstairs, smoking ok)  
**10:00 AM Coffee Break Group**  
Serenity Hall (open meeting, downstairs)  
**11:30 AM Meet & Eat Lunch Meeting**  
5 & Diner Restaurant (non-smoking)  
2150 Channing Way, Idaho Falls  
**5:30 PM Happy Hour Group**  
Serenity Hall (upstairs, smoking ok)  
**6:00 PM P & S Group**  
Denny's Restaurant (open meeting)  
**7:00 PM Swan Valley Tuesday Night**  
Swan Valley, Chapel in the Valley  
(just off Highway 26)  
**7:30 PM East Side Study Group**  
Christ the King Church (non-smoking)  
1696 E. 17th Street, Idaho Falls  
**8:00 PM Shelley Group** (non-smoking)  
Methodist Church, 190 S. Holmes, Shelley  
**8:00 PM BHC**  
2280 E. 25<sup>th</sup>, Idaho Falls (non-smoking)

## Wednesday

**11:30 AM Step Study Meeting**  
Denny's Restaurant (non-smoking)  
**6:00 PM Clean & Sober Group**  
Serenity Hall (upstairs)  
**7:00 PM Fresh Air Group**  
Serenity Hall (downstairs, non-smoking)  
**7:30 PM The Great News**  
Unitarian Church, 555 E. St., Idaho Falls  
(closed Big Book Study, non-smoking)  
**8:00 PM D.R.A.**  
**Dual Addiction Meeting**  
Friendship Club (non-smoking)  
**8:00 PM Group 1**  
Serenity Hall (upstairs, open meeting)  
**8:00 PM Grupo Si Podemos**  
(habla Espanol) Holy Rosary Church  
145 9<sup>th</sup> St., Idaho Falls (basement)

## Thursday

**7:00 AM Grapevine Group**  
Serenity Hall (downstairs, smoking ok)  
**10:00 AM Coffee Break Group**  
Serenity Hall (open meeting, downstairs)  
**11:30 AM Meet & Eat Lunch Meeting**  
5 & Diner Restaurant (non-smoking)  
2150 Channing Way, Idaho Falls  
**5:30 PM Happy Hour Group**  
Serenity Hall (upstairs, smoking ok)  
**6:30 PM New Life Alumni**  
Serenity Hall (downstairs)  
**7:30 PM Third Tradition Group**  
Unitarian Church 555 E. St., Idaho Falls  
(closed meeting, non-smoking)  
**8:00 PM Firth Group**  
First Tabernacle Assembly of God  
235 Center, Firth  
**8:00 PM Progressive Group**  
Serenity Hall  
**8:00 PM Lost River Group**  
525 Cedar, Mackay ID.



"My sobriety comes before anything else"

taken from *The Grapevine*, June 1965, Vol. 22 No.

## Friday

**11:30 AM Lunch Bunch**  
Denny's Restaurant (non-smoking)  
**5:30 PM Happy Hour Group**  
Serenity Hall (upstairs, smoking ok)  
**7:00 PM Fresh Air Group**  
Serenity Hall (downstairs, non-smoking)  
**7:00 PM Pass It On Group**  
Bingham Memorial Hospital, Blackfoot  
(open meeting, non-smoking)  
**7:30 PM The Great News** Serenity Hall  
(open meeting, upstairs, non-smoking)  
**8:00 PM Lincoln Group**  
Idaho Falls Friendship Club  
**8:00 PM Westside Group**  
Church of the Nazarene  
1900 Grandview, IF (non-smoking)  
**8:00 PM Grupo Si Podemos**  
(habla Espanol) Holy Rosary Church  
145 9<sup>th</sup> St., Idaho Falls (basement)

## Saturday

**10:00 AM Coffee Break Group**  
Serenity Hall (open meeting, downstairs)  
**5:30 PM Women's Meeting**  
Eagle Pointe Center, Idaho Falls  
**6:00 PM Clean & Sober Group**  
Serenity Hall (upstairs)  
**6:00 PM P & S Group**  
Denny's Restaurant, 950 Lindsay Blvd., IF  
**8:00 PM Group 1**  
Serenity Hall (upstairs, open meeting)

### Meeting Locations

- **Serenity Hall**  
600 South Boulevard, Idaho Falls
- **Friendship Club**  
1747 North Yellowstone, Idaho Falls  
(Old Fred Meyer Bldg.) 524-3711
- **Denny's Restaurant**  
950 Lindsay Blvd. Idaho Falls
- **Behavioral Health Center (BHC)**  
2280 E 25th Street, Idaho Falls
- **Eagle Pointe Center**  
1904 Dakota Lane, Ammon
- **5 and Diner Restaurant**  
2150 Channing Way, Idaho Falls
- **Unitarian Fellowship**  
555 "E" Street, Idaho Falls
- **Bingham Memorial Hospital**  
98 Poplar Street, Blackfoot, ID
- **St. Luke's Episcopal Church**  
270 N. Placer Ave, Idaho Falls