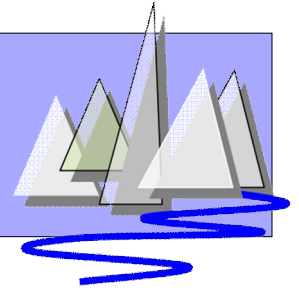


# Eastern Idaho Sobriety Corner



September 2007

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**For Immediate Assistance CALL:  
AA HOTLINE PHONE# 524-7729  
Spanish HOTLINE PHONE# 528-2994**

## **\*\*\* Statement of Purpose \*\*\***

The Idaho Falls Intergroup Council of Alcoholics Anonymous exists to assist and provide services for the groups in carrying the message to the alcoholic who still suffers and to foster unity and cooperation among the Idaho Falls groups and members.

The purpose of the Idaho Falls Intergroup is (a) to safeguard the Twelve Traditions of Alcoholics Anonymous; (b) to serve the local groups; (c) to help provide unity between groups; (d) to perform any and all acts as stated in the by-laws in order to meet its purpose.

**Intergroup Chairman:** Mike C. 745-1510

**Secretary:** Cate C.

**Newsletter Editor:** Patrick W. 709-0913

**District 6 PICPC:** Marv W. 523-7957

**Entertainment:** Kelly B. 757-1912

**Phone Service :** Ryan T. 220-9916

**Alternate Chairman:** Mike K.

**Treasurer:** Laurie T.

**email:** [troutsnfr@cableone.net](mailto:troutsnfr@cableone.net)

**email:** [trplg@hotmail.com](mailto:trplg@hotmail.com)

**email:** [rymann33@yahoo.com](mailto:rymann33@yahoo.com)

## **Notes From Your Intergroup Chair ...**

“Our Twelfth Step – carrying the message – is the basic service that the A.A. Fellowship gives; this is our principal aim and the main reason for our existence. Therefore, A.A. is more than a set of principles; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die.” (The A.A. Service Manual, p. S1)

The key word is action. The truth is that Alcoholics Anonymous here needs each and every sober alcoholic to be of service, so that those who need the message of A.A. will get it when they reach out for help. And each and every

group has the responsibility to carry that message of love and service to its members.

This is what Intergroup is all about...serving the groups and their members. But it is the responsibility of your group to send a representative to Intergroup so that we can work in unity. As this area continues to grow it is more important than ever that the groups come together to help each other do what we cannot do individually.

I look forward to seeing you at Intergroup!

In Service,  
Mike C

Feel free to contact me by phone or email.  
745-1510 [stepman89@yahoo.com](mailto:stepman89@yahoo.com)



# August Intergroup Business Meeting Notes

6:40 Meeting called to order by Mike C.

Linda M. read Twelve Traditions

Cate read minutes from last meeting, Minutes approved

### Attendance:

- Mike C. chairperson
- Cate c. Secretary
- Sue C. 3<sup>rd</sup> Tradition
- Ryan T. Hotline
- Dave C. Coffee Break
- Sherri L.
- Patrick W. Newsletter
- Linda M. New Hope and Inspiration
- Rick E.
- Mike K. Alternate Chair
- Scott M. Great News Group
- Kelly B. Entertainment

### Old Business:

Linda M. has packages of raffle tickets made up if anyone wants to sell some let her know.

**Entertainment report:** Kelly B.

There is some confusion on the reservations but that should be cleared up this week. There will be planning meeting every Saturday at 9:00 am at Serenity Hall. We have a lot of donations for the raffle.

**Phone Service report:** Ryan T.

Still looking for volunteers. He is going to get it set up for the volunteers to switch the phones themselves.

### New Business:

Linda M. - there is a new meeting starting at the Friendship Club on Mondays, Wednesdays, and Fridays, form 12-1pm. It is called the Brown Baggers. Bring a lunch.

Linda M has literature if you need some.

<b>Prudent Reserve</b>	\$ 191.68
<b>Beginning Balance</b>	\$ 1507.74
<b>Contributions</b>	
<b>Total Donations</b>	<b>\$ 0.00</b>
<b>Paid Out</b>	
<i>Qwest</i>	\$ 64.00
<i>Quick Ship &amp; Copy</i>	\$ 50.27
<b>Ending Balance</b>	<b>\$ 1393.47</b>

**Treasurers Report:** Sue C. for Laurie T.

## A Declaration of Unity

*This we owe to*

*A.A.'s future:*

*To place our*

*common*

*welfare first,*

*To keep our*

*fellowship*

*united.*

*For on A.A.*

*unity depend*

*our lives,*

*And the*

*lives of those*

*to come.*

## ANNOUNCEMENT

### \*\*\* 1<sup>ST</sup> ANNIVERSARY \*\*\*

Cake, Coffee, and Fellowship

Celebrate our 1<sup>st</sup> anniversary with the **Great News Group**

Wednesday September 5<sup>th</sup>, 2007

Unitarian Fellowship Church

555 "E" Street, Idaho Falls (basement)



We study the Big Book of Alcoholics Anonymous every Wednesday Night @ 7:30 PM. Bring your Big Book and join us as we learn how our founders recovered by applying the life-saving spiritual principles and actions in our Basic Text.

This is a closed meeting of Alcoholics Anonymous.



## God and Gossip in AA

WE are alcoholics. That is really not too important. But we are aware of being alcoholics and that is the supremely important fact of our Fellowship in AA. It is not the religious tolerance of angelic souls that we bear toward each other. It is the understanding tolerance that comes from knowing by experience what it is all about.

We are constitutionally afraid. We are afraid of fear like nobody's business. Sometime in the past we discovered the phoney courage which comes for sale in bottles and for long we could hardly believe that the serene courage of our lives in AA would ever be within our reach. The courage of the bottle was something outside ourselves and we were certainly drawn toward it by some power greater than ourselves. We had the phoney courage to deny this power, saying "I can take it or leave it alone." So we had a choice, after all. And then that greater power sooner or later made the choice for us. We "took it."

Then came a time when we began to get hunches, growing mysteriously out of remorse and loneliness. We might follow one of these hunches to the doorstep of a friend who, getting bored with our strange-sounding self-reproach, would invite us "to forget it" and "have a drink." We felt better until it was time to leave. It was the drink that did it, for, after a few hours by ourselves, we were right back with that unfriendly shadow of our own self. We were alcoholics. We had no choice.

Today in AA we seem to have turned the tables on that higher power of alcohol. We still have no choice. We can't drink.

We are still alcoholics. In AA we have joined with our own kind to build our own way of life. Ours is the real alcoholic life as it was originally meant to be; and the envy of so many "normal" people who still need a "bracer" once in a while. We take things in big doses; like everyone else we live one day at a time but we consume the whole of that day, not just a few nibbles off one side. We enjoy the intoxication of sobriety. But we still are aware of being alcoholics in other respects too. We also suffer in a most delightfully

constructive way from our own special kind of neurosis, known as the "twelfth step itch." So, for every suffering patient in AA there are at least a dozen competent "doctors" and for each suffering "doctor" at least a dozen competent patients.

We have become fanatically sensible. We don't like to hear gossip in our group. But we do, so what? We don't like to see someone get up in a meeting and start blowing his top about it. But it happens, so what? If we decide to have regular business-meetings, maybe a lot of people are going to raise a lot of hell. So what? If we decide not to have business-meetings a lot of people are going to do a lot of crabbng about some clique trying to run the show. So what? Each one of us can well afford to be completely unconcerned about what anybody else says or does for one very good reason: we are alcoholics. We know how to leave all that in the hands of God without bothering to speculate on who or what God actually is. By the grace of alcoholism, we are not theologians.

As alcoholics, we have found it necessary to conceive God purely in an executive capacity, maker of plans and director of enterprises, never as an obliging Daddy stooping to carry loads for lazy people. Obviously, it is God's will that some members of our group should gossip about other members. He is calling our attention to the fact that we have been letting our *common* interests as an AA group go drifting too long without regular membership meetings where, with all our private suspectings and beefings, we can meet each other and each other's problems face to face in the workable spirit of AA unity. With our well-tested *faith* in AA, let all hell break loose in one of our meetings, so what? The Director of our sober destiny, seeing that now we really mean business in overcoming the jittery symptoms of our ailment, will surely be on hand skillfully to direct our persistent efforts toward harmony of purpose and common understanding.

**Anonymous, CA**

*Found in AA Grapevine, December 1952, Vol. 9 No. 7*

*I am  
responsible,  
when anyone,  
anywhere  
reaches out for  
help, I want the  
hand of AA  
always to be  
there: and for  
that I am  
responsible.*



*God grant me  
the Serenity  
to accept the  
things I cannot  
change,  
Courage to  
change the  
things I can,  
and Wisdom  
to know the  
difference.*

## Notes From Your Entertainment Committee Chair ...

Just a quick update on the upcoming **FABULOUSLY FUN Area A.A. Labor Day Campout at Heise Hot Springs!** It would be great if each group donated coffee or raffle item(s). Take it to your group and if the group decides to donate, let us know as soon as possible and bring the items up to Heise. Raffle tickets are still for sale. Here's a peek at some of the items; *Blast Off family pass, professional photo shoots, tent/ sleeping bag combo, Cates Cottage bear, A.A. medallions and assorted AA books, fancy knife, biker bear, bird house, ear rings, planners, singing frog, bath sets, journals, camping chairs.* **Our big ticket item will be a very nice gas barbecue/grill.** Reservations and plans are going well. Please, please, please, if you want to golf, sign up and/or call us! The fun begins and the coffee starts brewing Friday, August 31 at Heise Hot Springs! See you there!

In service,  
Kelly B. - Entertainment Committee Chair



## We Don't Have to Drink to Die

We buried him yesterday. The County Coroner had published the required notices for next of kin and nobody had claimed the body. It was just myself and his sponsor, no preacher even, the county doesn't pay for those.

Not much of send-off, and not the one David had asked for. A cheap coffin, a backhoe dug a hole, and that was it - another old AA gone.

He had been sober over 20 years and in AA over 30, a stern and rigid man who tried to soften his edges and never could.

He was a loner, a fringe-er, an isolated man at the edge of life's good things. He hung in there... and in the end hung himself. I don't know why; I can't know.

I know there had been a diagnosis of senile dementia, and I know that the doctor had added cancer to the list. But, I've seen AAs deal with such things before... I don't know why David decided he couldn't.

It isn't the first time I've been through this in Alcoholics Anonymous. I've known several over the years who just up and walked out life's door one day. Sober, but not happy. Sober, but not at peace. Sober, but they died of alcoholism.

Our disease doesn't need us to drink in order to kill us. I wish more folks knew that, and appreciated it.

Alcoholism is the only disease that is entirely capable of fighting back, of taking care of itself, and of emerging in new places and new forms when it isn't properly treated. That's because of the spiritual malady.

Most people think that has something to do with prayer or with God. It doesn't. It has to do with 'our spirit'... that force which animates, motivates and propels us.

As an alcoholic, my spirit is ill. It is flawed. My character, or basic nature, doesn't work right. At its root, it is a fundamental and irresolvable insecurity... a

hole that can't ever be filled.

It is an instinct run rampant, a desperate need for acceptance and love that cannot be met. It hurts. It fills one with fear. The selfishness and self-centeredness of the alcoholic lies here... we are totally preoccupied with what is going on with ourselves on the inside.

The slings and arrows of experience warped by this need drive us to the fringe, and the voices of the committee in our head keep us there.

We are obsessed with ourselves, and from this condition of mind... the insanity of feelings gone haywire, we become self-medicators eventually.

We discover alcohol or something else... and the stuff quiets the voices, provides the relief we've never been able to find in any other way. It isn't any wonder we drink, or drug, the way we do.

And some of us don't develop an addiction... in attempting to meet these crying demands of our spirit become ill, we develop other malformations of behavior, and suffer in a hundred different ways.

God broke David's obsession to drink. But, I don't think David ever truly understood his disease. I say that because I watched him struggle with those old unresolved issues of his heart for years.

His rigidity, coldness, aloofness, isolation and difficulty with other people were a reflection of the pain in his heart... of the disease of alcoholism gone deep inside, and still active.

Alcoholism didn't need David to drink in order to continue trying to kill him, and in the end... it succeeded. In the end, instead of self abandoned... David abandoned hope... and discovered a bitter end.

Our recovery from alcoholism through the Steps must be a three-fold process. It is not one dimensional. When we say, in AA, that we have a triangle... recovery, unity, service... we mean it.

In working the Steps, I clear a pathway for two purposes... first, to come into a group of

human people and away from the fringe of society where I have spent most of my emotional life.

Secondly, to discover 'belonging' through service to the people within that group. It is only this entire, threefold process that heals. It is especially true for those of us who suffer from the spiritual malady to a great degree.

Perhaps the 12th Step says it best:

"Having had a spiritual awakening as the result of these Steps ( recovery ), we tried to carry this message to other alcoholics ( service ) and practice these principles in all our affairs ( unity ).

You see... I cannot hold back. I must not continue to suffer that shyness, aloneness, that overwhelming sense of self... in my affairs. I must get involved in a group of people to practice these principles in all my affairs.

Only the total approach is healing. Anything less is little more than driving my disease deep... and if I do that... it will continue to eat away, trying to destroy me.

It destroyed David. This is a memorial to an old AA who gave his best shot... and I think David ended up on the plus side. It wasn't his fault; he seemed to have been born that way.

There were a lot of old ideas about self that David could never muster the will- ingness to let go of. He is at rest now.

But it says somewhere that "no matter how far down the scale we have gone, we will see how our experience can benefit others."

David cannot speak to his experience any longer; I am speaking in his memory. And I think that if David could talk to us today, he'd say "Understand your disease thoroughly, and work the complete program of recovery!"

God Bless!  
- author unknown



## Step 9 / Tradition 9 / Concept IX

### Step 9 - Made direct amends to such people wherever possible, except when to do so would injure them or others

Step 9 in my experience is where many alcoholics try half measuring the AA program of recovery. Let's see what our Basic Text has to say about Step 9:  
Big Book page 76

"Now we go out to our fellows and repair the damage done in the past. We attempt to sweep away the debris which has accumulated out of our effort to live on self will and run the show ourselves. If we haven't the will to do this, we ask until it comes. Remember it was agreed at the beginning we would go to any lengths for victory over alcohol."  
Big Book page 79

"Reminding ourselves that we have decided to go to any length to find a spiritual experience, we ask that we be given the strength and direction to do the right thing, no matter what the personal consequences may be."

It appears that the alcoholics who recovered in AA and wrote our Big Book knew that there was a direct connection between doing all of Step 9 and having victory over alcohol. The victories that I have seen only seem to come when we are living the spiritual life shown to us by our founders.

The only question I need to ask myself is "do I want to recover from alcoholism?" If the answer is yes, then I should follow the precise directions given to us by the alcoholics who recovered and wrote our Big Book. If I am not willing to do that, then the odds are very slim that I will get what they got...permanent sobriety and a content useful life.

There is a vast difference between what our founders wrote in the Big Book and what is heard in many meetings of AA today. The directions for Step 9 state that the only reason for an alcoholic to not make a direct amend is if that amend will hurt the person to whom that amend is owed, or in making that amend it will harm others. (Others never means me, it means persons other than me)

So I go and do what I do not want to do, humble myself before those whom I have harmed and make the amends directly. The result I get is something I never even knew that I needed...real freedom rather than just a little relief. The freedom that working the AA program really promises anyone who is willing to actually take the 12 Steps as they are laid out for us in the Big Book.

Mike C.

### Tradition 9 - AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

*Each AA group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee, and the groups of a large metropolitan area their central or inter-group committee, which often employs a full-time secretary. The trustees of the General Service Board are, in effect, our AA General Service Committee. They are the custodians of our AA Tradition and the receivers of voluntary AA contributions by which we maintain our AA General Service Office at New York. They are authorized by the groups to handle our over-all public relations and they guarantee the integrity of our principal newspaper, the AA Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in AA are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Univer-*

*sal respect is the key to their usefulness.  
8th Tradition - Long Form*

#### Paving the Way

It's always fascinating to learn just how people came to Alcoholics Anonymous. In my case, I looked AA up in the phone book and called our local central office. Thank goodness, some service board or committee put it there! The person on the other end of the line took my number and had an AA member call me back for the one-on-one, language-of-the-heart introduction that began my incredible journey in sobriety.

At my very first AA meeting, I was warmly greeted and taken to the literature rack at the front of the meeting room. My greeter selected some of the pamphlets for me to take home. I could relate not only to the AA members but to the AA literature as well. Thank goodness, some

service board or committee wrote, published, and distributed these pamphlets!

Although I only planned to attend one meeting a week, I went to more because I had a car and some other newcomers didn't. One would call and ask if I planned on going to a meeting that night and I'd say yes in spite of myself. So, I picked up a meeting list which helped us find meetings--where and when. Thank goodness some service board or committee gathered the information, printed and circulated this list!

Many of my AA friends--and yours too, I'm sure--found the Fellowship in a variety of ways, and not a few are due to some kind of service board or committee whose efforts facilitate our Twelfth Step work. Correctional, Treatment, and Hospitals and Institu

*Continues on page 7*

### Concept IX- Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.



# Sobriety Through Service



## Area Business Meeting / Group Conscience List

- September 4 District 6 GSR Business Meeting 6:30 pm
- September 6 Intergroup Business Meeting 7 pm
- September 7 Lincoln Group Conscience
- September 8 Group 1 Group Conscience
- September 11 P & S Group Conscience
- September 12 Fresh Air Group Conscience
- September 13 Happy Hour Group Conscience
- September 13 Progressive Group Conscience
- September 14 Westside Group Conscience
- September 15 Coffee Break Group Conscience
- September 15 Clean & Sober Group Conscience
- September 16 Turning Point Group Conscience
- September 17 Big Book (AA Study) Group Conscience
- September 17 Women in Recovery Group Conscience
- September 18 PICPC H&I Business Meeting 7pm
- September 20 3rd Tradition Group Conscience
- September 21 Lunch Bunch Group Conscience
- September 21 Great News Group Conscience

## Send Group Contributions to:

### Idaho Falls Intergroup Council

P.O. Box 3486  
Idaho Falls, ID 83401-3486

### District 6

P.O. Box 50443  
Idaho Falls, ID 83405-0443

### Idaho Area 18 Treasurer

P.O. Box 3282  
Idaho Falls, ID 83403

### General Service Office

Grand Central Station  
P. O. Box 459  
New York, NY 10164-0371

### District 6 H & I

P. O. Box 50572  
Idaho Falls, ID 83405

## H & I Liaisons

- |                                 |            |          |
|---------------------------------|------------|----------|
| <b>Men's Jail</b>               | Terry M.   | 552-1548 |
| <b>Women's Jail</b>             | ???????    |          |
| <b>Correctional Work Center</b> | Buttons B. | 251-0383 |
| <b>A.R.A.</b>                   | Ken T.     | 757-0803 |
| <b>3 B Detention</b>            | Corky      | 523-4550 |
| <b>Hospitals</b>                | Jim S.     | 745-0124 |

## AA Literature on Hand

<i>Big Book (regular)</i>	\$ 6.00
<i>Big Book (large print)</i>	\$ 6.30
<i>Twelve Steps and Twelve Traditions (regular)</i>	\$ 6.40
<i>Twelve Steps and Twelve Traditions (large print)</i>	\$ 6.75
<i>Daily Reflections</i>	\$ 7.25
<i>AA Comes of Age</i>	\$ 7.50
<i>Big Book (pocket size)</i>	\$ 3.50
<i>Big Book (soft cover)</i>	\$ 5.60
If you or your group needs AA Literature please contact Linda, our area Literature Chair at 520-5673	

## Questions or Concerns Regarding

### Serenity Hall Please Call

**Rob** 524-3594

**Barbara** 523-3256

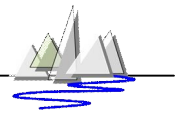
### Serenity Hall Maintenance

P. O. Box 2237  
Idaho Falls, ID 83403

## SERVICE WORK AVAILABLE !

AA Hotline & 12 Step Volunteers NEEDED

For more info call Mike at 745-1510



**CALENDAR / EVENTS / BIRTHDAYS**

**Friday, August 31st through Saturday, September 2nd**

- Annual Intergroup Labor Day Campout at Heise Hotsprings

**Tuesday, September 4th**

- District 6 GSR Business Meeting 6:30 pm Serenity Hall downstairs

**Wednesday, September 5th**

- Great News Group 1 Year Anniversary Celebration

**Thursday, September 6th**

- Intergroup Business Meeting 7 pm Serenity Hall upstairs

**Friday, September 14th**

- Friday Night Speaker Meeting 7:30 pm Serenity Hall

**Tuesday, September 18th**

- PICPC H&I Business Meeting 7 pm Serenity Hall downstairs

**Wednesday, September 26th**

- Fresh Air Group Birthdays  
Shane R. 1 yr  
Greg R. 5 yrs  
Scott A. 6 yrs  
Dave N. 13 yrs  
Rob M. 19 yrs  
Russ T. 35 yrs

**Thursday, September 27th**

- 3rd Tradition Birthdays  
Joe M. 21 yrs
- Progressive Group Birthdays  
Melanie C. 4 yrs  
ALN. 10 yrs  
Richard B. 16 yrs
- Firth Group Birthdays  
Jennifer C. 5 yrs  
Tracy G. 12 yrs  
Gary S. 21 yrs

**Friday, September 28th**

- Lunch Bunch Birthdays  
Carol C. 6 yrs  
Pat G. 30 yrs
- Lincoln Group Birthdays  
Brad H. 1 yr  
Tim C. 1 yr  
Eric A. 2 yrs  
Deanna O. 2 yrs  
Jeff J. 3 yrs  
Terry B. 4 yrs  
Jim R. 5 yrs  
Delbert S. 24 yrs  
Brad J. 24 yrs  
Mike W. 26 yrs  
Kurt D. 27 yrs

**Saturday, September 29th**

- Coffee Break Birthdays  
George P. 1 yr  
Lori C. 6 yrs  
"Spider" Mike W. 26 yrs

**Sunday, September 30th**

- Turning Point Birthdays  
Mark C. 1 yr  
Michele B. 4 yrs  
Sara F. 14 yrs  
Tom F. 18 yrs

**September 2007**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



**FRIDAY NIGHT  
SPEAKER MEETING**

**Friday, September 14th  
7:30 pm at Serenity Hall**

**Great News Group welcomes  
Annette C. and Laurie T.**

From right here in Idaho Falls to share their experience, strength, and hope with us. All are welcome and encouraged to attend. Please do come!

**Paving the Way, continued from page 5**

tions committees arrange for institutional meetings and bridge the gap between a facility and an individual AA or a group. In some instances, a doctor or member of the clergy recommended AA to their patient or parish

ioner; Cooperation with the Professional Community committees most probably paved the way. Some AA members were exposed to a radio or TV program, not necessarily produced by AA but by someone who has benefited from the work of a Public Information committee. All these dedicated endeavors of service boards or committees make our Twelfth Step work possible.

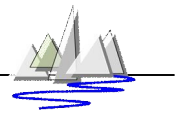
The preliminary work done by AA service boards and committees directly responsible to those they serve (you and me) is invaluable to the future of the Fellowship. I might not be here today if they hadn't put Alcoholics Anonymous in the phone book!

Lois C.  
Pittsburgh, PA

found in AA Grapevine, September 1998, Vol. 55 No. 4



"Let me know when you take your inventory. You'll need my help!"



# Area AA Meeting Schedule

## Sunday

- 8:30 AM Spiritual Breakfast Meeting**  
5 & Diner Restaurant  
2150 Channing Way, IF
- 9:00 AM Grapevine Group**  
Serenity Hall (downstairs)
- 5:00 PM Grupo Si Podemos**  
(habla Espanol) Holy Rosary Church  
145 9th St., Idaho Falls (basement)
- 7:00 PM Turning Point Group**  
Serenity Hall (upstairs)
- 7:00 PM Twelve by Twelve Meeting**  
Bingham Memorial Hospital, Blackfoot  
(open meeting)
- 8:00 PM Progressive Group**  
Serenity Hall (downstairs)

## Monday

- 11:30 AM Lunch Bunch**  
Denny's Restaurant
- 6:00 PM Women in Recovery Group**  
Serenity Hall
- 7:00 PM Shoulder to Shoulder Group**  
St. Luke's Episcopal Church  
270 N. Placer Ave, Idaho Falls, ID
- 7:00 PM Fresh Air Beginners Meeting**  
Serenity Hall, newcomers welcome  
(downstairs)
- 8:00 PM Lincoln Group**  
Idaho Falls Friendship Club
- 8:00 PM AA Study Group (Big Book)**  
Serenity Hall (upstairs)
- 8:00 PM New Hope and Inspiration**  
First Evangelical Lutheran Church  
Corner of Sunnyside and Rollandet, IF

## Tuesday

- 7:00 AM Grapevine Group**  
Serenity Hall (downstairs)
- 10:00 AM Coffee Break Group**  
Serenity Hall (open meeting, downstairs)
- 11:30 AM Meet & Eat Lunch Meeting**  
5 & Diner Restaurant  
2150 Channing Way, Idaho Falls
- 5:30 PM Happy Hour Group**  
Serenity Hall (upstairs)
- 6:00 PM P & S Group**  
Denny's Restaurant (open meeting)
- 7:00 PM Swan Valley Tuesday Night**  
Swan Valley, Chapel in the Valley  
(just off Highway 26)
- 7:30 PM East Side Study Group**  
Christ the King Church  
1696 E. 17th Street, Idaho Falls
- 8:00 PM BHC**  
2280 E. 25th, Idaho Falls

## Wednesday

- 11:30 AM Step Study Meeting**  
Denny's Restaurant
- 6:00 PM Clean & Sober Group**  
Serenity Hall (upstairs)
- 7:00 PM Fresh Air Group**  
Serenity Hall (downstairs)
- 7:30 PM The Great News**  
Unitarian Church, 555 E. St., Idaho Falls  
(closed Big Book Study)
- 8:00 PM Group 1**  
Serenity Hall (upstairs, open meeting)
- 8:00 PM Grupo Si Podemos**  
(habla Espanol) Holy Rosary Church  
145 9th St., Idaho Falls (basement)

## Thursday

- 7:00 AM Grapevine Group**  
Serenity Hall (downstairs)
- 10:00 AM Coffee Break Group**  
Serenity Hall (open meeting, downstairs)
- 11:30 AM Meet & Eat Lunch Meeting**  
5 & Diner Restaurant  
2150 Channing Way, Idaho Falls
- 5:30 PM Happy Hour Group**  
Serenity Hall (upstairs)
- 6:30 PM New Life Alumni**  
Serenity Hall (downstairs)
- 7:30 PM Third Tradition Group**  
Unitarian Church 555 E. St., Idaho Falls  
(closed meeting)
- 8:00 PM Firth Group**  
First Tabernacle Assembly of God  
235 Center, Firth
- 8:00 PM Progressive Group**  
Serenity Hall
- 8:00 PM Lost River Group**  
525 Cedar, Mackay ID.



"I'm a morning person."

Found in AA Grapevine, July 1981, Vol. 38 No. 2

## Friday

- 11:30 AM Lunch Bunch**  
Denny's Restaurant
- 5:30 PM Happy Hour Group**  
Serenity Hall (upstairs)
- 7:00 PM Fresh Air Group**  
Serenity Hall (downstairs)
- 7:00 PM Pass It On Group**  
Bingham Memorial Hospital, Blackfoot  
(open meeting)
- 7:30 PM The Great News** Serenity Hall  
(open meeting, upstairs)
- 8:00 PM Lincoln Group**  
Idaho Falls Friendship Club
- 8:00 PM Westside Group**  
Church of the Nazarene  
1900 Grandview, IF
- 8:00 PM Grupo Si Podemos**  
(habla Espanol) Holy Rosary Church  
145 9th St., Idaho Falls (basement)

## Saturday

- 10:00 AM Coffee Break Group**  
Serenity Hall (open meeting, downstairs)
- 5:30 PM Women's Meeting**  
Eagle Pointe Center, Idaho Falls
- 6:00 PM Clean & Sober Group**  
Serenity Hall (upstairs)
- 6:00 PM P & S Group**  
Denny's Restaurant, 950 Lindsay Blvd., IF
- 8:00 PM Group 1**  
Serenity Hall (upstairs, open meeting)

### Meeting Locations

- **Serenity Hall**  
600 South Boulevard, Idaho Falls
- **Friendship Club**  
1747 North Yellowstone, Idaho Falls  
(Old Fred Meyer Bldg.) 524-3711
- **Denny's Restaurant**  
950 Lindsay Blvd. Idaho Falls
- **Behavioral Health Center (BHC)**  
2280 E 25th Street, Idaho Falls
- **Eagle Pointe Center**  
1904 Dakota Lane, Ammon
- **5 and Diner Restaurant**  
2150 Channing Way, Idaho Falls
- **Unitarian Fellowship**  
555 "E" Street, Idaho Falls
- **Bingham Memorial Hospital**  
98 Poplar Street, Blackfoot, ID
- **St. Luke's Episcopal Church**  
270 N. Placer Ave, Idaho Falls